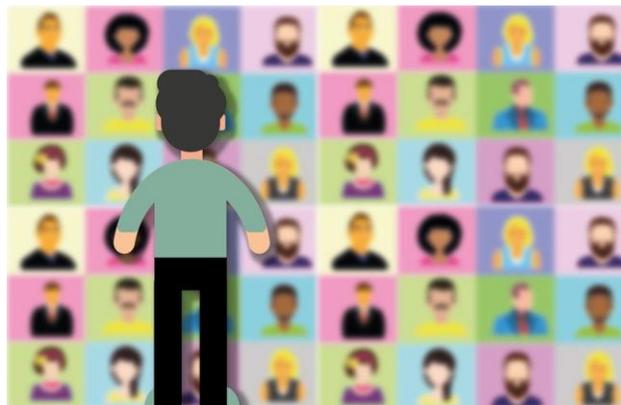




COVID 19 Update

Hello again for another week. Unfortunately, the message that I issued last week about not being able to admit additional, visiting students onto the ICC campus still stands, which means that at the moment, I cannot update you on when we will be able to stage a formal leaving procedure for you – one where you can come in and complete your leaving form, and return textbooks, lanyards and other College property. When we know more, we will share details with you.



I do have to inform you of a change in how we communicate the messages that have been included in these bulletins over recent weeks, though. On Monday, 15 June, I will release a video message to you all, which will be followed up by a request from your Tutor to meet virtually on *Microsoft Teams* at some point over the course of the week. This process will be repeated again in the week commencing 29 June. It would be lovely to see as many of you as possible in these meetings – I know that your Tutors would love to see you, particularly given the abrupt end to your school careers, and I would hope that through

discussion about all of your current situations and plans that you may pick up some useful pieces of information that could help you going forward. Moreover, the sessions will be a source of further news and information of the likes that would usually feature in this bulletin. I know you will all have varying experiences of using *Teams* for interacting with your teachers and classes, and perhaps many of you haven't yet used the application, so full details of how to set yourself up can be found [here](#).

Wellbeing

Following on from last week, I'm really hoping that you are finding time to reconnect with others. Again, we must all remember to follow the government guidance, not only to keep yourself safe but to prevent the spreading of the virus in the general population. You are playing your part by following the social distancing rules.

This week, Mrs Ryder has provided us with some more top tips for maintaining good mental wellbeing during isolation (see overleaf). Many of you may also have found some positive aspects of lockdown, though, and it is just as important to recognise what you have enjoyed as spending time countering the negative aspects. I think many people are taking this current opportunity to reassess what is important to them in life going forward, and for you guys, at your age, you can make changes that could last over half a century!

As ever, please feel free to contact Mrs Street (sstreet@ivybridge.devon.sch.uk) or Ms Daniel (kdaniel@ivybridge.devon.sch.uk) if you would like to discuss pastoral support available.



HOW TO MAINTAIN GOOD MENTAL WELLBEING DURING ISOLATION

WELLBEING IS ABOUT BEING ABLE TO EXPERIENCE GOOD HEALTH, HAPPINESS AND HIGH LIFE SATISFACTION, INCLUDING MANAGING YOUR STRESS. IT'S NOT ALWAYS EASY TO FIND THE RIGHT STRATEGIES TO ESTABLISH AND MAINTAIN YOUR WELLBEING. OFTEN THE MOST SUCCESSFUL METHODS ARE UNIQUE TO YOU AND ONES THAT CAN BE CONSISTENTLY APPLIED LIKE FOR INSTANCE, EVERY WEEK.

TOP TIPS FOR ALL

MINDSET & THOUGHTS

SOMETIMES, WE CAN ONLY SEE THE PROBLEMS AND CHALLENGES. TRY TO TAKE A FEW MOMENTS EVERY DAY TO REFLECT. PERHAPS THROUGH WRITING IN A JOURNAL OR SPENDING FIVE MINUTES IN THE MORNING TO NOTICE SOMETHING WE CAN BE THANKFUL FOR AND FEEL POSITIVE ABOUT.



KEEP PHYSICALLY ACTIVE

STUDIES SHOW THAT THERE IS APPROXIMATELY A 20-30% LOWER RISK OF DEPRESSION FOR ADULTS PARTICIPATING IN DAILY PHYSICAL ACTIVITY. TRY TO GO FOR A WALK DURING THE WEEK OR JOIN A CLASS OR LOCAL COMMUNITY GROUP. MANY PEOPLE FIND THAT JUST THE CONNECTION WITH THE OUTDOORS HELPS TO 'RESET' THEIR MIND AND WELLBEING FOR THE DAY.



