

## ISUPPORT

An Early Help Assessment can help support you in a number of ways ranging from advice and guidance to more intensive family support.

This could include support on issues such as:

- ④ Schools and education
- ④ Offending and anti-social behavior
- ④ Housing
- ④ Supporting adults into work and learning
- ④ Advice about money
- ④ Parenting skills
- ④ Special Educational Needs
- ④ Domestic abuse
- ④ Alcohol and drug misuse
- ④ Parental Conflict
- ④ Mental health and general wellbeing
- ④ Coordinating other services and referrals and those professionals already working with you.

### We believe all families:

- ④ are important
- ④ deserve respect
- ④ have strengths and skills
- ④ can learn and change
- ④ are individual
- ④ have values and hopes
- ④ have knowledge and resources
- ④ face difficulties and challenges

Setting Contact Name: \_\_\_\_\_

Call: \_\_\_\_\_

Email: \_\_\_\_\_

**For further advice and information call**  
Plymouth Children's Gateway  
Call 01752 668000  
Email [gateway@plymouth.gov.uk](mailto:gateway@plymouth.gov.uk)

## EARLY HELP ASSESSMENT

**A guide for children,  
young people and their  
families**



**Supporting families to make  
positive change**

### **WHAT IS AN EARLY HELP ASSESSMENT?**

The Early Help Assessment is a voluntary process for families to share information with a range of local services to help them plan together and get the right support.

Professionals across the city will work together to ensure you: ④ Get the right support at the right time

- ④ Only have to tell your story once
- ④ Are listened to and given appropriate advice
- ④ Can learn about opportunities available to you and your family
- ④ Identify your strengths as well as your needs

You will be designated a Lead Professional who will develop a plan with you and can arrange support and meetings with other services who can help you and will review progress of the plan with you, as appropriate.

## WHAT ARE THE PROFESSIONALS GOING TO DO?

- ④ Professional commitment to support families to make positive change
- ④ Create a clear plan with you and update you on progress regularly through meetings and information
- ④ Be accountable, open, honest and transparent with you
- ④ Be honest about what support they can give you

## CONFIDENTIALITY

Generally the information you and your family provide will only be shared with those people/ services that need

to know and we ask your permission before sharing anything with them.

However there may be times when people working with you need to share information, such as:

- ④ when there are concerns that a child/young person is at risk of, or is suffering abuse or neglect
- ④ when an adult is at risk of harm
- ④ to help prevent or detect a serious crime

## WHAT WILL WE ASK OF YOU/WHAT WILL YOU NEED TO DO?

- ④ To be honest and share information and concerns so your family can get the right support
- ④ To attend meetings with relevant services and family meetings as needed
- ④ Commitment to achieving the outcomes as agreed with you in your family plan
- ④ Work together with professionals to achieve positive ways forward
- ④ Consent to sharing information to help your lead professional to access services that can help.

