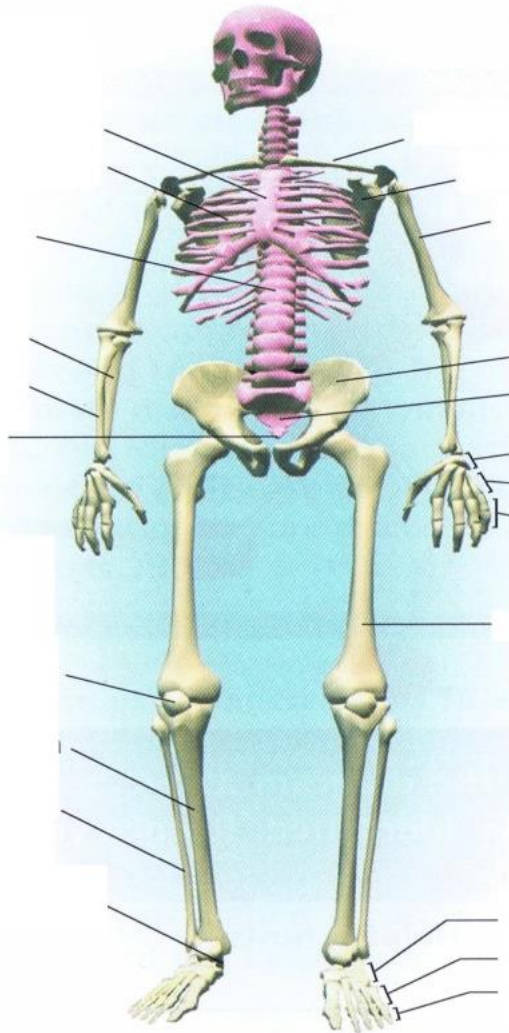


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Name: _____

Label the bones



Key



Axial
skeleton

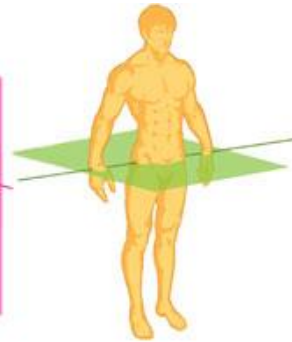
Appendicular
skeleton

Name the three planes

1.



2.



3.



Name the three planes:

