



GCSE PE

Key contacts:
Exam Board:

Mrs N Philpott and Mrs C Mitchell
AQA

Overview of the course:

The GCSE PE course is designed to further develop students' knowledge and understanding of a number of elements. The course builds applied knowledge of the human body and systems and analyses movement in Sport, it builds an in depth understanding of principles of training for sport and components associated with this.

The GCSE PE Course also expands students' knowledge of key sociocultural studies surrounding sport and its development in the modern day.

What will you study?

Component 1 – The human body and movement in physical activity and sport

Component 2 – Sociocultural influences and well-being in physical activity and sport.

Component 3 – Practical performance in physical activity and sport.

The practical element of the course is assessed across three different sports, students must select one Team Sport, one Individual Sport and one other from either category.

A list of approved activities from which to select, can be found on the AQA website.

Students are scored based on their skill (Part A) and application (Part B) in these sports.

The final element of the NEA is the coursework element, this is scored out of 25 marks but is made up of an analysis and evaluation of a sporting performance.

Students wishing to pursue the GCSE PE course should be **competing** regularly in at least two sports and regularly participating in at least three.

Assessment

60% Theoretical Assessment (two x 1 hour 15 minute papers each worth 30%)

40% Practical Assessment

Possible career path:

The skills and knowledge developed by students studying this course will be invaluable in careers where students will be working with people from different backgrounds and cultures, such as:

- Sports Coaches
- Fitness Coaches
- Personal Training
- Sports Centre Managers
- Physical Education Teachers
- Physiotherapy
- Sports Psychology
- Sports Science

Students who engage well with the GCSE Course may wish to move on to Study Physical Education at A Level, BTEC Sport Level 3 or BTEC Protective Services Level 3.

Students will receive five lessons a fortnight. The majority of the lessons will be theory based with practical support given throughout. This is additional to the four hours of Core PE which all students undertake.