

# Be in control

## Google Location History

### Android

- 1) Settings
- 2) Location
- 3) Google Location History
- 4) Manage Activity
- 5) Select date

### iphone

- 1) Settings
- 2) Privacy
- 3) Location services
- 4) System Services
- 5) Frequent locations OR  
Significant locations
- 6) History

# Be in control

## Advertising

### Android

- 1) Settings
- 2) Google
- 3) Ads
- 4) Opt out of Ads personalisation

### iphone

- 1) Settings
- 2) Privacy
- 3) Advertising
- 4) Limit ad tracking

**They won't use your personal info to deliver them**

# Be in control

## Find my phone

### Android

- 1) Settings
- 2) Biometrics & Security
- 3) Find my phone
- 4) Send last location

### iphone

- 1) Click Apple ID at top
- 2) iCloud
- 3) Find my iPhone



# Be in control

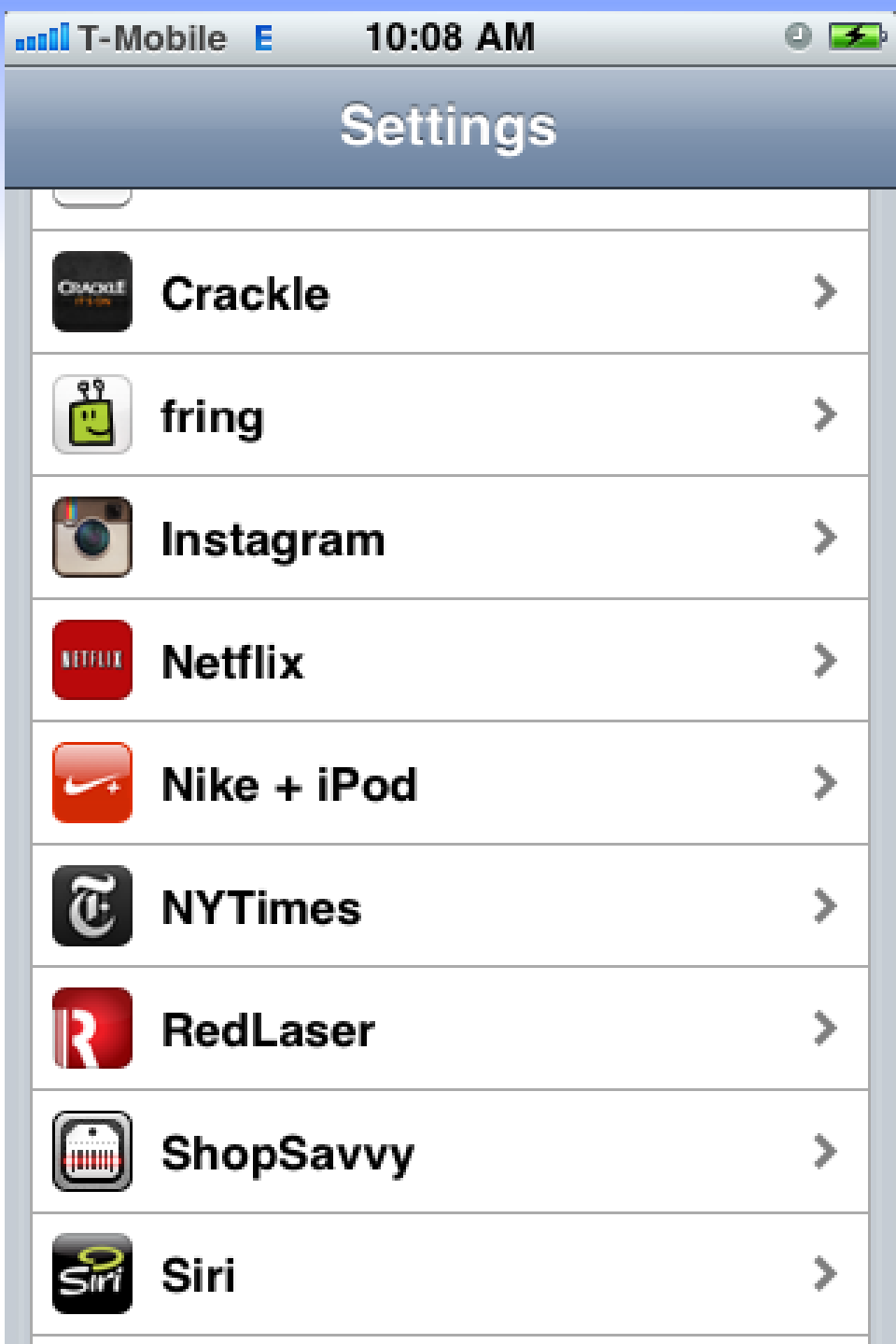
## Screen Time

### Android

- 1) Settings
- 2) Device care
- 3) Battery
- 4) Battery usage

### iphone

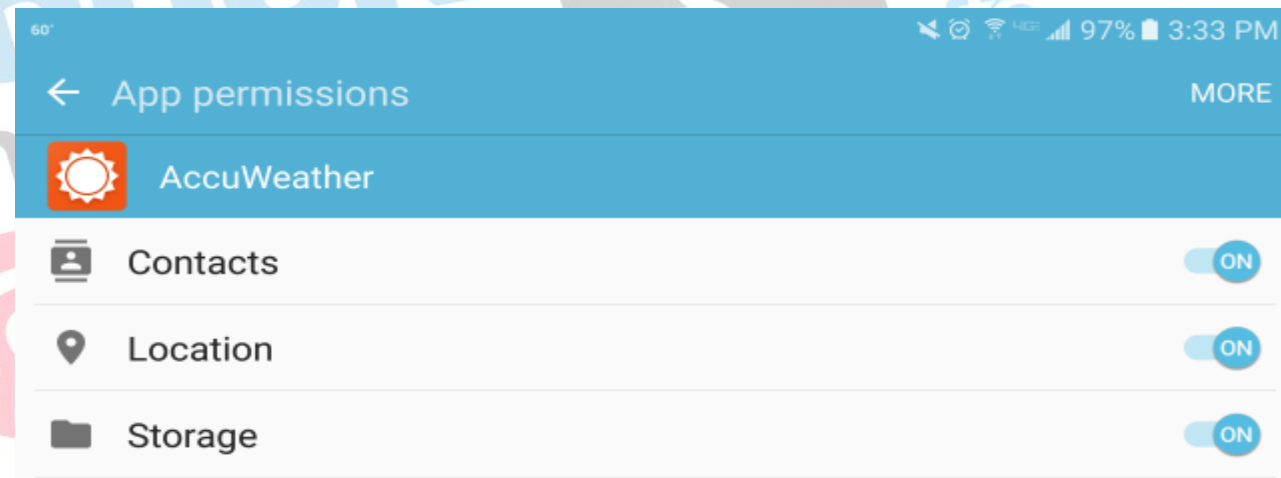
- 1) Settings
- 2) Screen time
- 3) Tap Turn on Screen Time
- 4) Tap Continue
- 5) Select this is my device