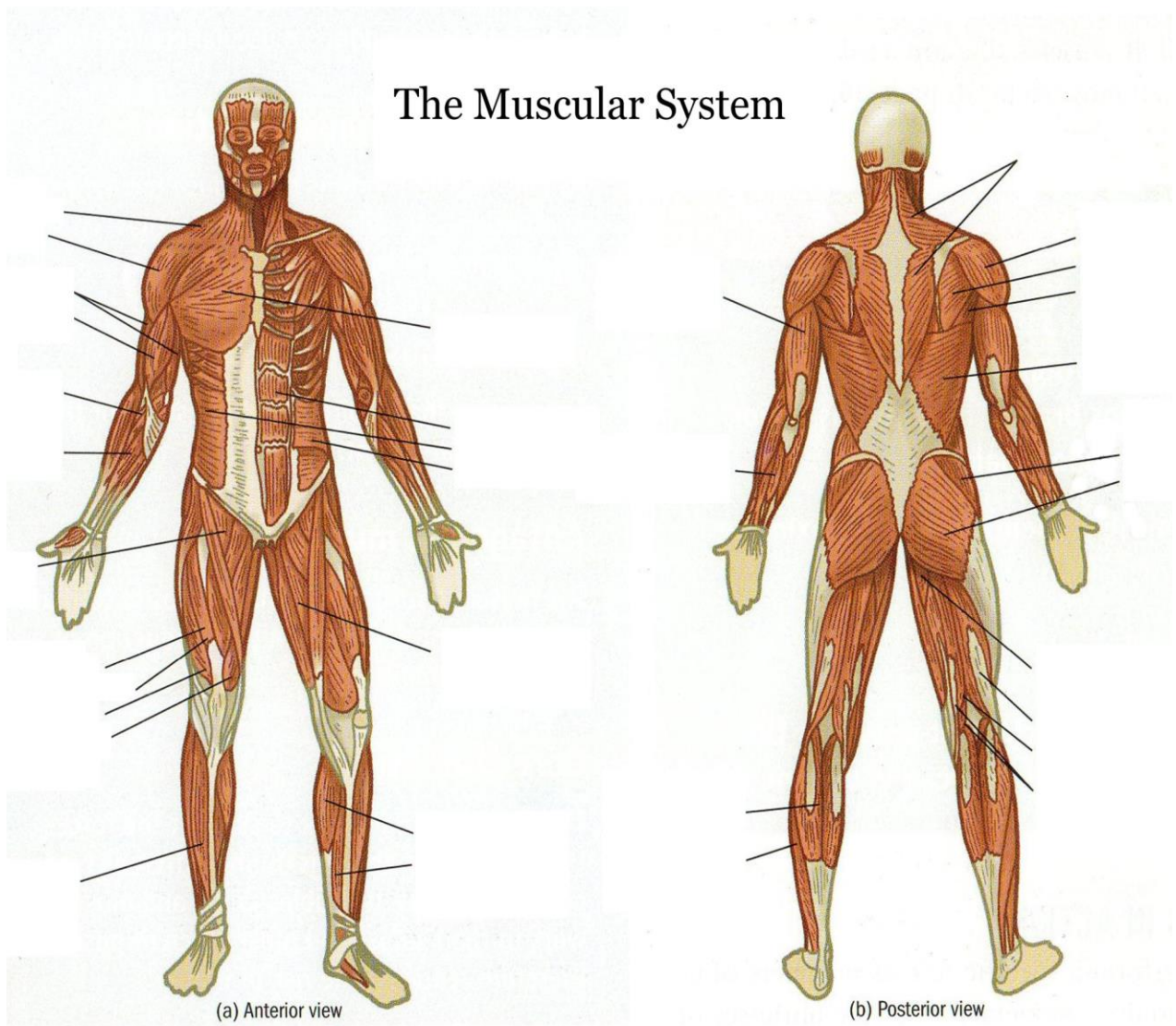
1. _____

2. _____

3. _____

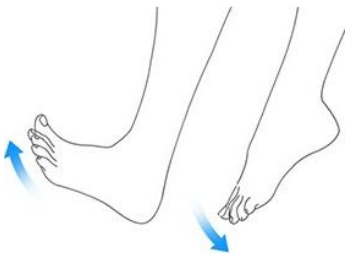
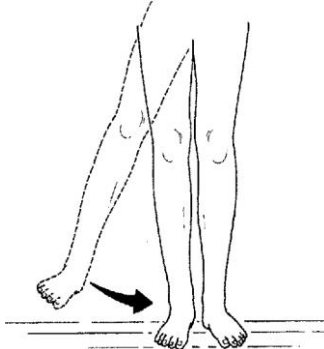
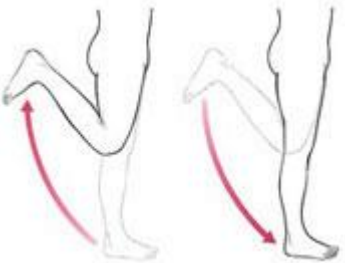
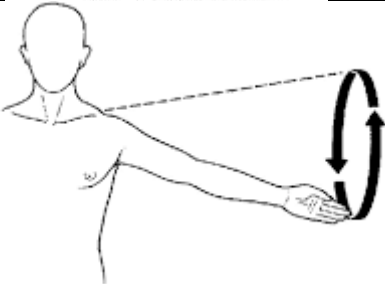
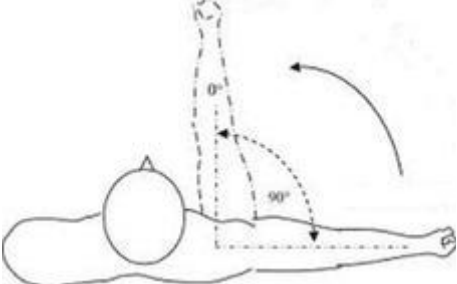
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Label the muscles



