## Ivybridge Community College











#### **Enrichment Programme 2023-2024**

Enrichment is at the very heart of Ivybridge Community College, woven into all parts of College life and helping to provide a truly rounded educational experience for all students. That is why we are committed to ensuring that the College's Enrichment Programme has and will continue to thrive throughout this academic year.

#### Where to meet for the enrichment sessions?

All students are to meet at the venue stated on the timetable, for the time allocated and for the specific enrichment activity. The teacher in charge of each enrichment activity will meet and greet all students on arrival to the sessions and provide instructions for where to place bags and personal property.

#### **Student Registration**

There is no need for any students to sign up for the enrichment sessions, unless stated otherwise. Simply, turn up to the venue as stated on the timetable and your name will be recorded each time you participate.

#### **Elite Squads and Registration**

All Elite Squads are required to participate in training sessions as stated on the Enrichment Programme. All Elite Squad members have been automatically placed on to SIMS for registration for after-College enrichment. All Elite Squads are to meet at the venue stated on the timetable at the start of every session.

#### What to wear and bring?

Students are required to wear PE kit or Academy kit if they are participating in sport and physical activity. Classroom-based activities will require students to remain in College uniform. All students must remain smart in their kit and uniform. Please ensure all students have plenty to drink and a small snack for after College.



Please see below enrichment for all our students. The Enrichment Programme is divided into Departments.

Business and Economics Department									
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements			
Wednesday	1.45 – 2.15pm	BKS, SBR	11	GCSE Economics Revision	M1.02	Snacks and a drink			
Thursday	1.45 – 2.15pm	BKS, DCN, STK	11	GCSE Business Studios Revision	M1.02	Snacks and a drink			

Creative Arts De	Creative Arts Department									
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements				
Monday	11.10 – 11.45am	FSR	9 and 10	GCSE Art Study Support	C2.04	Please bring your sketchbook with you				
Monday	1.45 – 2.15pm	WYT	9 and 10	GCSE Fashion and Textiles Study Support	C2.06	Please bring your sketchbook with you				
Monday	1.45 – 2.15pm	ELN	10 and 11	GCSE Art Study Support	C2.11	Please bring your sketchbook with you				
Tuesday	1.45 – 2.15pm	FSR	9 and 10	GCSE Art Study Support	C2.04	Please bring your sketchbook with you				
Tuesday	1.45 – 2.15pm	WYT	9 and 10	GCSE Fashion and Textiles Study Support	C2.06	Please bring your sketchbook with you				
Tuesday	1.45 – 2.20pm	GSS	9, 10 and 11	GCSE Art and Photography Study Support	C2.09/Art Computer Suite	Please bring your sketchbook with you				
Tuesday	3.20 – 4.20pm	CEY	10	GCSE Art and Photography Study Support	C2.10	Please bring your sketchbook with you				

Creative Arts De	epartment					
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Wednesday	11.10 – 11.45am	FSR	9 and 10	GCSE Art Study Support	C2.04	Please bring your sketchbook with you
Wednesday	1.45 – 2.15pm	ELN	10 and 11	GCSE Art Study Support	C2.11	Please bring your sketchbook with you
Wednesday	3.20 – 4.40pm	GSS	9, 10, and 11	GCSE Art and Photography Study Support	C2.09/Art Computer Suite	Please bring your sketchbook with you
Wednesday	1.45 – 2.15pm	WYT	9 and 10	GCSE Fashion and Textiles Study Support	C2.06	Please bring your sketchbook with you
Wednesday	3.30 – 4.30pm	CEY	7, 8 and 9	Art Club	C2.11	Please come along
Wednesday	3.20 – 4.15pm	WYT	7 and 8	Textiles Club	C2.06	Please see WYT in C2.06 to sign up
Thursday	11.10 – 11.45am	FSR	9 and 10	GCSE Art Study Support	C2.04	Please bring your sketchbook with you
Thursday	3.20 – 4.20pm	FSR	9 and 10	GCSE Art and Photography Study Support	C2.04	Please bring your sketchbook with you



English Department									
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements			
Monday	1.45 – 2.20pm	Various	7, 8 and 9	Creative Writing Club	M1.13	Bring a snack and a drink			
Monday, Tuesday and Wednesday	11.10 – 11.40am	HLD	11	GCSE Literature Poetry Revision Club	M1.06	Bring a snack and a drink			
Tuesday	1.45 – 2.20pm	NVS	9, 10, 11, 12 and 13	Moot Court Club	RO.01	Bring a snack and a drink			
Monday (Week A only)	1.45 – 2.20pm	WTN	12 and 13	A Level English – Text on Screens	M1.11	Bring a snack and a drink			
Wednesday (Week B only)	1.45 – 2.20pm	SPN	7, 8 and 9	Key Stage 3 Comic Book Club	M1.09	Bring a snack and a drink			

Equality and Diversity Department									
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements			
Thursday (Week A only)	1.45 – 2.20pm	BLL	All Years	Equality Ambassadors	D0.05	Bring your lunch			







<b>Design and Tech</b>	Design and Technology and Food Technology Department									
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements				
Monday	11.10 – 11.45am	SBN	All Years	3D CAD/CAM Club	M2.03	Bring a snack and drink				
Wednesday	1.45 – 2.20pm	NCL, NTY	11 Food Technology Students	NEA Catch Up Session	Food Prep Rooms	Bring a snack and drink				
Friday	1.45 – 2.20pm	SFD	11 GCSE Design and Technology Students	ΝΕΔ ΚΟΛΕΙΔΙ ΧΔΕΕΙΛΝ	M2.03	Bring a snack and drink				

Geography Department								
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements		
Monday	1.45 – 2.20pm	OSH	7 and 8	Geography Film Club	B4.09	You may bring your lunch		

History						
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Wednesday	1.45 – 2.20pm	BLH	11	Year 11 Revision Session	C3.01	Bring a snack and drink
Thursday	1.45 – 2.20pm	TMN	13	Year 13 History Revision	B4.08	N/A
Friday Week A	11.10 – 11.45am	BLH	13	US Politics Revision	C3.01	Bring a snack and drink
Friday Week B	1.45 – 2.20pm	WTE	13	US Politics Revision	C4.06	Bring a snack and drink

<b>Human Science</b>	s Department					
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Monday	11.10 – 11.45am	BTN	7, 8 and 9	Sociology Club	B1.01	N/A
Thursday (Week B only)	11.20 – 11.40am	BRK	11	GCSE Sociology Support Drop In	D0.06	Bring your book and lunch
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ICT Department								
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements		
Monday (Week B only)	11.10 – 11.45am	BLY	7, 8 and 9	Computer Programme Club	M2.08	N/A		