# App Permissions

iphone

- 1) Settings
- 2) Scroll down to Apps

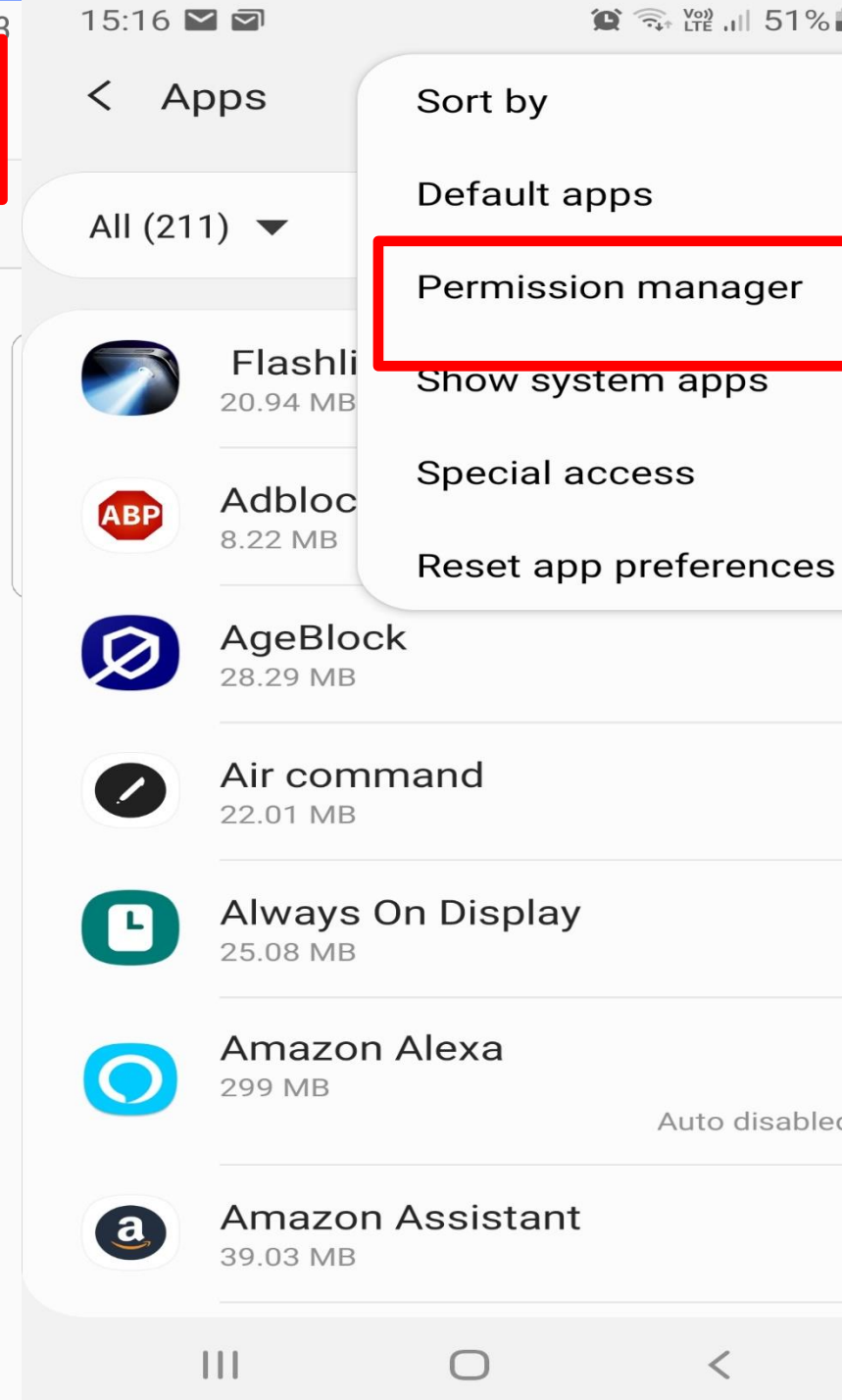
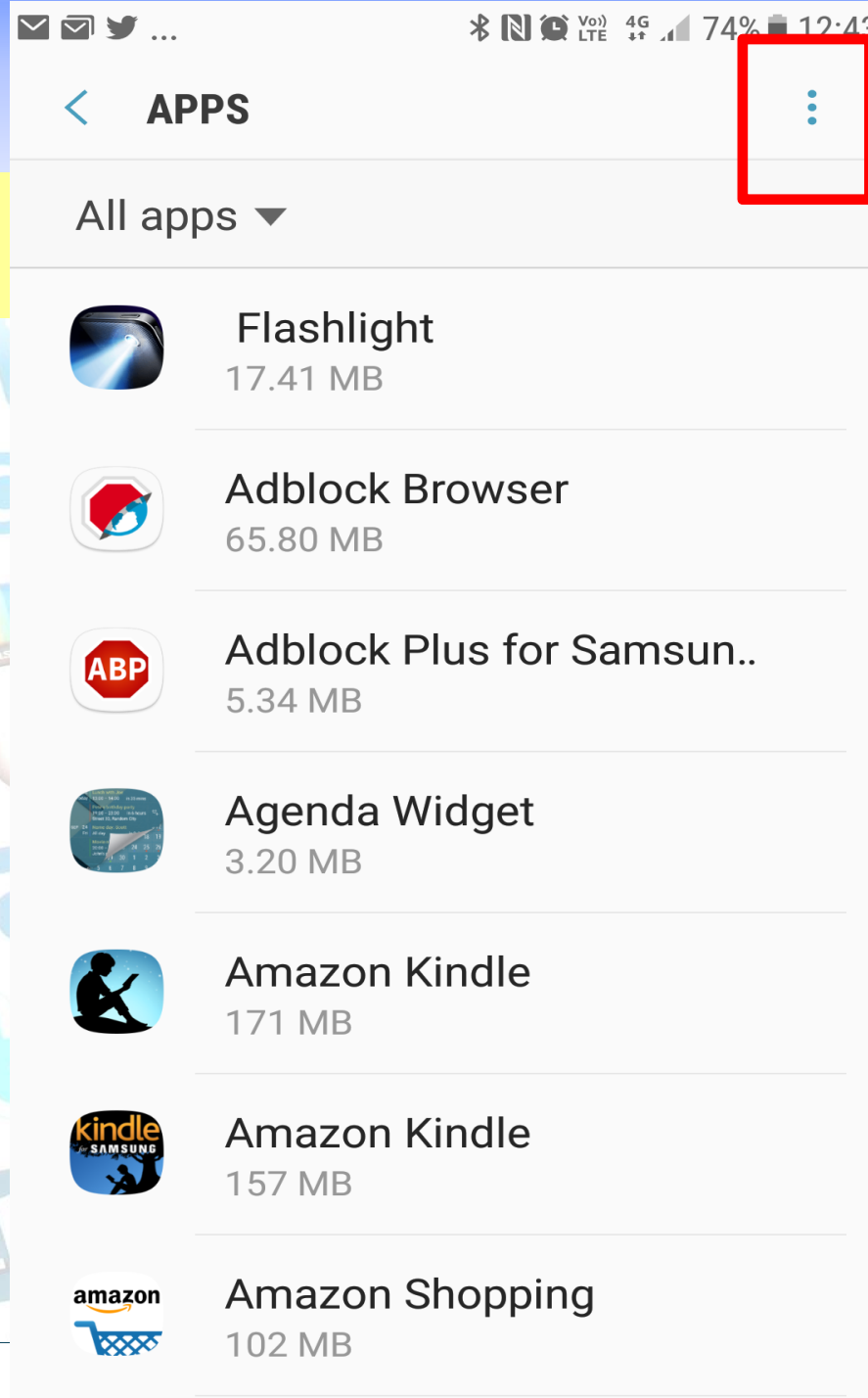


