



Enrichment Bulletin 9

Virtual Enrichment Week 2020

Our planned Enrichment Week may have been put on hold, but that's no reason for students to miss out on a whole host of activities that can give new experiences, extend learning, develop an appreciation for cultural issues and bring some fun to college life. We may not be able to run a physical Enrichment Week, but there is still the opportunity for every Ivybridge student to get involved in activities that enhance their learning. We've therefore put together an electronic enrichment line-up to keep students motivated and develop their characters beyond the classroom. Thank you to all staff and students for their support in organising Enrichment Week. That initial preparation and commitment will not go to waste - it will help us ensure that when the week does go ahead in the next academic year it is even more successful than ever.

Activity	Monday	Tuesday	Wednesday	Thursday	Friday
1	<p>Fitness Foam Rolling</p> <p>1.30pm on Microsoft Teams Email Miss Mattinson (hmattinson@ivybridge.devon.sch.uk) to join the session on Monday</p>	<p>Dance Workshop (Based on Akram Khan)</p> <p>1.30pm on Microsoft Teams Email Miss Mattinson (hmattinson@ivybridge.devon.sch.uk) to join the session on Tuesday</p>	<p>Pilates</p> <p>1.30pm on Microsoft Teams Email Miss Mattinson (hmattinson@ivybridge.devon.sch.uk) to join the session on Wednesday</p>	<p>Strength & Fitness Session</p> <p>10am on Microsoft Teams Email Mr Taylor (ataylor@ivybridge.devon.sch.uk) to join the session on Thursday</p>	<p>Chester Zoo</p> <p>Virtually visit Chester zoo by following the link: https://www.chesterzoo.org/virtual-zoo-2/</p>
2	<p>Start to Gardening</p> <p>Virtually attend a class and learn some useful tips about gardening by the following link: https://www.youtube.com/watch?v=Pi1x-kyC49o</p>	<p>Cycling</p> <p>A fantastic way to keep your body and mind fit and healthy. And it is something that you can do out in the fresh air, in your own personal space.</p>	<p>First Aid</p> <p>Evidence shows that as many as 2.7 million people per year visit A&E following an accident at home. Virtually attend different classes by following the link: https://www.youtube.com/playlist?list=PLvd0isBh6beQJ1YrIssqzKoXY_aw-qvoW</p>	<p>Gymnastics Training</p> <p>1.30pm on Microsoft Teams Email Mr Saunders (asaunders@ivybridge.devon.sch.uk) to join the session on Thursday</p>	<p>Theatre Jazz Dance Workshop</p> <p>1.30pm on Microsoft Teams Email Mrs Gardiner (ngardiner@ivybridge.devon.sch.uk) to join the session on Friday to learn repertory from greatest showman</p>
3	<p>Bread Making with Jamie</p> <p>Virtually attend a cooking class with Jamie Oliver and learn how to bake bread by the following link: https://www.youtube.com/watch?v=VrUdtzXquWk</p>	<p>Card Making</p> <p>Virtually attend a class to learn how to make greeting cards by the following link: https://www.youtube.com/watch?v=iAMg9LN1Hno</p>	<p>Create a Time Capsule</p> <p>Virtually attend a class and learn how to make a time capsule of this time to be opened in 10 years by the following link: https://www.youtube.com/watch?v=n5eL81RXxXE</p>	<p>How to Grow Things</p> <p>Virtually attend a class to learn how to use offcuts or seeds from fruit, vegetables or plants, grow a new plant in your house or garden by following the link: https://www.youtube.com/watch?v=jARH5kKAAQM</p>	<p>The Family Tree</p> <p>Virtually attend two classes and learn how to research your family tree - see how far back you can go by the following link: https://www.youtube.com/watch?v=HalYXGjYDg https://www.youtube.com/watch?v=Ost4KRcQMxQ</p>
4	<p>Hollywood Studios</p> <p>Virtually visit Hollywood Studios and watch a Car Stunt Show by following the link: https://youtu.be/Qq6MGyykf-c</p>	<p>Visit the Aquarium</p> <p>Virtually visit the Aquarium by the following link: https://www.neaq.org/visit-at-home-events-and-activities/</p>	<p>Sea World, Florida</p> <p>Virtually visit Sea World in Florida and watch Whale Show by the following link: https://youtu.be/u7MvJlejDA</p>	<p>Disneyland</p> <p>Virtually visit Disneyland and try out the virtual rides by the following link: https://laist.com/2020/05/07/virtual-theme-park-disneyland-universal-studios-ride-videos.php</p>	<p>Sea Lion Show</p> <p>Virtually visit Florida again but this time to watch a Sea Lion Show by the following link: https://youtu.be/cC3A4IYdzfo</p>

Employability and Work Experience Support

Year 10 and 12 students may be disappointed that they are not attending work experience placements this week. But don't despair! We've pulled together some tips and guidance so that you can use your time effectively to help you explore your future workplace and boost your path to professionalism.

Youth Employment website: careers help for young people

Build your life and work skills – whatever stage you're at in your career journey

- <https://www.youthemployment.org.uk/employment-help-young-people/>
- <https://barclayslifefskills.com/young-people/>
- <https://www.bbc.co.uk/teach/skillswise/job-skills/zdh8vk7>

Success at School Website

The place for young people to explore careers, get the lowdown on top employers, and search for the latest jobs, courses and advice.

- <https://successatschool.org/>

How to Write Your First CV – Tips for Students

- <https://successatschool.org/advisedetails/201/How-to-write-a-CV>
- <https://www.youthemployment.org.uk/get-job-ready/get-interview-ready/cv-tips/>
- <https://www.youthemployment.org.uk/write-first-cv-tips-students-school-leavers/>
- https://www.youtube.com/watch?v=MDSuviju_Yo
- https://www.youtube.com/watch?v=uG_LKVJjuAc