Languages Dep	artment					
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
French						
Monday	1.45 – 2.15pm	MPY, MSN	11	French Revision	C2.01	Bring a snack and drink
Wednesday	1.45 – 2.15pm	APC	11	Year 11 Speaking French	B2.08	Bring a snack and drink
Thursday	3.30 – 4.15pm	MSN	12 and 13	French Grammar/Speaking Skills	B3.09	Bring a snack and drink
Thursday Week A	3.30 – 4.15pm	AKY	7	Key Stage 3 Culture Club	B2.07	Bring a snack and drink
Thursday Week B	3.30 – 4.15pm	AKY	8 and 9	Key Stage 3 Culture Club	B2.07	Bring a snack and drink
Spanish						
Monday	1.45 – 2.15pm	MPY, MSN	11	Spanish Revision	C2.01	Bring a snack and drink
Tuesday	3.30 – 4.15pm	MPY, CAS	11	Spanish Speaking skills	B2.06	Bring a snack and drink
Wednesday	3.30 – 4.15pm	MPY, CAS	12 and 13	Spanish Grammar/Speaking Skills	B2.06	Bring a snack and drink
Spanish						
Wednesday	3.30 – 4.15pm	AVY	10 and 11	Key Stage 4 Culture Club	C2.01	Bring a snack and drink
Thursday Week A	3.30 – 4.15pm	FRZ	7	Key Stage 3 Culture Club	B2.09	Bring a snack and drink
Thursday Week B	3.30 – 4.15pm	FRZ	8 and 9	Key Stage 3 Culture Club	B2.09	Bring a snack and drink
German						
Friday	3.30 – 4.30pm	MSN	10, 11, 12 and 13	German International Award	C2.01	Bring a snack and drink

Mathematics Department									
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements			
Everyday	11.10 – 11.45am	Mathematics Teachers	7, 8, 9, and 10	Mathematics Surgery	H1.04	N/A			
Tuesday	1.45 – 2.15pm	SSN	All Years	Chess Club	H1.01 and H1.02	N/A			
Wednesday	1.45 – 2.15pm	TNR	12	Mathematics Challenges	H2.03	N/A			

Performing Arts	: Dance					
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Monday	3.30 – 5.00pm	HDY	10, 11, 12 and 13	Musical Theatre Group	Performance Hall	
Tuesday	3.30 – 4.30pm	MTN	7, 8, 9, 10 and 11	Dance Training for all	Studio 2	PE or Dance kit
Tuesday	3.30 – 4.30pm	MTN	Selected	Dance Leadership Qualification	Studio 2	PE or Dance kit
Tuesday	3.30 – 4.30pm	MTN	10, 11, 12 and 13	GCSE and A Level Dance Coursework	Studio 1	PE or Dance kit
Thursday	3.30 – 4.30pm	GDN	10, 11, 12 and 13	GCSE and A Level Dance Coursework	Studio 2	PE or Dance kit
Thursday	4.30 – 6.30pm	RDY	10, 11, 12 and 13	GCSE and A Level Dance Coursework	Dining Hall	PE or Dance kit
Friday	1.45 – 2.15pm	GDN	10, 11, 12 and 13	GCSE and A Level Dance Theory	C3.09	PE or Dance kit
Friday	3.30 – 4.30pm	GDN	11 and 13	GCSE and A Level Dance Coursework	Peverall Hall	PE or Dance kit
Friday	3.30 – 4.30pm	GDN	Selected Students	Elite Dance Squad	Studio 1 and 2	PE or Dance kit



Performing Arts: Dr	ama and Theatre					
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Monday	1.45 – 2.15pm	HDY	7, 8 and 9	Junior Musical Theatre Group (JMTG)	C3.07	Bring a snack and a drink
Monday	3.30 – 5.00pm	HDY, SH, WHN	10, 11, 12 and 13	Musical Theatre Group (MTG)	Performance Hall	
Tuesday	3.30 – 5.00pm	ELS	10, 11, 12 and 13	Spotlight Theatre Company	C3.08	No skirts or dresses. Clothes and footwear are required to move in.
Tuesday	3.30 – 5.00pm	WHN	All Years	Technical Theatre Group	Performance Hall and C3.09	Email: swhitehorn@ ivybridge.devon.sch .uk
Wednesday	3.30 – 4.30pm	LDN, ELS	10 and 11	GCSE Drama Support	C3.08 and C3.09	Resources as required
Thursday	3.30 – 4.30pm	LDN	10	GCSE Guided Rehearsal and Coursework Support	C3.08	Resources as required



Performing Arts Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Monday	1.45 – 2.15pm	PYA	10 and 11	GCSE Music Coursework Support	C3.06	Check with PYA in advance
Monday	1.45 – 2.15pm	HDY	7, 8 and 9	Junior Musical Theatre Group	C3.07	N/A
Monday	3.30 – 4.30pm	HDY	9, 10, 11, 12 and 13	Musical Theatre Group	Performance Hall	N/A
Monday	3.30 – 4.15pm	R Hamer, R Alexander	All Years	Jam Slam (Beginner lessons for singers, keyboard players, guitarists, bass guitarists and drummers)	C3.07, C3.05 and the Drum Hut	Book your place: https://www.tickets ource.co.uk/ivybrid ge-music-centre
Monday	4.15 – 5.00pm	STN, R Hamer, R Alexander	Primary Students	Jam Slam (Beginner lessons for singers, keyboard players, guitarists, bass guitarists and drummers)	C3.07, C3.05 and the Drum Hut	Book your place: https://www.tickets ource.co.uk/ivybrid ge-music-centre
Monday	5.00 – 5.45pm	STN, R Hamer, R Alexander	Primary Students	Jam Slam (Beginner lessons for singers, keyboard players, guitarists, bass guitarists and drummers)	C3.07, C3.05 and the Drum Hut	Book your place: https://www.tickets ource.co.uk/ivybrid ge-music-centre
Monday (alternate weeks)	7.00 – 8.30pm	G Carter, WHN	Musicians Grade 4 and above	Ivybridge Community Big Band (Students, ex-students, staff and the community)	Performance Hall	Bring your instrument
Tuesday	11.10 – 11.40am	R Hamer	All Years	Guitar Club	C3.07	Bring your instrument if you have one or just turn up
Tuesday (September – January)	3.30 – 4.00pm	V Touret	All Years	Kick Start Trombone (Learn Trombone from scratch)	C3.05	Book your place: https://www.tickets ource.co.uk/ivybrid ge-music-centre



Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Tuesday (September – January)	3.30 – 4.00pm	H Duff	All Years	Kick-Start Cello (Learn Cello from scratch)	C3.07	Book your place: https://www.ticke ource.co.uk/ivybri ge-music-centre
Wednesday (Week B only)	11.10 – 11.40am	PYA	All Years (Existing student group)	Music Ambassadors	C3.06	No Requirements
Wednesday (as required)	1.45 – 2.15pm	T Deam, S Seymour, S Massey	All Years	Extra Ensemble Rehearsals String, Woodwind, Brass groups as required	C3.05 C3.06 C3.07	Bring your instrument
Wednesday	3.20 – 4.00pm	T Deam	All Years	String Ensemble	C3.09	Bring your instrument
Wednesday	3.20 – 4.00pm	S Seymour	All Years	Woodwind Ensemble	C3.07	Bring your instrument
Wednesday	3.20 – 4.00pm	S Massey	All Years	Brass Ensemble	C3.06	Bring your instrument
Wednesday	4.00 – 5.00pm	STN	Primary	Junior Orchestra	Performance Hall	Bring your instrument
Wednesday	4.00 – 5.00pm	S Massey	All Years	Chamber Orchestra	C3.08 or Dining Hall	Bring your instrument
Wednesday	4.00 – 6.30pm	STN, T Deam, S Seymour, S Massey	Primary Years 4, 5 and 6	Primary Music Centre Orchestral instruments group tuition and musicianship	C3.05 C3.06 C3.07 C3.09	Book your place: https://www.ticke ource.co.uk/ivybri ge-music-centre
Thursday	11.10 – 11.40am	P Berthoud	All Years	Ukulele Group	C3.05	Bring your Ukulele you have one. Yo can borrow one too!
Thursday	1.45 – 2.15pm	M Berthoud	All Years	Busking (This is for singers of any standard as well as acoustic instrumentalists	C3.05	Bring your instrument if you have one
Thursday (Week A only)	1.45 – 2.15pm	PYA	10 and 11	GCSE Music Coursework Support	C3.06	Check with PYA i

Performing Arts	Performing Arts: Music									
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements				
Friday	1.45 – 2.15pm	R Le Caz	All Years	Pop Vocals	C3.07					
Friday	1.45 – 2.15pm	STN	11	GCSE Music Coursework Support	Recording Studio	Check with PYA/STN in advance				
Friday	3.30 – 4.30pm	STN	All Years	Jam Slam – Rehearsal Sessions	C3.05 C3.07	Check with STN in advance				
Various as required	Various as required	WBR	All Years	ABRSM/Trinity Aural and Theory	TBC	Email to book: <u>mwebber@ivybridg</u> <u>e.devon.sch.uk</u>				







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Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Tuesday	1.45 – 2.15pm	WGT	12	Biology Support Sessions	B2.02	N/A
Tuesday	3.30 – 4.30pm	BRY, Various Staff	11	Physics Support Sessions	D2.01	N/A
Wednesday Week A	3.30 – 4.15pm	PAR	11	Chemistry	B4.01	N/A
Wednesday Week A	3.30 – 4.15pm	SHW	12	Chemistry	B3.01	N/A
Wednesday Week B	3.30 – 4.15pm	PAR	12	Chemistry	B4.01	N/A
Wednesday Week B	3.30 – 4.15pm	SHW	11	Chemistry	B3.01	N/A
Wednesday	3.30 – 4.30pm	JWL	All Years	Girls' Greenpower Electric Car Club	D3.04	N/A
Wednesday	3.30 – 4.30pm	BRY	12 and 13	Physics Support Sessions	D2.01	N/A
Thursday	3.30 – 4.15pm	STB	13	Chemistry Support Sessions	B3.03	N/A
Friday	1.45 – 2.20pm	LYL	12 and 13	Biology Support Sessions	D1.03	N/A







Other Enrichme	nt Opportunities					
Book Club						
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Monday	3.20 – 4.20pm	Sara Hull	All Years	Book Club 'Reading Challenge'	LRC	N/A
Carnegie Club						
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Tuesday	3.20 – 4.20pm	Sara Hull	All Years	Carnegie Club	C4.05	Will run until Tuesday, 11 June 2024
Christian Club						
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Wednesday	1.45 – 2.20pm	Elis Norton	All Years	Rock Solid Christian Club	C4.05	Bring your lunch
Crochet and Kr	nitting Club					
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Wednesday	3.30 – 4.30pm	Miss Davidson, MSH	All Years	Crochet and Knitting Club	N2.02	N/A
Sustainability G	roup					
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Thursday	3.15 – 4.00pm	SCM	All Years	Sustainability Group	B2.05	N/A





#### Physical Education, Physical Activity and Sport

Physical Educat	tion Department					
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Athletics						
Tuesday	3.30 – 4.30pm	DNT, JNN	All Years	Athletics	Sprint Track	PE kit or trainers
Cricket						
Friday (Week A)	1.45 – 2.15pm	BDE	7 and 8	Cricket Club	Sports Hall	PE kit or trainers
Friday (Week B)	1.45 – 2.15pm	BDE	9, 10 and 11	Cricket Club	Sports Hall	PE kit or trainers
Thursday	3.30 – 4.30pm	JKN, JMS	All Years	Cricket Club	AW1/AW2	PE kit
<b>Endurance Runni</b>	ng					
Friday	3.30 – 4.15pm	TSN, HVS, BRY	All Years	Endurance Running Club	PE Corridor	PE kit
Fitness Suite						
Thursday	3.30 – 4.15pm	PPT	All Years	Fitness	Fitness Suite	PE kit
Netball						
Wednesday	3.30 – 4.30pm	DNT, MTL	All Years	Mixed Netball	Courts	PE kit
Rounders						
Tuesday	3.30 – 4.30pm	MTL, PPT	All Years	Rounders	AW1/AW2	PE kit
Table Tennis						
Wednesday	3.30 – 4.30pm	JMS	All Years	Table Tennis Club	Peverall Hall	PE kit
Tennis						
Wednesday	3.30 – 4.30pm	JKN	All Years	Tennis Club	Tennis Courts	PE kit
Volleyball						
Tuesday	7.30 – 8.30am	HTT	10, 11, 12 and 13	Senior Volleyball Club	Sports Hall/AW2	PE kit
Wednesday	7.30 – 8.30am	HTT	10, 11, 12 and 13	Senior Volleyball Club	Sports Hall/AW2	PE kit
Thursday	3.30 – 4.30pm	НТТ	7, 8 and 9	Junior Volleyball Club	Sports Hall/AW2	PE kit
Physical Educat	tion Department					
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Friday	3.30 – 4.30pm	НТТ	10, 11, 12 and 13	Senior Volleyball Club	Sports Hall/AW2	PE kit

#### **Sports Academy**

Our vision is to give every child, from primary to Sixth Form and from participation to elite level, the opportunity to develop their athletic ability, improve the level of skill in their chosen sport(s) and reach their performance potential. We will do this by providing access to excellent teaching and coaching, support and specialist sports provision alongside their academic commitments.

