



## Autumn Term I 2023

### Safeguarding

Welcome back! This Bulletin will continue to keep you updated with the latest information this academic year. This half term we are spotlighting Early Help and a focus on health.

Public Health have put together the website [here](#) highlighting a variety of support options for families in Devon. The link will signpost you to a variety of support options including: Young Devon and Space but also 'Pinpoint' which allows you to search for services which may be of interest to you and your family. We ask you to keep your child's Tutor updated with any concerns such that we can support you and your child both in College and in making appropriate referrals where additional support may help.

Please also see a Health for Kids poster [here](#) and Let's Talk courses [here](#).

Vaping continues to be a concern for medical practitioner's regarding the long term impact on young people in particular. Check out this [video](#) created by Somerset Council.

Finally please give us feedback on the usefulness of this Parent and Carer Bulletin. [Click here](#)

Visit our website for more information [here](#).



**Amy Pearce**  
Designated Safeguarding Lead

### PSHE

The theme for PSHE this half term is 'Health and Wellbeing'

Year 7	<ul style="list-style-type: none"> <li><b>Transition and safety</b></li> <li>Transition to secondary school</li> <li>Personal safety in and outside school (including river/water safety and rail safety)</li> <li>First aid</li> </ul>
Year 8	<ul style="list-style-type: none"> <li><b>Emotional wellbeing</b></li> <li>Mental health and emotional wellbeing</li> <li>Body image (with reference to social media)</li> <li>Coping strategies (including reference to unhealthy coping strategies: self-harm and eating disorders)</li> </ul>
Year 9	<ul style="list-style-type: none"> <li><b>Peer influence, substance use and gangs</b></li> <li>Healthy and unhealthy friendships</li> <li>Substance misuse: alcohol, illegal drugs and vaping</li> <li>Gang exploitation (including county lines)</li> </ul>
Year 10	<ul style="list-style-type: none"> <li><b>Mental health</b></li> <li>Emotional and mental health</li> <li>Safeguarding health (strategies to support mental health)</li> <li>Challenges during adolescence</li> </ul>
Year 11	<ul style="list-style-type: none"> <li><b>Building for the future</b></li> <li>Self-efficacy</li> <li>Stress management</li> <li>Future opportunities</li> </ul>
Year 12	<ul style="list-style-type: none"> <li>Welcome to the Sixth Form</li> <li>Show students study areas etc.</li> <li>Growth mindset</li> <li>Independent study (Cornell note making; time management.)</li> <li>Unifrog</li> <li>Volunteering</li> <li>Competencies</li> <li>Charity</li> <li>Tutor to re-enforce: volunteering, charity</li> </ul>
Year 13	<ul style="list-style-type: none"> <li>Managing change</li> <li>Revisit consent</li> <li>Mindset</li> <li>Revision and independent learning; study skills</li> <li>Revisit physical and mental health</li> </ul>

### E-Safety

This term we would like to alert parents and carers to harmful content online. Please be vigilant and discuss these areas at home in order to ensure your child has the balance of arguments to help them with their own thought processes and support them to become respectful and tolerant young people.

This is a useful [link](#) to understanding Social Media.

#### Red Flags to watch out for e-safety concerns with our children:

- Sudden mention of a friend you have not heard of who does not attend school.
- Appearing withdrawn, isolated, upset, nervous, moody or secretive.
- Long periods of screentime video chatting online in a private place.
- Being overly protective of their device.

Please get in touch if you have e-safety concerns or would like to update us on areas you would like us to cover.

### Equality and Diversity

#### Looking ahead to Autumn Term 1

#### Equality and Diversity Notices

At Ivybridge Community College, we continue to endeavour to promote equality, diversity and inclusion both explicitly and implicit in everything we do. Not only do we have a statutory responsibility to educate students via an inclusive curriculum, but we also highly value the impact this can have on our College culture and the wellbeing of our students. We therefore wish to continue to promote and develop equality, diversity and inclusion at the College as a means to champion every child and facilitate the development of responsible citizens.

#### Looking forward to the Autumn Term:

- International Day of Peace will be celebrated throughout the week from Monday, 18 September with assemblies, discussions within lessons and tutor resources.
- Black History Month Commences in October when Ivybridge Community College will endeavour to consistently make cross-curricular links. Year 7 will also engage with workshops from Tiny Travels throughout the week from Monday, 9 October, which focuses on the amazing contributions of people from Africa and of African descent.



**Miss Darby Ball**  
Equality and Diversity Lead