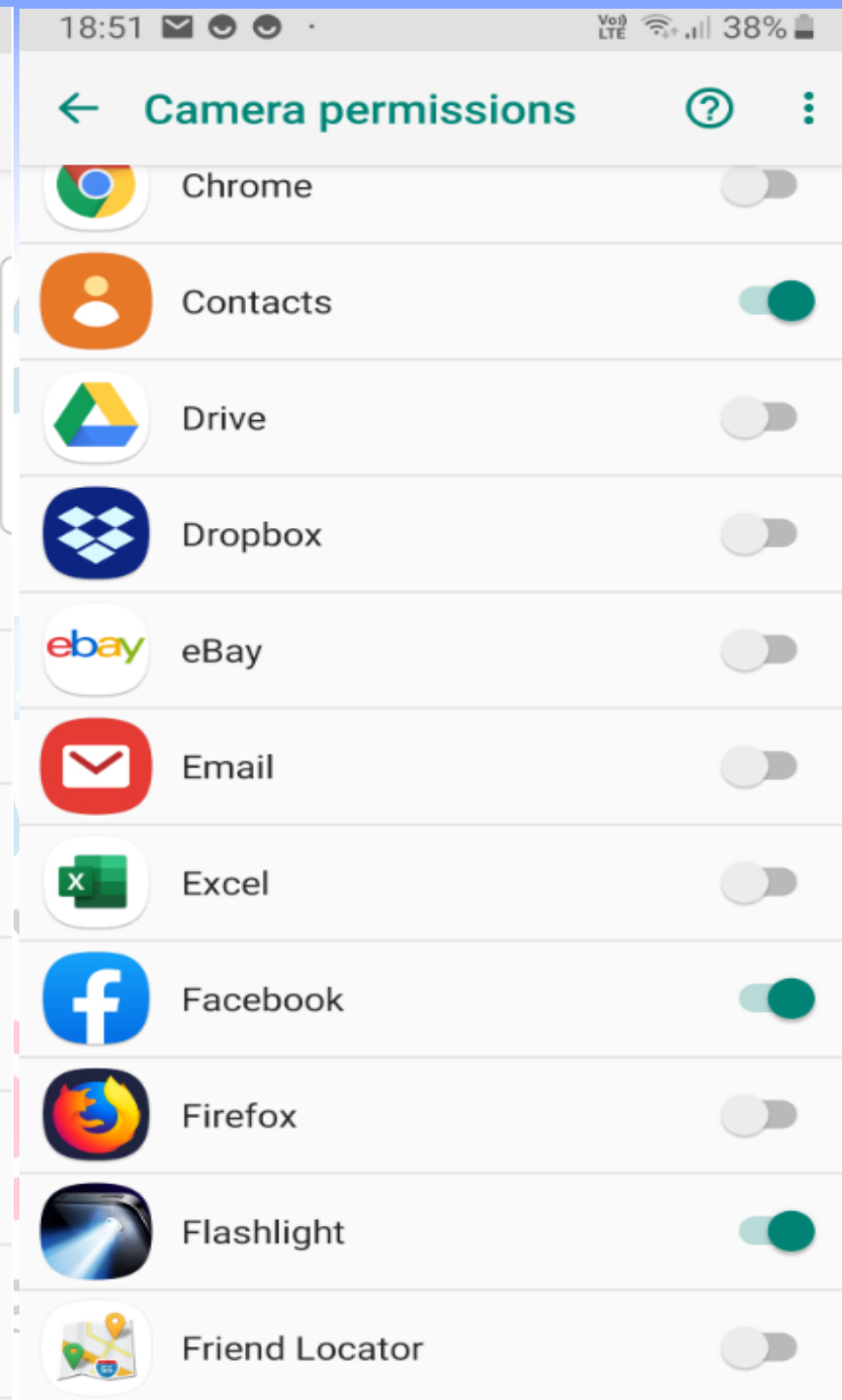