POSITIVE THOUGHTS

WHEN YOUR THOUGHTS ARE OVERWHELMINGLY NEGATIVE, WE CAN FIND IT HARD TO FIND HEADSPACE TO THINK POSITIVELY. TRY THIS... IMAGINE YOU ARE SAT ON TOP OF A HILL AND YOU ARE LOOKING DOWN AT A TRAIN TRACK BELOW WHERE TRAINS ARE COMING AND GOING. NOW IMAGINE THE TRAINS ARE YOUR THOUGHTS. WATCH THEM COME AND GO. BUT DON'T GET ON THE TRAIN. JUST WATCH THE THOUGHTS COME AND GO IN YOUR MIND WITHOUT ACTUALLY FOLLOWING THE NEGATIVE ONES DOWN AN UNHELPFUL/NEGATIVE TRACK JUST WATCH IT PASS!



GOOD QUALITY SLEEP ZZZZZ

IF YOUR MIND FEELS FULL UP OR YOUR EMOTIONS ARE OVERWHELMING, YOU WILL FIND IT HARD TO ENJOY A GOOD NIGHT'S SLEEP. THERE ARE LOTS OF FREE MEDITATION AND SOOTHING SOUND VIDEOS ON YOUTUBE (WAVES, RAIN, CALMING MUSIC) OR FIND A PODCAST WHICH IS FUNNY OR HUMOROUS. WRITE YOUR THOUGHTS DOWN ON A PAD OR CREATE A 'TO DO' LIST. THEN PUT THE PAD OUT OF SIGHT UNTIL THE MORNING. DEEP BREATHING FOR AT LEAST 3 MINUTES CAN ALSO HELP. IN SLOWLY THROUGH YOUR NOSE AND OUT SLOWLY THROUGH YOUR MOUTH.

EAT WELL

A 2014 STUDY FOUND HIGH LEVELS OF WELLBEING WERE REPORTED BY INDIVIDUALS WHO ATE MORE FRUIT AND VEGETABLES. THE KEY TO BALANCING EATING WELL WITH BUSY FAMILY LIFE IS TO PLAN AHEAD. IF YOU CAN PLAN WEEKDAY MEALS AND BUY THE INGREDIENTS AHEAD OF TIME THIS REDUCES THE NUMBER OF 'LAST MINUTE' UNHEALTHY MEALS.



ACCEPTING HELP

WE MUST BE ABLE TO LEAN ON OTHERS WHEN NECESSARY. IT IS UNREASONABLE FOR US TO ASSUME WE WILL NEVER NEED HELP THROUGHOUT OUR LIFE. THIS MEANS ACCEPTING HELP WHICH MAY BE VOLUNTEERED OR ASKING WHEN THE NEED ARISES. THE HELP COULD BE THROUGH A FRIEND, RELATIVE OR SERVICE YOU TRUST, INCLUDING NATIONAL HELPLINES.



DOING GOOD DOES YOU GOOD

THERE IS A STRONG RELATIONSHIP BETWEEN WELLBEING AND COMPASSION. DOING GOOD CAN HELP LOWER STRESS LEVELS AND IMPROVE YOUR WELLBEING AND MENTAL HEALTH. HOWEVER, THIS CAN ALSO WORK THE OTHER WAY AND YOU SHOULD ALWAYS ENSURE THAT YOU ARE NOT HELPING OTHERS AT THE COST OF YOUR OWN WELLBEING.



STAYING CONNECTED

HIGHER RATES OF MENTAL HEALTH PROBLEMS, SUCH AS DEPRESSION AND ANXIETY, ARE ASSOCIATED WITH LONELINESS AND SOCIAL ISOLATION. OFTEN SOCIALISING WITH OTHERS CAN FEEL LIKE A LOT OF EFFORT IN THE EVENING WHEN WE'RE TIRED. HOWEVER, HEALTHY RELATIONSHIPS AND CONNECTIONS TO OTHERS HAVE A SIGNIFICANT IMPACT ON MAINTAINING GOOD WELLBEING. USING VIDEO CALLS, LIVE STREAMING OR 'FACETIMEING' IS A GREAT WAY TO KEEP IN TOUCH WITH FRIENDS AND FAMILY IF YOU'RE FEELING ISOLATED. IF YOU PREFER CALLING, PICK UP THE PHONE FOR A CHAT. MAINTAINING GOOD RELATIONSHIPS HELPS TO SET A GOOD EXAMPLE FOR CHILDREN, AS THEY NOTICE AND IMITATE THE BEHAVIOUR AND EMOTIONS OF THOSE AROUND THEM.