We have changed the names of our leading sports groups from 'Academy' to 'Elite Squads'. Our highest-level athletes in each Sport Academy will now, therefore, be in the Elite Football Squad, Elite Gymnastics Squad, Elite Netball Squad and Elite Rugby Squad.

The **Development Squads** are **open to all** students at Ivybridge Community College. The primary purpose of the Development Squad is participation, with the related goals of improved physical fitness, fun, and social involvement. Students participating in the Development Squads will have the opportunity to be selected for the **Elite Squads**.

			Sports Ac	ademy						
Football Academy										
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements				
Monday	3.30 – 4.30pm	LND, DS	7	Development Squad (Boys and Girls)	AW1	PE or Academy kit				
Monday	3.30 – 4.30pm	LND, DS	7	Elite Squad (A Team) (Boys and Girls)	AW1	PE or Academy kit				
Tuesday	3.30 – 4.30pm	LND, JMS	8	Development Squad (Boys and Girls)	AW1	PE or Academy kit				
Tuesday	3.30 – 4.30pm	LND, JMS	8	Elite Squad (A Team) (Boys and Girls)	AW1	PE or Academy kit				
Wednesday	3.30 – 4.30pm	LND, JNN	All Years	Development Squad (Girls only)	AW1	PE or Academy kit				
Wednesday	3.30 – 4.30pm	LND, JNN	All Years	Elite Squad (Girls only)	AW1	PE or Academy kit				
Wednesday	3.30 – 4.30pm	LND, JKN	10	Development Squad (Boys only)	AW1	PE or Academy kit				
Wednesday	3.30 – 4.30pm	LND, JKN	10	Elite Squad (A Team) (Boys only)	AW1	PE or Academy kit				
Football Acade	emy									
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements				
Thursday	3.30 – 4.30pm	LND, WNE	9, 11, 12 and 13	Development Squad (Boys only)	AW1	PE or Academy kit				
Thursday	3.30 – 4.30pm	LND, WNE	9, 11, 12 and 13	Elite Squad (A Team) (Boys only)	AW1	PE or Academy kit				

<b>Gymnastics Ac</b>	ademy					
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Tuesday	3.30 – 5.00pm	RDY, SDS, BKL, LD	All Years	Elite Squads	Gymnasium	PE or Academy kit
Tuesday	5.00 – 6.00pm	RDY, SDS, BKL, LD	All Years	Elite Squads – Acrobatics	Gymnasium	PE or Academy kit
Thursday	3.30 – 5.00pm	RDY, SDS, EB	All Years	Elite Squads	Gymnasium	PE or Academy kit
Friday	3.30 – 4.30pm	SDS	All Years	Development Squad (Boys and Girls)	Gymnasium	PE or Academy kit
Netball Acade	my					
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Wednesday	3.30 – 4.30pm	DNT, MTL	All Years	Mixed Netball	Courts	PE or Academy kit
Rugby Acaden	ny					
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Monday	3.30 – 4.30pm	JVS, GM, NCT	9 and 10	Development Squad Training (Boys only)	Rugby Pitch	PE or Academy kit
Monday	3.30 – 4.30pm	JVS, GM, NCT	9 and 10	Elite Squad Training (Boys only)	Rugby Pitch	PE or Academy kit
Tuesday	3.30 – 4.30pm	JVS, GM, NCT	Senior Elite Squad 11, 12 and 13	Development Squad Training (Boys only)	Rugby Pitch	PE or Academy kit
Tuesday	3.30 – 4.30pm	JVS, GM, NCT	Senior Elite Squad 11, 12, and 13	Elite Squad Training (Boys only)	Rugby Pitch	PE or Academy kit
Rugby Acaden	ny					
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Tuesday	3.30 – 4.30pm	KWL, GM, LS	All Years	Development Squad (Girls only)	Rugby Pitch	PE or Academy kit
Tuesday	3.30 – 4.30pm	KWL, GM, LS	All Years	Elite Squad Training (Girls only)	Rugby Pitch	PE or Academy kit
Thursday	3.30 – 4.30pm	JVS, GM	7 and 8	Development Squad (Boys only)	Rugby Pitch	PE or Academy kit
Thursday	3.30 – 4.30pm	JVS, GM	7 and 8	Elite Squad Training (Boys only)	Rugby Pitch	PE or Academy kit
Thursday	3.30 – 4.30pm	KWL, GM, LS	All Years	Development Squad (Girls only)	AW2	PE or Academy kit

Thursday	3.30 – 4.30pm	KWL, GM, LS	All Years	Elite Squad Training (Girls only)	AW2	PE or Academy kit		
Friday	3.30 – 4.30pm	JVS, GM, NCT	Senior Elite Squad 11, 12, and 13	Development Squad Training (Boys only)	Rugby Pitch	PE or Academy kit		
Friday	3.30 – 4.30pm	JVS, GM, NCT	Senior Elite Squad 11, 12, and 13	Elite Squad Training (Boys only)	Rugby Pitch	PE or Academy kit		
Elite Squad and Elite Talent Programme – Strength and Conditioning – Early Morning								
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements		
Monday	8.00 – 8.45am	JVS, GM	10, 11, and 12	Elite Rugby Squad	Studio 3	PE or Academy kit		
Tuesday	8.00 – 8.45am	JVS, GM	10, 11, and 12	Elite Rugby Squad	Studio 3	PE or Academy kit		
Thursday	8.00 – 8.45am	JVS, GM	10, 11, and 12	Elite Rugby Squad	Studio 3	PE or Academy kit		
Thursday	8.00 – 8.45am	JVS, GM	All Years	All Elite Squads and Talent Programme (Boys and Girls)	Studio 3	PE or Academy kit		
Friday	8.00 – 8.45am	JVS, GM	10, 11, and 12	Elite Rugby Squad	Studio 3	PE or Academy kit		

#### **Student Leisure Enrichment Time**

Student Leisure Time is a programme of activities that students engage in during their break and lunchtimes at the College. Students may participate in these sessions for reasons such as relaxation, competition or personal development. The sessions are not structured or skill based, as the focus is on student participation and enjoyment. Staff will be present at all times for Student Leisure Time. Please see the requirements for each leisure opportunity with regard to footwear and PE kit. In some activities, students are allowed to remain in College uniform and simply change their footwear.

