

Ivybridge Community College AWP Footwear Rules

The pitch has very clear footwear rules, which all users will have to abide by so that the playing surface remains in the best possible condition and does not get damaged.

This means that the following footwear **will not** be allowed:

- Flat shoes (including astro-turf trainers)
- Trainers
- Metal spike shoes
- Metal screw-in studs
- Screw-in studs with a metal tip and a plastic base
- Blades (due to the potential to cause injuries)

The **most effective footwear** is either football boots with **moulded studs or rubber/plastic/nylon screw-in studs**.



Studded football shoe



Bladed trainer



Multistudded trainer



Flat-soled trainer



Spikes

Please note that if you have the wrong footwear you will not be allowed to play.