The National College

MEET OUR EXPERT

THIS GUIDE HAS BEEN WRITTEN BY ANNA BATEMAN. ANNA IS PASSIONATE ABOUT PLACING PREVENTION AT THE HEART OF EVERY SCHOOL, INTEGRATING MENTAL WELLBEING WITHIN THE CURRICULUM, SCHOOL CULTURE AND SYSTEMS. SHE IS ALSO A MEMBER OF THE ADVISORY GROUP FOR THE DEPARTMENT FOR EDUCATION, ADVISING THEM ON THEIR MENTAL HEALTH GREEN PAPER.



FOR FURTHER INFO, CHECK OUT THESE ONLINE RESOURCES:

<https://www.rhshk>

<https://www.mentalhealth.org.uk>

<https://www.hmgwell.org.uk>

<https://www.mentalhealth.org.uk>

Web: www.thenationalcollege.co.uk | Email: enquiries@thenationalcollege.co.uk | Facebook: @thenationalcollege | Twitter: @thenatcollege

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 25.03.2020



Impact of Covid-19 on your examinations

There have been no major announcements for students in the last week. Remember, your results will be released as initially planned on Thursday, 13 August. Hopefully, this means that we will open the College for you to receive your results in the normal way on the morning of 13 August.

University update

By the time you read this, Mrs Terry and I will have held our *Teams* university chat session to discuss how you are feeling about starting university in the Autumn and to share opinions. We will share a summary of key points discussed in the near future.

Careers

Remember, you still have access to *Unifrog*, and you now have plenty of time now to be thinking about your career if you haven't done so already. Mrs Bartlett, our Careers Advisor, is also available to give careers advice over the phone. She can be contacted in the first instance at hbartlett@ivybridge.devon.sch.uk.

National Careers Service support

As well as your having access to *Unifrog*, The National Careers Service is available to offer support with careers, jobs and learning over the phone, [online](#) and through social media. If you, or someone you know needs support, get in touch on 0800 100 900 or find them [online](#).



Free advice on your CV

The National Literacy Trust is providing free advice from industry experts on CVs. Click on the link [here](#) to find out more.



Suggested home activities

Weekly news quiz

The weekly quiz continues to be available on Socrative at <https://b.socrative.com/login/student/>. Enter the Room named **SIXTHFORMQUIZ**.

The Oxford Union Podcast Series



the **OXFORD UNION**

As you may know, the Oxford Union is the debating society at the University of Oxford and the largest student society in the world. Each term, they host visits from world leaders and celebrities in their prestigious debating chamber: Presidents Nixon, Carter, and Reagan; the leaders of the March for our Lives movement; and the journalists who broke the Harvey Weinstein story have all engaged with the union. They also host debates on some of the key issues of our times, from President Trump's impeachment, the rise of authoritarianism, to solving Climate Change.

This term, they have put together the Oxford Union podcast series, since business as usual is impossible. This has two advantages: their speakers come from an even more international background, and their content is now available freely to anyone who might be interested as podcasts.

Between April 27 and June 20, their podcasts play host to leading politicians, journalists, activists and actors. This includes Gina Miller, Ted Cruz, Katya Adler, Brian O'Driscoll, Loretta Lynch, Christina Lamb, Jeb Bush, the Executive Director of UNAIDS, Jane Goodall, and the Chief Scientist of WHO.

They also host debate style roundtable discussions, on issues ranging from Afghanistan, Russia and the future of the Democratic Party, to the Refugee Crisis. Four of these sixteen podcasts are part of a special series on the COVID-19 crisis, in addition to which they have four further weekend specials such as our most recent book club episode.

Linked here is their online [termcard](#), which contains the full line up of podcasts, including release dates and timings. These would be well worth a listen for interest or as a super-curricular activity.