Physical Education Department									
Leisure Football –	Leisure Football – Please bring your own equipment to the sessions								
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements			
Monday	11.10 - 11.40am	JMS	All Years	Football	AW1	Moulded studs			
Monday	1.45 – 2.10pm	LND	All Years	Football	AW1	Moulded studs			

Tuesday	11.10 – 11.40am	LND, JNN	All Years	Football	AW1	Moulded studs
Tuesday	1.45 – 2.10pm	JKN	All Years	Football	AW1	Moulded studs
Wednesday	11.10 – 11.40am	MTN	All Years	Football	AW1	Moulded studs
Wednesday	1.45 – 2.10pm	LND	All Years	Football	AW1	Moulded studs
Thursday (Week A only)	11.10 – 11.40am	JNN	All Years	Football	AW1	Moulded studs
Thursday (Week B only)	1.45 – 2.10pm	NCT	All Years	Football	AW1	Moulded studs
Friday	1.45 – 2.10pm	LND	All Years	Football	AW1	Moulded studs
Leisure Gymnast	ics					
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Tuesday	1.45 – 2.15pm	SDS	All Years	Bouncing for Fun! Trampettes and Tumbling	Gymnasium	PE kit or Academy kit
Friday	1.45 – 2.15pm	SDS	All Years	Vaulting and Free G	Gymnasium	PE kit or Academy kit
Leisure Rugby						
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
Monday	11.10 – 11.40am	JVS, GM	All Years	Rugby and Ball Games	AW2	Moulded studs or trainers
Wednesday	11.10 – 11.40am	JVS, GM	All Years	Rugby and Ball Games	AW2	Moulded studs or trainers
Thursday	11.10 – 11.40am	JVS, GM	All Years	Rugby and Ball Games	AW2	Moulded studs or trainers
1 - 1 T 1 - /T		-				
Leisure Tennis (Te	ennis Courts)					
Leisure Tennis (Te Day	ennis Courts) Time	Staff	Year Group	Enrichment Activity	Venue	Requirements
<u> </u>		<b>Staff</b> HTT	Year Group 7, 8 and 9	Enrichment Activity Tennis	Venue Tennis Courts	Requirements  Trainers
Day	Time		•	<u>,                                    </u>		•
<b>Day</b> Monday	<b>Time</b> 11.10 – 11.40am	HTT	7, 8 and 9	Tennis	Tennis Courts	Trainers
<b>Day</b> Monday Monday	Time 11.10 – 11.40am 1.45 – 2.10pm	HTT DNT	7, 8 and 9 10 and 11	Tennis Tennis	Tennis Courts Tennis Courts	Trainers Trainers
Monday Monday Tuesday	Time  11.10 – 11.40am  1.45 – 2.10pm  11.10 – 11.40am	HTT DNT NCT	7, 8 and 9 10 and 11 7, 8 and 9	Tennis Tennis Tennis	Tennis Courts Tennis Courts Tennis Courts	Trainers Trainers Trainers

Leisure Tennis (Tennis Courts)								
Day	Time	Staff	Year Group	Enrichment Activity	Venue	Requirements		
Thursday	11.10 – 11.40am	L Spampanato	7, 8 and 9	Tennis	Tennis Courts	Trainers		
Thursday	1.45 – 2.10pm	PPT	All Years	Tennis	Tennis Courts	Trainers		
Friday	11.10 - 11.40am	L Spampanato	7, 8 and 9	Tennis	Tennis Courts	Trainers		







#### **Primary Enrichment**

Our aim is to develop the primary sports provision at the College. Please find the information required for the Primary Provision we have in place at the College.

Primary Football Academy								
Day	Time	Staff	Enrichment Activity	Venue	Requirements			
Monday	4.00 – 5.00pm	CW, LD	Year 5 and 6 Primary Football Academy (Boys and Girls)	AW2	Moulded Studs or Trainers			
Monday	5.00 – 6.00pm	CW, LD	Year 5 and 6 Primary Football Wild Cats (Girls only)	AW2	Moulded studs or trainers			

Primary Gymnastics Academy								
Day	Time	Staff	Enrichment Activity	Venue	Requirements			
Monday	4.00 – 5.00pm	Leaders	Primary 5+ Squad	Gymnasium	PE or Academy kit			
Monday	4.00 – 5.00pm	Leaders	Primary 8+ Squad	Gymnasium	PE or Academy kit			
Monday	4.00 – 6.00pm	SDS, LD	Primary Elite Squad	Gymnasium	PE or Academy kit			
Monday	5.00 – 6.00pm	Leaders	Primary 5+ Squad	Gymnasium	PE or Academy kit			
Monday	5.00 – 6.00pm	Leaders	Primary 8+ Squad	Gymnasium	PE or Academy kit			
Wednesday	4.00 – 5.00pm	Leaders	Gym Crazy Squad	Gymnasium	PE or Academy kit			
Wednesday	4.00 – 5.00pm	Leaders	Primary 5+ Squad	Gymnasium	PE or Academy kit			
Wednesday	4.00 – 5.00pm	Leaders	Primary 8+ Squad	Gymnasium	PE or Academy kit			
Wednesday	4.00 – 5.30pm	MTN	Development 5+ Squad	Gymnasium	PE or Academy kit			
Thursday	5.15 – 6.45pm	Leaders	Development 8+ Squad	Gymnasium	PE or Academy kit			

Primary Performing Arts									
Day	Time	Staff	Enrichment Activity	Venue	Requirements				
Monday	3.30 – 4.15pm	STN, R Hamer, R Alexander	Jam Slam (Learn a rock and pop instrument)	Music	Sign up:  https://www.ticketsource.  co.uk/ivybridge-music- centre				
Monday	4.00 – 5.00pm	S Hocking, J Hardy	KS2 Primary Musical Theatre Academy	Performance Hall	N/A				
Wednesday	4.00 – 5.00pm	H Stephenson	Junior Orchestra	Performance Hall	FREE Bring your instrument				
Wednesday	4.00 – 6.30pm	STN, T Deam, S Seymour, S Massey	Primary Music Centre (Years 4 to 6)	Music	Sign up: https://www.ticketsource. co.uk/ivybridge-music- centre				

#### **Community Sports Department**

Ivybridge Community College takes great pride in being able to welcome members of the public and community groups onsite to use the fantastic facilities outside of curriculum hours. Managed by the Community Sport Department, they are able to host sports participation, fixtures, competitions and a fantastic Holiday Activity Programme. Our aim is to bring the community together by providing a range of sporting activities.

The following groups/sessions take place at the College. Simply turn up at the venue for the right time or make bookings at Community Sports. See below for details.