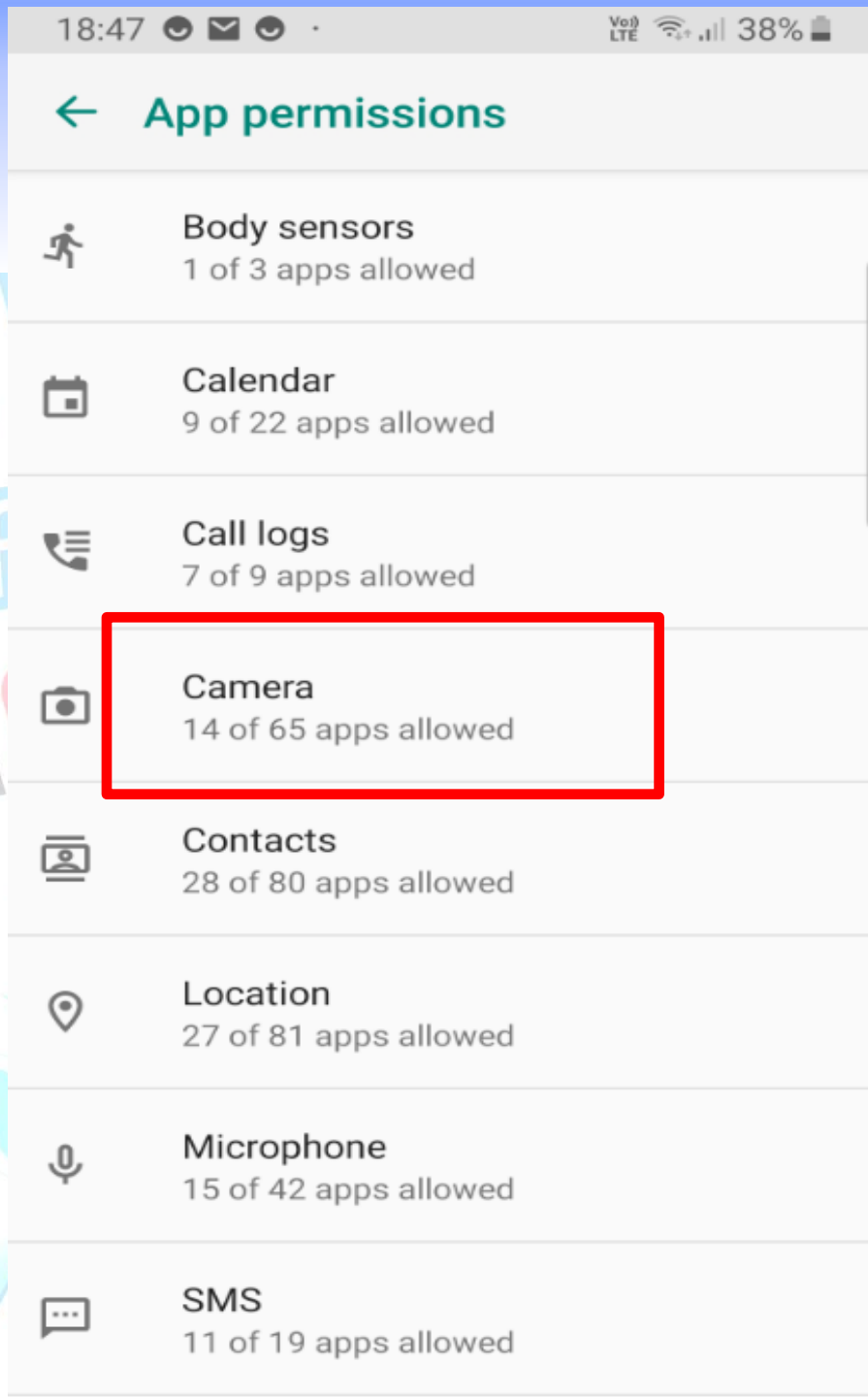