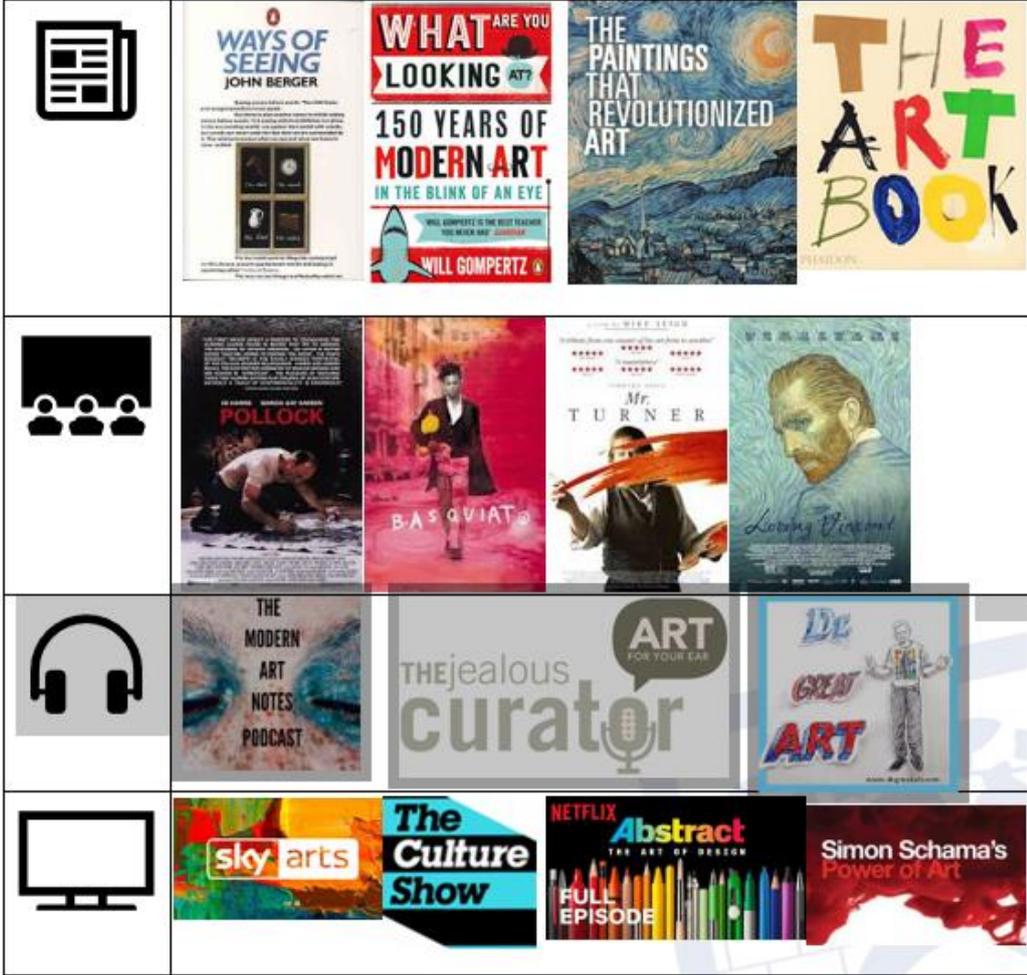
Continuing your Sixth Form subject learning

The message from me has not changed here: I thoroughly suggest that you continue to study your Sixth Form subjects in some form, particularly if you are going to be using the subject knowledge at a higher level, such as at university, but also in case you want to sit the proposed Autumn examinations.

To help you structure this work, and to give you some suggestions for bridging work between Sixth Form and further study, your teachers have provided information on what you can do to complete and consolidate your Sixth Form learning, and to prepare for further study in their subject areas. This is shown in the table below. Your teachers are still available for you to contact by e-mail, and if you would like further clarification, suggestions or support, please contact them.

