



Physical Education

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Exam Board: OCR

Expectations

Examination

At the end of each; for all 3 Areas
Lesson – lesson notes, models are clear and correct, topic revision
Week – Class chart home learning completed
Topic – Mind map completed, topic tracker completed
Assessment – marked assessment with purple pen reflection included with model answers

NEA

Evidence of Created work 1 per fortnight
Practical Evidence collated first draft
October Half term
Final Submission February Half term

Resources

Books

Text Book and Revision guide

Website

OCR H555

Documentaries

Lance Armstrong Icarus
London 2012 Olympic Legacy
Russian Doping Scandal
Tom Browns School Days (2005)

Netflix

Drive to survive
Tour de France Unchained

BBC

LANCE
When we were kings
Hillsborough

YouTube documentaries

<https://www.youtube.com/watch?v=XOzincIk8HE>

Folder Sections – Examination

1. Specification Overview
2. PLC – Paper 1, paper 2, paper 3
3. NEA documentation – EAPI notes
4. Question Papers
5. Mark Schemes
6. Key resources from lessons – Comparison tables
7. Student Evidence for each unit

Student Evidence for each unit:

1. Lesson notes sheets
2. Resources from each Unit area
3. Topic Mindmaps
4. Assessments
5. Reflection in purple pen on assessments and home learning

Course work

1. EAPI section of the folder
2. Performance and training log

Additional Reading from the LRC

Bounce – Sports Psychology