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Movements

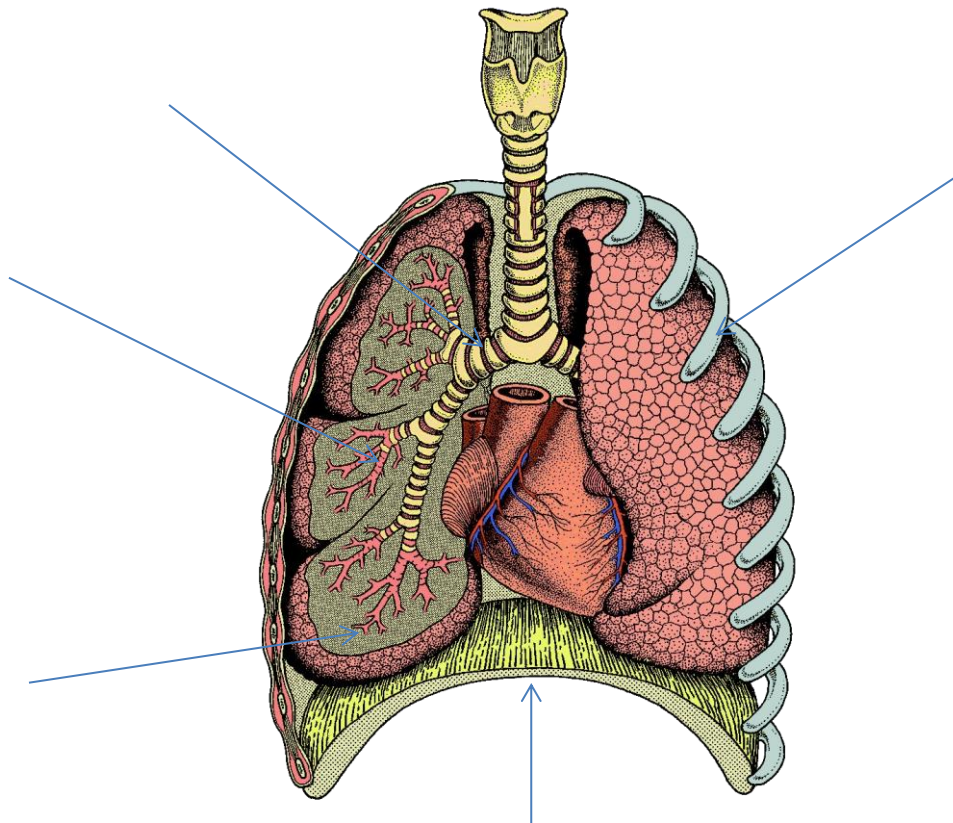
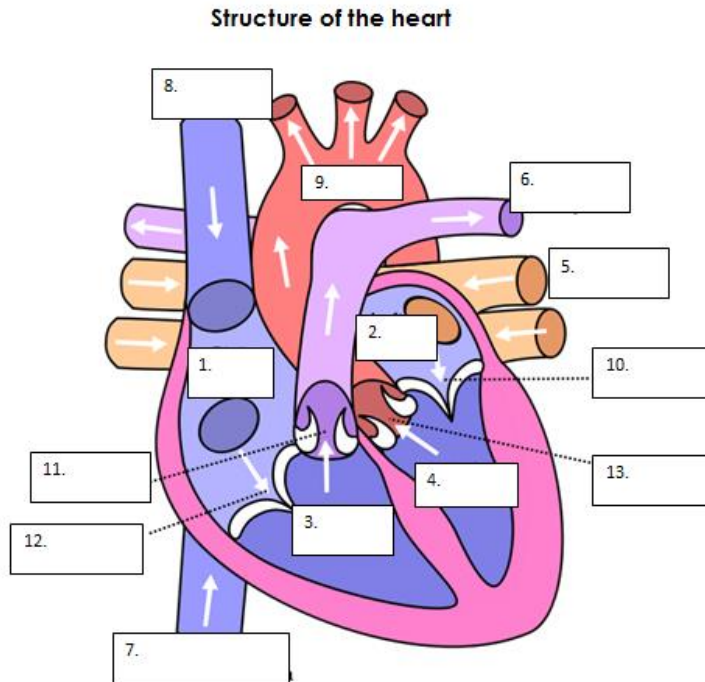
	Identify the movements		Identify the movements
			
			
			

