



Ivybridge Community College Parent and Carer Bulletin

Spring Term I 2024

Safeguarding

Welcome to our Safeguarding Bulletin for Spring Term 1, please sign up to both our E-Safety and PSHE ParentMeets to ensure you access the latest support and guidance, more information can be found [here](#).

We would like to share key support for health and well-being:

- [KOOOTH](#) - Emotional well-being
- www.kooth.com - Mental health support for young people
- <https://teen.smokefree.gov/quit-vaping>
- <https://www.y-smart.org.uk/>

Please be aware police in the UK have seen a large increase in the number of vapes being sold with THC (cannabis) oil or Spice (synthetic marijuana).

Vaping can be a lot more discrete than smoking, and may be happening without a parent, carer, or teacher noticing it. There are various signs to be aware of with youth vaping, such as:

- An unexplained cough, wheeze or shortness of breath.
- Empty disposable vapes, plastic cartridges, containers or bottles.
- Irritable behaviour if unable to go outside or have a break every few hours.
- Sudden moods swings, frustrations, paranoia or anxiety.
- Lingering scents that are fruity or sweet smelling.

Remember to report adults sharing vapes with young people anonymously [here](#).

Please give us feedback on the usefulness of this Parent and Carer Bulletin and let us know if there are topics you would like to see in the future. [Click here](#)

Visit our website for more information [here](#).



Matt Anniss
Designated Safeguarding Lead



Amy Pearce
Designated Safeguarding Lead

PSHE

The theme for PSHE this half term is 'Relationships'. For more information please join us at the PSHE ParentMeet on Tuesday, 16 January, please sign up [here](#).

Year 7	<ul style="list-style-type: none"> • Protected Characteristics • Prejudice and Discrimination • Bullying
Year 8	<ul style="list-style-type: none"> • Consent • Sexting • Introduction to Contraception
Year 9	<ul style="list-style-type: none"> • Consent • Contraception and STIs • Pornography
Year 10	<ul style="list-style-type: none"> • Relationship Values • Coercive Control • Revenge Porn
Year 11	<ul style="list-style-type: none"> • Communication and Consent • Harassment (including online) • Relationship Abuse
Year 12	<ul style="list-style-type: none"> • Positive Relationships • Preparing for Work Experience • Consent (how to recognise coercive and controlling relationships)
Year 13	<ul style="list-style-type: none"> • Revision Strategies and Revision Planning • Radicalisation and Identity • Discrimination

E-Safety

We are delighted to share a link [here](#) to register to attend **high quality** e-safety training by Sharon Girling OBE. **This is not to be missed!** Find out the latest online trends and how to keep your children **safe online**. For more information please click [here](#).

Please click [here](#) to read Ineqe's latest e-safety guidance about AI.

With more and more young people accessing content online every day it is vitally important for us as parents, carers and educators to be able to support them to access this content safely. At College we have a large focus on filtering and monitoring which allows us to track what our school systems and Wi-Fi is being used for. This helps us to keep our students safe online whilst in College.

I would encourage all parents and carers to visit Google family link <https://families.google/familylink/> to help keep your whole family safe online and allow you to monitor the online activity of young people in your family in order to keep them safe. Please also be aware that there is excellent online safety advice that can be accessed via the NSPCC website <https://www.nspcc.org.uk/keeping-children-safe/online-safety/#advice>.

Please remember we share all articles regarding e-safety from previous newsletters [here](#). The world online moves fast! So, if you have something you think we should share with the parents/carers of our young people please send us an email to safeguarding@ivybridge.devon.sch.uk

Equality and Diversity

Equality and Diversity Notices

Looking forward to Spring Term I:

- A positive focus this term with assemblies will to be conducted for all Year Groups with a focus on respect, anti-discrimination and anti-racism.
- Recognition and celebration of Martin Luther King Jr. Day on Monday, 15 January 2024.
- LGBT+ History Month will be celebrated in the month of February to support awareness, respect and inclusion.

Looking back at Autumn Term II:

- Plymouth Ukraine Medical Aid sent the donations raised by Ivybridge Community College for the Shoe Box appeal to children in Ukraine for Christmas. We received many photos of these gifts being excitedly received. Thank you for your support.
- Anti-Bullying Week was celebrated from 13 November with a focus on reporting bullying and hate incidents.
- International Day of Persons with Disabilities was celebrated throughout the week of 4 December with Tutor resources and a bake sale to spread awareness.
- Small group interventions to support Equality are ongoing.



Miss Darby Ball
Equality and Diversity Lead