

Ivybridge Community College Physical Education Department

Statement of Intent

Ivybridge Community College Physical Education Department aims to encourage and facilitate:

'Healthy Active Lifestyles for Lifelong Participation' providing all students with the opportunity to: Enjoy – Learn – Perform.

Developing health conscious young people who have a clear knowledge and understanding of how to develop these areas further when they leave school. We aim to provide the tools for young people to make informed choices about their future health and wellbeing. Our aim is to develop both the physical and mental wellbeing of all students.

Implementation

Core PE lessons provide all students with the opportunity to experience a breadth of activities across a range of areas in line with the National Curriculum Guidance for PE. These build on and develop from fundamental motor skills taught at primary school and pick up on the same core principles previously taught.

All students take part in invasion games, net and wall games, creative PE, striking and fielding, athletics, and Health, Fitness and Wellbeing. We use up-to-date models of learning to help our students retain the information. The Physical Education Department also support and provide a plethora of activities in an extracurricular medium, offering clubs in all activities and an opportunity to develop skills further with guidance from specialist teachers.

Students are encouraged to develop their knowledge and execution of skills in increasingly demanding situations alongside developing their knowledge of Physical Education and Sport. The knowledge platform has been developed so that students are supported in learning specific vocabulary linked to the theory content of GCSEs and knowledge for lifelong learning. Also the understanding of the importance of physical and mental wellbeing and where PE and Sport can support them in achieving healthy active lifestyles. An appreciation of analysis and evaluation is also supported as well as knowledge of different roles within PE; such as a coach or official.

Ivybridge Community College has been a pilot school for the Sport England teacher training pilot, where active classrooms have been encouraged across other

departments in the College to raise the profile of activity and its benefits mentally and socially.

Lessons are supported and led by highly qualified teachers as well as developing newly qualified teachers. The department has strong links with Exeter University and we host a number of PGCE and School Direct trainees and nurture them to become practitioners in Physical Education.

Classes in Core PE are settled in Years 7, 8 and 9 and are taught in same sex groups, all groups experience the same curriculum. There is constant internal monitoring of groups and regular cross moderation to ensure that every child is taught in an environment where they can reach their full potential, whilst being supported to Enjoy – Learn – Perform at the level most suitable to their needs.

In Years 10 and 11 students are able to select personalised pathways where they can develop and explore areas and activities in more detail. This is a very successful model and allows students to take ownership of their learning.

The aim of the department is to give students a positive experience of Physical Education which encourages them to continue being an active member of society and improving the health of the nation.

The Physical Education Department, alongside specialist coaches, support an elite field of students who use Physical Education as a base for excellence. These students are supported by specialists to provide support and education on how to become an elite performer. All of the staff in the department are passionate about Sport and PE and providing a legacy to young people.

Through Core PE students are increasingly exposed to the GCSE wording and vocabulary used to support the transition for those taking the GCSE Physical Education Pathway.

Students in Physical Education get an opportunity to further develop their knowledge and understanding of the subject as an option at GCSE level. The department currently runs two courses; the GCSE Physical Education Course and an NCFE in Health and Fitness. Both courses allow for learner-centred assessment in the area and have strong correlation to the pathways available Post 16.

At Key Stage 5 the department offers three pathways; A Level Physical Education, BTEC Sport and BTEC Public Services.

The career pathways associated with the department are varied and widespread and students are encouraged to consider the skill sets that can be gained from Physical Education. Communication, leadership, team work, resilience and self-management are skills encouraged throughout the curriculum at all levels. Many students have gone on to have careers in the Uniformed Public Services, medicine, Sport Science, teachers and coaches as well as those who have become professional athletes.