



# BTEC Level 3 Diploma in Sport

**Key contacts:** Miss L Dent (Assistant Team Leader of Physical Education)  
**Exam Board:** Pearson EDEXCEL

## Overview of the course:

Designed to introduce you to a wide range of topics related to Sport. It will prepare students to enter employment in the Sport, Coaching and Fitness industry, whether immediately after their Sixth Form studies or via Higher Education at university or college. The qualification is the equivalent to two A Levels.

## What will you study?

The course provides students with a fundamental understanding and key skills for entering the Sports industry, as well as other excellent vocational skills that make you highly employable.

The units of work are designed to ensure a broad range of knowledge, applied through a vocational, practical method giving students the opportunity to develop key transferable skills and pursue their passion for Sport.

Students will follow a tailored curriculum to focus on a variety of aspects from the Sport industry, including sport psychology, leadership and coaching, and fitness programming. Students will follow a modular based programme that includes nine units of work.

The BTEC Sport programme also has an exciting Enrichment Programme that runs alongside it. During Enrichment lessons, students will complete their First Aid Award, complete coaching/officiating awards and study a Level 1 Award in Coaching Strength and Conditioning, among other opportunities.

Students will study the following modules:

- Anatomy and Physiology
- Fitness Training & Programming for Health, Sport & Well-being
- Professional Development in the Sports Industry
- Sports Leadership
- Practical Sports Performance
- Sports Psychology
- Investigating Business in Sport and the Active Leisure Industry
- Skill Acquisition in Sport
- Rules, Regulations & Officiating in Sport

## Assessment

There are three units that will be externally assessed. One unit will be a written exam lasting 1.5 hours. The other two will be supervised controlled assessments that will be set by the exam board prior to the assessment period. The assessment period will be supervised and last for 2.5 hours and all will take the form of written submissions, which will be externally marked. The remaining units will be assessed using internal assessment. This will be verified at intervals by an internal and external verifier. These will include assignments, practical and knowledge based assessments.

All internal assessed evidence will be categorised into an electronic 'student portfolio' that shows the BTEC exam board, prospective employers, university admission officers and other external agencies the work produced and grades achieved by the student on the course.

## Possible career path?

- Sports clubs
- Health and Fitness Training
- Armed Forces
- Coaching
- Administration
- Higher Education
- Sports Club Coaching
- Personal Training
- Teaching

## Entry requirements

Five GCSEs Grade 9 - 5, including English and Mathematics.

Preferably County representative in one or more sports, but this is not essential.