



BTEC Level 3 Extended Certificate in Health and Social Care Pre-course work



Pre-course expectations

Success in Sixth Form is largely a function of the amount and quality of independent study you carry out; here's a chance to help you get the very best start to your course. We would like you to complete the work described below and hand it in to your teacher in your first lesson in September. If you have made a late change to your timetable, please complete this work within the first week of starting the course. The work should take you 2-3 hours.

Details of pre-course work

The first two units you will study in BTEC Level 3 Health and Social Care are 'Human Lifespan Development' and 'Working in Health and Social Care'. These units give an insight into the holistic development across all life stages and the way in which professionals care for and meet the individual needs of service users.

Human Lifespan Development

1. Produce a diagram, flow chart or table to show the key features of growth and physical development across each of the six life stages (birth/infancy – later adulthood)
2. Write half a page or if you prefer produce two spider graphs/mind maps explaining the principles of growth and the principles of development. Explain how growth differs to development.
3. Create a table that includes examples of both gross and fine motor skill development milestones in infancy.

Working in Health and Social Care

1. Create a list of as many health and social care professionals you can think of. Identify which are health care roles and which are social care roles. How does health care and social care differ?
2. Choose one health or social care job to research, finding out as much as you can about the day to day responsibilities of the practitioner. You may like to choose a job role which you are interested in pursuing as a career. Display this work in the form of your choice (presentation, fact file, poster etc). You must include:
 - a) A description of their role.
 - b) What are their daily responsibilities in terms of meeting service users' needs and service delivery? (i.e. health and safety; safeguarding; meeting the physical, intellectual, emotional and social needs of service users etc.)
 - c) Training and qualifications needed.



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Working in Health and Social Care

- d) Their salary
- e) What setting do they work in and what other professionals do they work with?

Resources to help you:

- Pearson BTEC National Health and Social Care Student Book 1 pages 3-7 [see attached](#) (when opening the pdf click 'View' then 'Rotate view' and 'clockwise')
- <https://sstoolbox.weebly.com/human-lifespan-development.html>
- www.healthcareers.nhs.uk
- www.skillsforcare.org.uk

Stretch yourself:

Read/listen to the news regularly and find one article that has linked to health and social care and has interested you. How has the article challenged or inspired your thinking? What questions does this article now pose for you that you could research further?