Community Enrichment							
Day	Time	Staff	Group	Enrichment Activity	Venue	Requirements/Cost	
Monday (alternate)	7.00 - 8.30pm	G Carter, WHN	Musicians Grade 4 and above	Ivybridge Community Big Band (Students, ex-students, staff, and the community are invited to join)	C3.07	FREE Bring your instrument	
Monday	6.30 - 7.30pm	Nicholas Goodliffe	Girls' and Women's team	Cornwood Cricket Club Women's and Girls' teams	Sports Hall	Email cornwoodcc@live.com	
Monday	7.00 - 7.45pm	Lydia Dodds	Age 16+	Bodyweight Circuit	Studio 1	£3.50 £2 for Staff	

Tuesday	5.30 - 6.30pm	Darcen Yearwood	All Ages	Darcen Yearwood Junior Boxercise	Studio 2	Please contact Mr C Warren in Community Sports comsport@ivybridge.devon. sch.uk
Tuesday	6.30 - 7.30pm	External	Age 16+	Clubbercise	Studio 1	Facebook: @invigoratefitness4u or call Sarah on 07715585742
Wednesday	5.30 - 6.30pm	Stafford Williams		Ivybridge Cricket Club	Sports Hall	info@ivybridgecricket.co.uk
Wednesday	6.00 - 6.45pm	Lydia Dodds	Age 16+	Legs, Bums and Tums	Studio 1	£3.50 £2 for Staff
Community En	richment					
Day	Time	Staff	Group	Enrichment Activity	Venue	Requirements/Cost
Wednesday	6.50 - 7.20pm	Lydia Dodds	Age 16+	Stretch and Mobility	Studio 1	£3.50 £2 for Staff
Thursday	5.30 – 9.30pm	SJ Performing Arts	Various ages	SJ Performing Arts of Plymouth	Studio 2	info@sjperformingartsplymouth. <u>co.uk</u>
Thursday	5.45 – 6.45pm	Keith Reed	Age 8 - 11	Erme Valley Harriers	Sports Hall	Please contact Mr C Warren in Community Sports comsport@ivybridge.devon. sch.uk
Thursday	7.00 - 8.00pm	Keith Reed	Age 12+	Erme Valley Harriers	Sports Hall	Please contact Mr C Warren in Community Sports comsport@ivybridge.devon. sch.uk
Thursday	7.15 – 8.45pm	Alan Spencer	N/A	Ivybridge Table Tennis Club	Peverall Hall	Email IvybridgeTTC@aol.com
Friday	6.00 - 6.45pm	Lydia Dodds	Age 16+	Dance Aerobics	Studio 1	£3.50 £2 for Staff
Saturday	9.30am – 1.30pm	SJ Performing Arts	Various ages	SJ Performing Arts of Plymouth	Studio 2	info@sjperformingartsplymouth. co.uk

For further detail on the above programme and Community Sports, please speak to

Chris Warren

Community Sports Manager, Ivybridge Community College

Email: <u>comsport@ivybridge.devon.sch.uk</u> Telephone: 01752 698315



#### **External Enrichment Opportunities**

**Cadet Training - Police Cadets** 





## IVYBRIDGE VOLUNTEER POLICE CADETS

#### **RECRUITING NOW!**

Ages 13-17



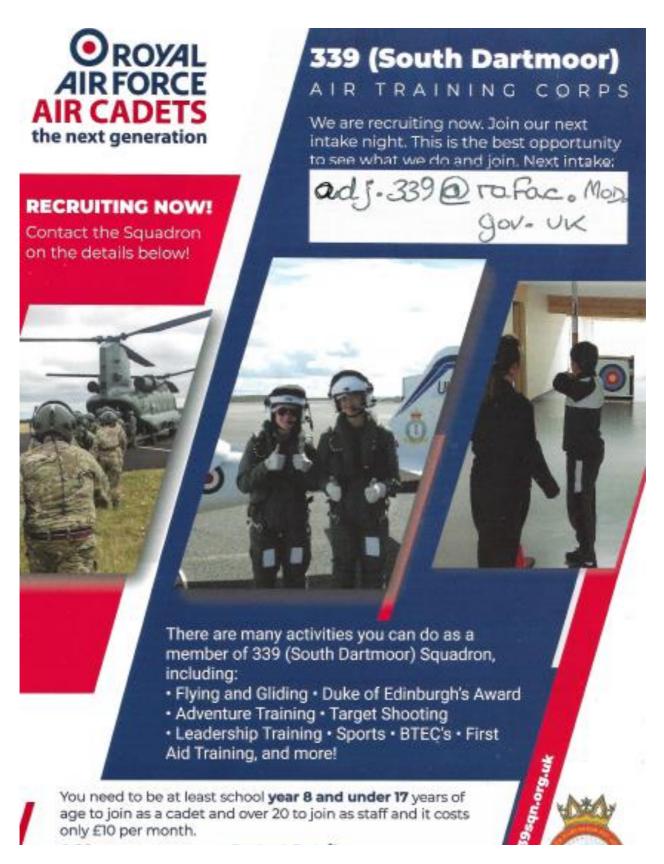
- · Make new friends
- · Build your confidence
- Learn key life skills
- First Aid
- Volunteer in your community
- Much more!

Any queries? Please email: dc.police.uk

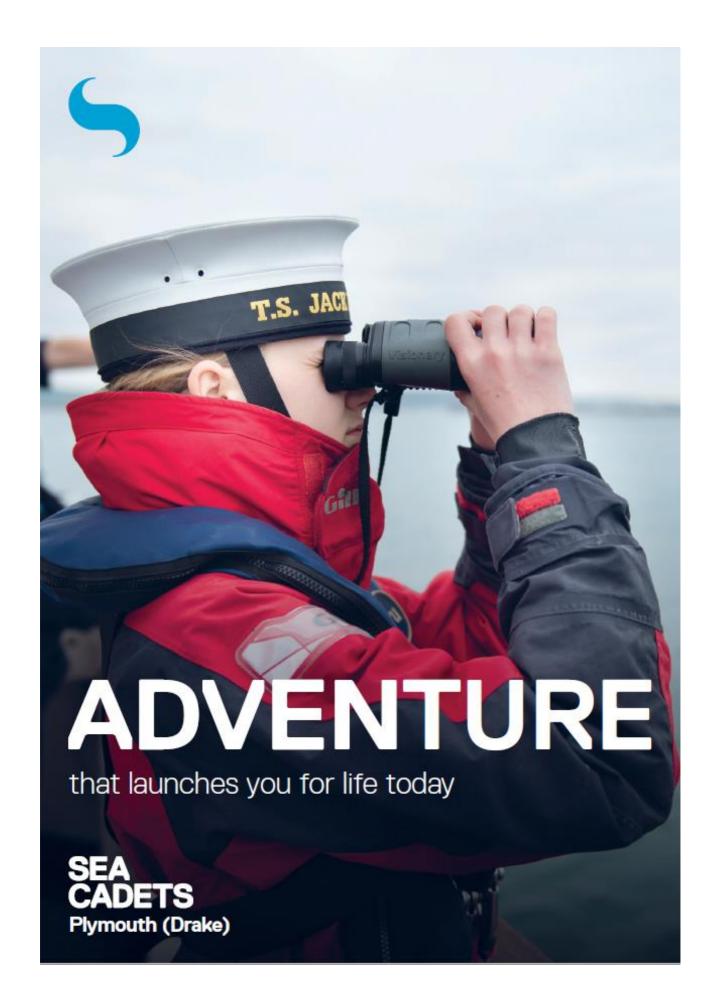
RECRUITING NOW:

www.vpc.police.uk/be-a-cadet

#### Cadet Training – Royal Air force









# UNLEASH YOUR POTENTIAL

Become the person you want to be – have fun on a different kind of adventure

#### While you're doing this:

Orienteering across Dartmoor, rockclimbing, rowing, competing in national competitions, parading with a band, first aid, engineering, even meteorology and powerboating.