Identify three types of muscular contraction

Identify five types of joint giving an example

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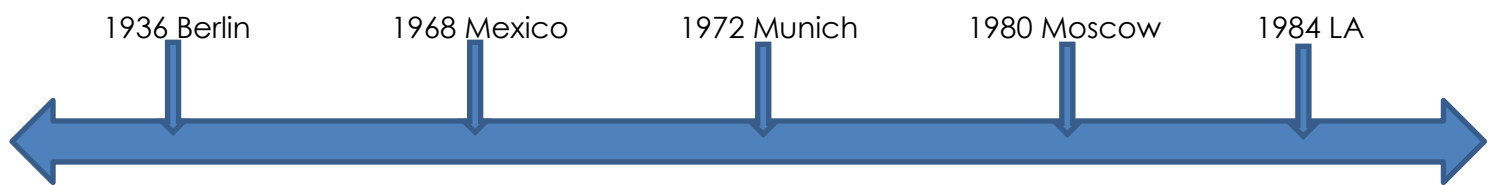
Label the diagrams below:



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Sport and Politics – The Olympics

Annotate the timeline below giving details of how the games will be remembered for influencing history.



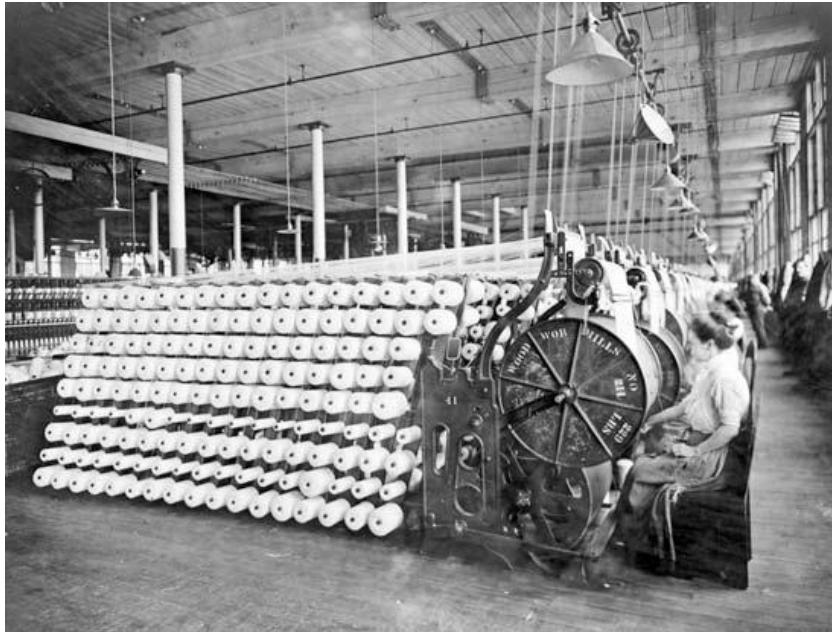
What are the advantages and disadvantages of Hosting a global event?

Create a revision sheet that fully illustrates this in an eye-catching fashion



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**What was the impact of the Industrial Revolution on the Development of Sport?
Complete a Spider diagram below with explanatory notes.**



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Explain these different types of practice and give a practical example

Learning Theory	Psychologist	Explanation and example
Operant conditioning Connectionist / Association	Thorndyke & Skinner	
Cognitive Learning Theory	Gestalt	
Observational Learning	Bandura	.

Type of practice	Description	Example
Whole		
Part		
Whole/Part/Whole		
Progressive Part		
Massed		
Distributed		
Fixed		
Varied		

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Learning Scenario A

A basketball player is taught how to perform a set shot.

How? The learner is shown how to perform the skill by watching another player perform. The coach identifies the key points to the learner and gives them ways to remember the information.

Which theory?

Why?

Learning Scenario B

A tennis player learning how to volley at the net.

How? The learner is positioned on the court in order to encourage them to play the ball before it bounces. The teacher will play the ball in such a way to encourage the performer to play the ball with the racket held firm. The teacher will return the ball if it is not played down towards the floor. The teacher will reinforce correct behaviour.

Which theory?

Why?

Learning Scenario C

A confident front crawl swimmer is given the challenge of swimming on their back, whilst a description of technique may be presented, essentially they must work out how to swim this way using their previous knowledge.

Which theory?

Why?