# App Permissions

## Android

- 1) Settings
- 2) Apps





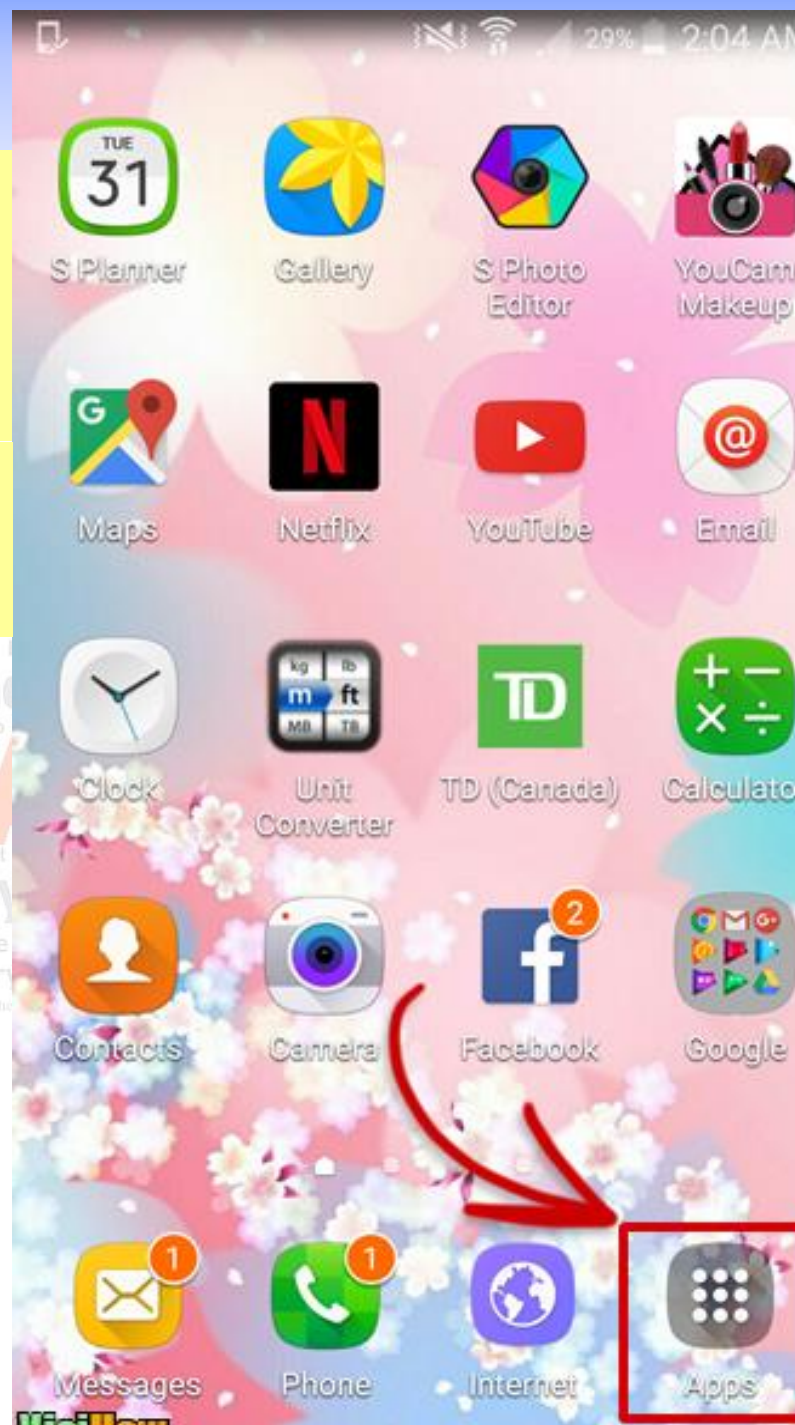
# Android

1) Home screen, tap "Apps"

2) Locate and tap "Play Store"