Go offshore and experience the most exhilarating and unique challenges. Whether it's hoisting the sail of a yacht as part of a crew or navigating in a powered craft, nothing compares to the feeling of being out at sea. Take on challenging nautical training and pull together with other cadets to safely navigate Britain's coastline.

#### You'll get all this:

You'll become confident in new situations. Feel more in charge of yourself and know how to make a good impression.

In turn, you'll learn how to support people who are less experienced than you, which you can use to captain a sports team and stand out in interviews.





#### **MAKE WAVES**

It doesn't matter if you've never been on a boat before, Sea Cadets gives you all the training and support you need to be part of an incredible experience. Get out on the water and hoist the sail of a yacht or learn how to navigate a power vessel.

"My confidence has increased so much through meeting new people and all the skills I've gained, which will come in really useful later in life."

Tyler, 14

#### WHEN CAN YOU JOIN?

Sea Cadets: Ages 12 - 18

Royal Marines Cadets: Ages 13 - 18

Junior Sea Cadets: Ages 10 - 12

#### WHAT DOES IT COST?

Subs:

Sea Cadets: £20 pm

Royal Marines Cadets: £20 pm

Junior Sea Cadets: £10 pm



- "At Plymouth (Drake) we aim to give young people an experience that will help them grow in to the person they want to be in a safe environment"
- Commanding Officer Plymouth (Drake)

#### **JOIN US**

Email: admin-plymouth@cadetmail.mod.uk









## THINK OUTSIDE THE BOX

Run a first aid course, help teenagers work towards nationally recognised qualifications such as the Duke of Edinburgh's Award or take a group of cadets on an overseas experience.

Football, marketing, IT, first aid, engineering – whatever your interest in life you could bring it to your local unit. Sea Cadets offers so much more than you could imagine.

## MAKE MORE OF YOUR FREE TIME

Whatever your experience and skills, they could be utilised to help young people flourish.

The sky's the limit, so why not contact your local unit for an informal chat on how you can help?

Visit our website to find your local unit: sea-cadets.org/units

Or get in touch:

admin-plymouth@cadetmail.mod.uk

## WHICH VOLUNTEER ARE YOU?

We need people who are happy to roll up their sleeves and get involved to make a positive impact on young people and their communities.

We have lots of different roles at Sea Cadets to choose from and our volunteers gain excellent, nationally recognised training and qualifications for the courses they attend.



Todd-White Art Photography/Ben Fitzpatrick

These are just a few of the roles that might appeal to you:

## BE A WATERSPORTS INSTRUCTOR

If you love being out on the water, why not share your skills with young people in your area? Spend a few hours a week showing young people how to sail, windsurf, kayak, row or canoe at a local Sea Cadets unit.

Don't be put off if you haven't got any watersport qualifications, all you need is lots of enthusiasm. We'll provide you with all the equipment and training.

## JOIN THE UNIT MANAGEMENT TEAM

If you have skills in leadership, business or administration and would like to oversee a unit's operation, why not join a unit's management team?

You can help manage the finances and budgets, help fundraise for the unit, organise events, write press releases for the local media or build corporate relationships with local businesses.

## JOIN SEA CADETS

Whether at sea or on land, Sea Cadets offers an environment where young people can find confidence and inspiration.

Sea Cadets broadens horizons and creates possibilities through a different kind of adventure. Working across the UK with 15,000 young people aged 10 to 18, help them develop into resilient, confident young people who can launch well in life, whatever their background.

Get involved and join the community of 9,000 people volunteering with Sea Cadets.

#### CONTACT

www.sea-cadets.org/plymouthdrake

Email: admin-plymouth@cadetmail.mod.uk

Crownhill Fort Road, Plymouth, PL65BX

#### **Dance Clubs**



#### **PURPOSE-BUILT STUDIO:**

Unit 94 Christian Mill Business Park Crownhill Plymouth PL6 5DS

### **APC STUDIOS**

At APC Studios, positivity and professionalism are at the forefront of our dancers' training. Our dancers are provided with a safe and supportive environment where they can develop new dance skills and techniques they've always dreamt of perfecting, providing a fun place for their confidence to grow and their talent to flourish.







#### WHAT WE OFFER:

**Ballet 1** 

Tap @

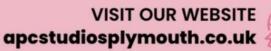
Jazz Ø

Commercial &

Lyrical &

Acro Ø

INSPIRING THE FUTURE OF DANCE CREATIVES...





#### **Dance Clubs**

# Ballaré School of Performing Arts Dance Studio's









From street dance to classical ballet, musical theatre to acrobatics... we teach it all in our custom built dance studios. Bring this leaflet in to get a FREE trial class!

www.ballaredance.co.uk

07931 515121

## **Dance Clubs**



Tuesday's

MODERN, TAP & MUSICAL THEATRE

Wednesday's

STREET, JAZZ, COMMERCIAL

Thursday's

BALLET

Saturday's

PRE-SCHOOL TO YEAR 1 DANCE CONTEMPORAY & ACRO

Dance for age 3+ Free trials for September www.ballaredance.co.uk #danceinivybridge

## **Performing Arts Clubs**

# CALLING ALL TALENTED TEENS!

OUR PERFORMING ARTS CLASSES ARE YOUR TICKET TO THE BIG STAGE!