3) Top right

4) Settings

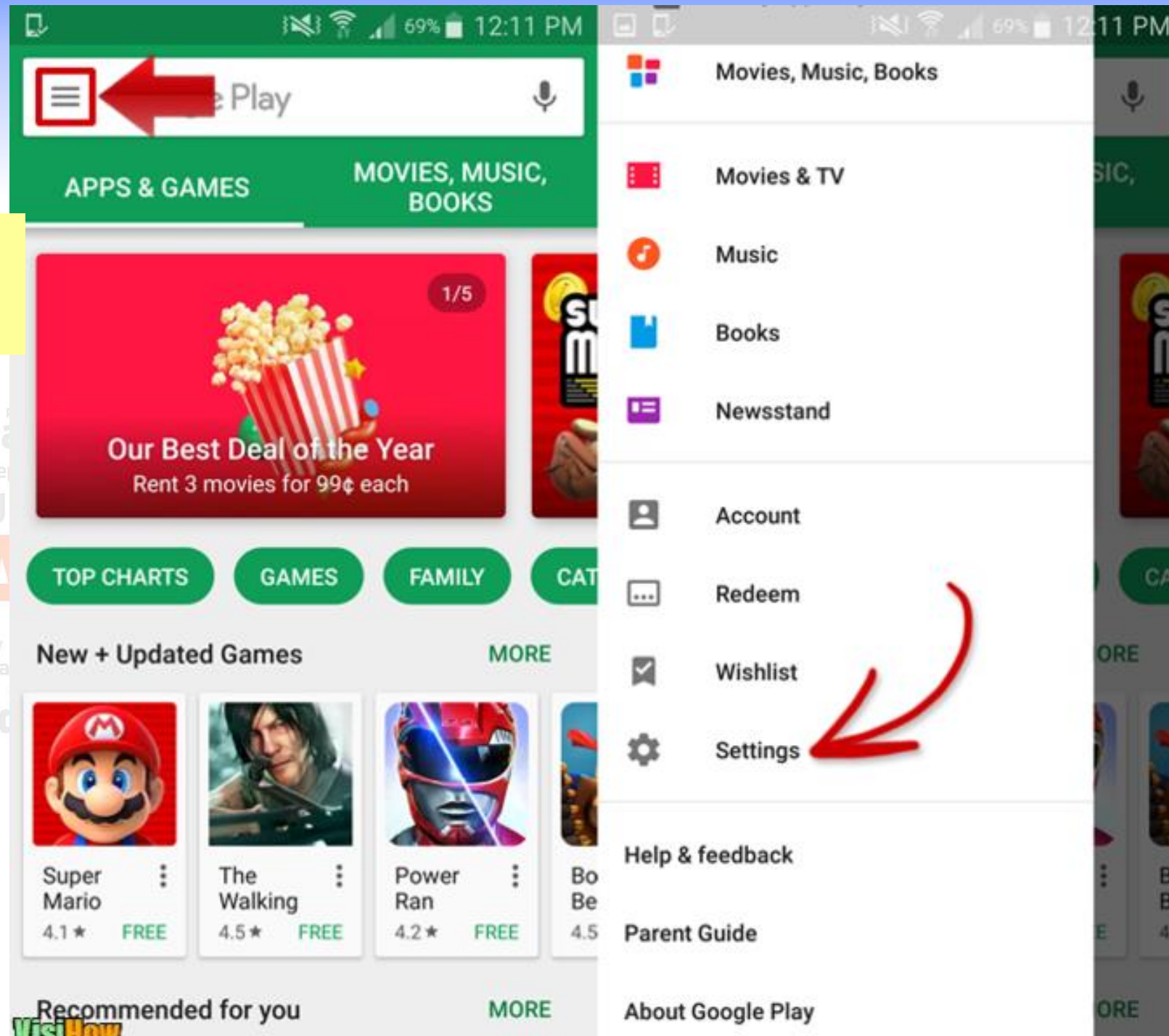
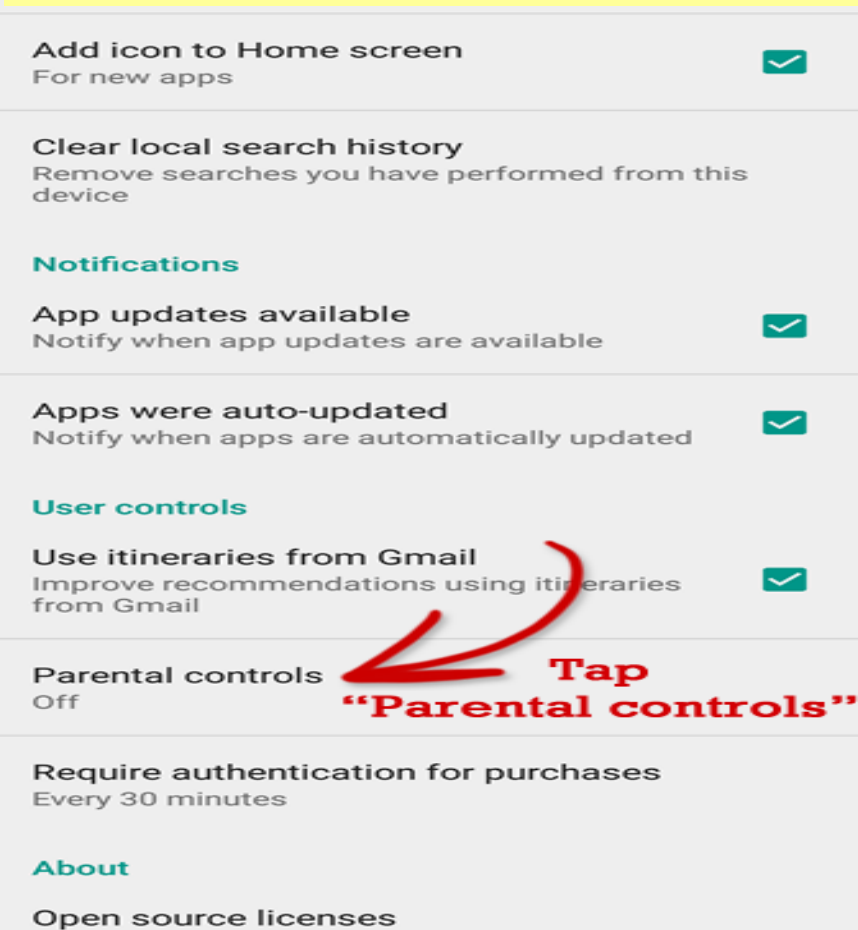


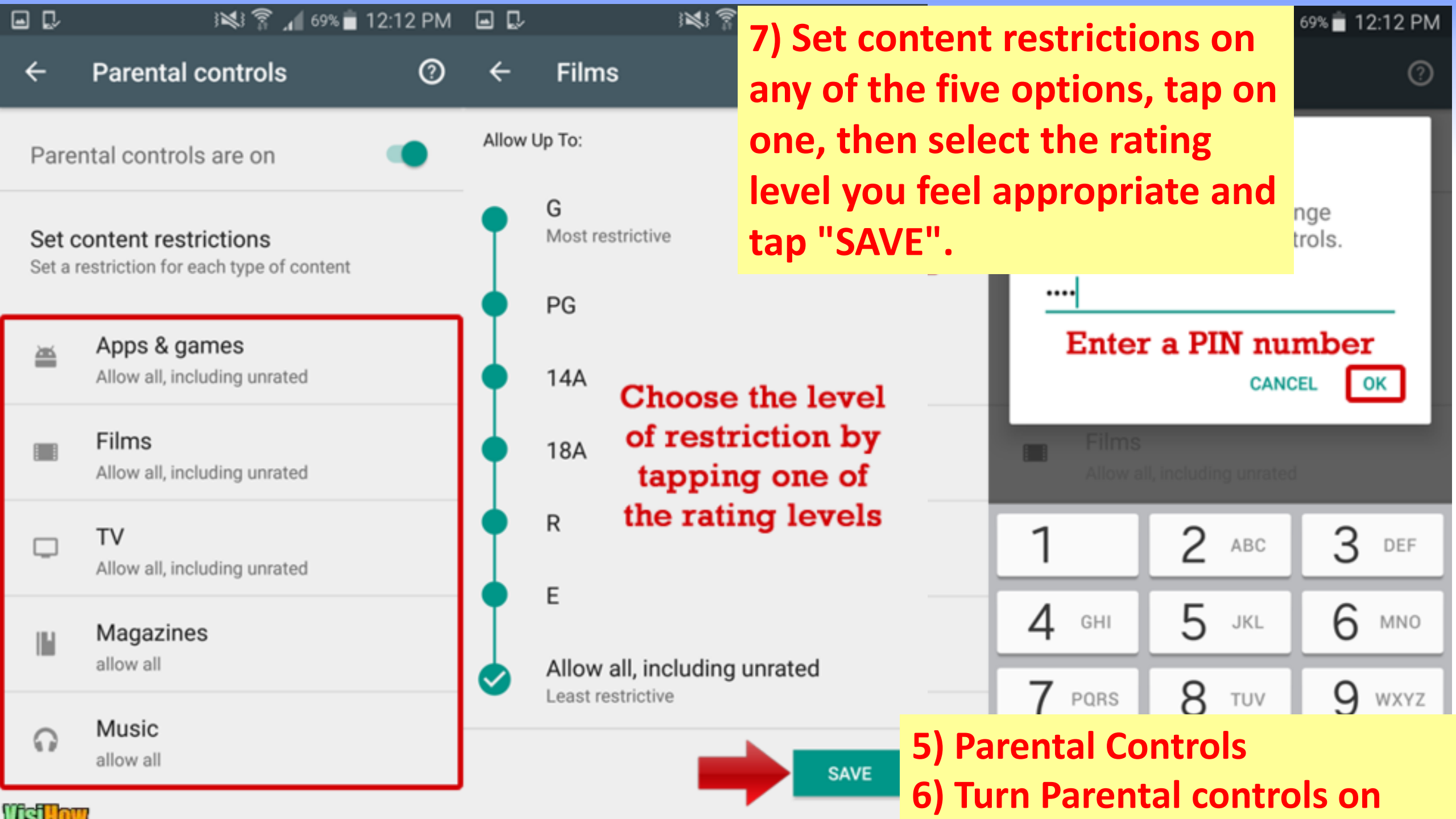


## 4) Settings

## 5) Parental Controls

## 6) Turn Parental controls on





7) Set content restrictions on any of the five options, tap on one, then select the rating level you feel appropriate and tap "SAVE".

Choose the level of restriction by tapping one of the rating levels

5) Parental Controls  
6) Turn Parental controls on

# Useful resources