DISCOVER THE ACTOR, SINGER OR DANCER WITHIN YOU



IGNITE YOUR CREATIVITY





🌪 BOOST YOUR CONFIDENCE 🌪





🔷 MAKE LIFELONG FRIENDS 🛖





CLASSES IN

\*BALLET \*TAP \*JAZZ

\*SINGING \*DRAMA

\*ACRO \*MUSICAL THEATRE

\*CONTEMPORARY \*COMMERCIAL

\*STREET DANCE \*MODERN



YEARLY MUSICAL // ANNUAL SUMMER SHOW // EXAMS OPTIONAL

SJ PERFORMING ARTS PLYMOUTH @sj\_performing\_arts\_plymouth www.sjperformingartsplymouth.co.uk



## **Youth Rangers**

## www.dartmoor.gov.uk/enjoy-dartmoor/dartmoor-rangers/junior-and-youth-rangers



Home > Enjoy Dartmoor > Dartmoor Rangers > Junior and Youth Rangers

Share this 🚺 💟 🔓







Enjoy Dartmoor	Junior and Youth Rangers
Planning Your Visit	Do you love the great outdoors? Fancy doing something a bit different?
Outdoor activities	Become a Junior (aged 12-14 years) or Youth (aged 15-19 years) Ranger!
Events	Dartmoor National Park established the Junior Ranger Programme in 2015. It offers people between the ages of 12-19 a chance to develop a deeper understanding and passion for Dartmoor, as well as developing practical and personal skills.
Love Moor Life	This exciting programme offers you an enjoyable way to become ambassadors for Dartmoor's very special qualities. There are tons of opportunities for learning, meeting like-minded people and having loads of outdoor fun.

## Youth Clubs

# SHERFORD YOUTH CLUB

Every
Thursday at
7pm8.30pm

Pollow us on

@thestationspace or
click QR code to go our
website for more info
www.spacepsm.org

No need to book, come down and say hi!

At the Skate Park no matter the weather

Filled with exciting activities every week



SPACE YOUTH SERVICES

### **Tennis**



#### **Table Tennis**



## Ivybridge Table Tennis Club

Meets Every Thursday

## Sports Hall, Ivybridge Community College

Harford Road lyybridge, Devon PL21 0JA

Thursdays: 8:00pm until 9:30pm

Club Bats & Balls are available. New players are always welcome, we are a very friendly club. Advice, tips and coaching available as required. Suitable for all ages, and all abilities.





Facebook - Search for Ivybridge Table Tennis Club

Please Like our page to keep up to date with the latest information



@IvybridgeTTC

Please follow us to keep up with the latest Information



IvybridgeTTC@aol.com



07712896185 - (Alan Spencer, Club Secretary)





#### Music







# Vocals – Keyboard – Guitar – Bass - Drums Group tuition and band skills – Now with Arts Award! Mondays from 25 September 2023

- 3.30 4.15pm: Secondary Beginner Group (years 7 to 13)
  - 4.15-5pm: Primary Beginner Group (years 5 and 6)
- 5.00 5.45pm: Primary Beginner Group 2 (years 5 and 6)

## Less than £4 per session and free for students eligible for free school meals!

Book your place online at <u>www.ticketsource.co.uk/ivybridge-music-centre</u>

#For more info please email musicoentre@ivybridge.devon.sch.uk

## Already play?

## Jam Slam Rehearsal Sessions

Fridays 3.30-4.30pm in C305

- Rehearsal spaces and support for bands
- Come along and meet like-minded musicians
  - Years 7 13.
  - No booking required turn up and play!



## Music



## Orchestral Music Programme

with Arts Award

## Starting Wednesday, 27 September 2023 5-6pm in the Music Department

- Learn an orchestral instrument for under £4 a session!
  - For Primary students in Years 4, 5 and 6
  - Includes musicianship and Keyboard sills
  - Instruments provided in the sessions for free
    - Hire agreements available
    - Arts Award Discover included

Violin – Flute – Trumpet – Clarinet



Sign up via our online page at:

www.ticketsource.co.uk/ivybridge-music-centre.

Less than £4 per session and free for students eligible for free school meals.

For more information please email musiccentre@ivybridge.devon.sch.uk



## Music



### **Martial Arts**





# MISS B'S MARTIAL ARTS ACADEMY

Family friendly fitness, fun and self defence

SALTASH

DERRIFORD

**Brunel Primary** 

St Matthews Primary

PLYMSTOCK

LIPSON

Elburton Village Hall

Lipson Vale Primary

**PLYMPTON** 

**IVYBRIDGE** 

Plympton Academy

Bittaford Village Hall

CHILDREN AGED 4+
FAMILY CLASSES AND DISCOUNTS AVAILABLE

## BOOK YOUR FREE TRIAL NOW

07480616571

facebook.com/missbsmartialartsacademy

**Basketball** 



## Rugby



## **Work Experience Opportunities**

### STEM Mentoring Programme for Students Monday, 26 February until Monday, 6 May 2024

**STEM Learning**, who work in collaboration with the Government and aim to provide world-leading STEM education for all young people, is offering **free** national online mentoring for 13 – 19 year olds interested in a career in STEM.

Participants can learn more about potential STEM careers, ask for careers advice, and consider life after school including University options, Apprenticeships, or preparing for employment.

The programme is fully funded so participation is **free** for UK students.

The next cohort of mentoring will run from Monday, 26 February until Monday, 6 May 2024.

For more information and to register, please click **here**.

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## University Hospitals Plymouth NHS Trust - Project SEARCH

Students interested in a Career in Healthcare!

University Hospitals Plymouth NHS Trust has just opened applications for their Project SEARCH Internships.

In partnership with City College, Plymouth, Seetec Pluss and the NHS, Project SEARCH Derriford is an Internship Programme which offers 18-24 year olds with a diagnosed Learning Disability and a Plymouth Education, Health and Care Plan (EHCP) the chance to experience the working environment for one year within any of the University Hospitals Plymouth sites.

If you are interested in finding out more, please click  $\underline{\text{here}}$ 

## **Enrichment Challenges and Fundraising**

#### **Mental Health Foundation**

If you would like to take on active challenge, please visit <a href="https://www.mentalhealth.org.uk/get-involved/active-challenges/12k-steps-challenge">https://www.mentalhealth.org.uk/get-involved/active-challenges/12k-steps-challenge</a>

#### Race for Life

Join Cancer Research UK's Race for Life and help raise money for research into all 200 types of cancer. If you are interested, please go to <a href="https://raceforlife.cancerresearchuk.org">https://raceforlife.cancerresearchuk.org</a>

#### **Mighty Hikes**

The series of one-day half and full marathon hikes is in the most beautiful and unspoiled parts of the UK. Bring your family and friends together and have a fantastic day out while raising money for people living with cancer. If you are interested in the Mighty Hikes, please go to <a href="https://mightyhikes.macmillan.org.uk">https://mightyhikes.macmillan.org.uk</a>









If you have any questions regarding enrichment, please email me, <a href="mailto:enrichment@ivybridge.devon.sch.uk">enrichment@ivybridge.devon.sch.uk</a>.

Thank you

Helen Reddy

**Director of Enrichment and Sports Academy** 