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Subject	Activities
Art & Design	<p><i>Enrichment</i></p> <p>All Artists looking to pursue a university course within the Arts should expect to continue your practical work, particularly drawing and undertake wider reading to prepare you for contextual elements of your courses.</p> <p>Undoubtedly most Universities will contact you with pre-course reading tasks and in some cases a practical project which you should undertake, but some core reading, films etc. are noted below to get you started.</p> <p>†</p>  <p>The grid contains the following items:</p> <ul style="list-style-type: none"> Icon of a book. Book cover: <i>WAYS OF SEEING</i> by JOHN BERGER. Book cover: <i>WHAT ARE YOU LOOKING AT?</i> by WILL GOMPERTZ. Book cover: <i>150 YEARS OF MODERN ART IN THE BLINK OF AN EYE</i> by WILL GOMPERTZ. Book cover: <i>THE PAINTINGS THAT REVOLUTIONIZED ART</i>. Book cover: <i>THE ART BOOK</i> by PRENTICE HALL. Icon of three people. Movie poster: <i>POLLOCK</i>. Movie poster: <i>BASQUIAT</i>. Movie poster: <i>Mr. TURNER</i>. Movie poster: <i>Loving Vincent</i>. Icon of headphones. Podcast cover: <i>THE MODERN ART NOTES PODCAST</i>. Podcast cover: <i>thejealous curator</i>. Podcast cover: <i>ART FOR YOUR EAR</i>. Podcast cover: <i>DE GREAT ART</i>. Icon of a TV screen. TV show cover: <i>sky arts</i>. TV show cover: <i>The Culture Show</i>. TV show cover: <i>NETFLIX Abstract THE ART OF DESIGN FULL EPISODE</i>. TV show cover: <i>Simon Schama's Power of Art</i>.
Biology	<p><i>Revision tasks</i></p> <p>You have already been emailed a link to our Biology Revision Folder (V:\Science\A-Level Biology\1. Closure Work\Year 13) where you will find past papers and exam questions broken down into their relevant modules. Spend some time looking through the areas that you have found most challenging. The specification and lesson breakdown are also in the folder in case they are useful to you.</p> <p><i>Enrichment</i></p> <p>Spend some time reading some scientific literature online that is related to your chosen field at university. Some possible websites of interest might be:</p> <p>https://www.sciencedaily.com/news/ https://phys.org/biology-news/ https://www.newscientist.com/article-topic/biology/</p> <p>Most university websites also have a summary of the research that they are carrying out. Have a look at your chosen university to find out about the types of research that you are likely to hear about in lectures and tutorials and try to find out more about these areas from other sources.</p>

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<p>Business Studies and Economics</p>	<p><i>Revision tasks</i> Continue to access Economics and Business independent learning in Classwork folders at: W:\2014-13\Business\INDEPENDENT LEARNING FOLDERS</p> <p><i>Enrichment</i> Keep monitoring your university websites to see if they are issuing any pre-course tasks! If you are continuing your studies then I recommend for the Economists to look at the RES Economics Essay Competition. For both Economics and Business, continue to follow the news and look at the Economic and Business impact of the coronavirus which is significant and poignant at the moment. You now need to look to continuing your studies in Economics and business and we have a comprehensive independent learning folder which will allow you to systematically review your economics and business knowledge and understanding.</p> <p>Please email any one of your teachers if you have any questions. sbrooks@ivybridge.devon.sch.uk cdeacon@ivybridge.devon.sch.uk dstockley@ivybridge.devon.sch.uk ashillabeer@ivybridge.devon.sch.uk</p>
<p>Chemistry</p>	<p><i>Revision tasks</i> Complete the end-of-chapter summary questions for any remaining units, and mark using the mark scheme in Handouts\Science\A Level Chemistry\Textbook End-of-chapter summary answers. Create a Practical revision resource for the course. One of your A Level papers is exclusively dedicated to practical skills. You have 10 Practical Activity Groups (PAGs) that you have completed over the two years (see the specification). However, the best resource for structuring your revision resource is the section at the back of your textbook – cover everything in here! Also, review your PAGs and add anything from the method or, especially, the extension questions. Also, remember that this is a revision resource: only include details that are not already obvious or known to you (keep it trim!). Complete practice questions for the rest of the course. I would suggest starting with the most recent past-papers from when the specification changed; i.e. the specimen papers and the papers from 2016-2018 (you can do the AS Level and A Level ones). This will give you the best training for the question style. Then you can go into the old specification past paper questions. All of these can be found in Handouts\Science\A Level Chemistry\Past Papers. I would focus on mixed questions over specific topics (unless you spot weaknesses, and then find specific topics on Physics and Maths Tutor), as this is what the exam will be like.</p> <p><i>Enrichment</i> If you want to take a look at some university-level chemistry content, iTunes U has a free resource from Ohio State University in America with video tutorials. It's not presented at a ridiculously high level; in fact, many of the topics will be very familiar and not take you too much further than what you already know. It's a nice bridging resource. GENCHEM by The Ohio State University (https://itunes.apple.com/es/course/id529130214?l=en).</p>
<p>Computer Science</p>	<p><i>Revision tasks</i> Any revision should review your understanding with the RAG tracker, update the Big Sheets, and of course use the Craig n Dave videos on YouTube. You can also complete all of the past papers in the folder you were given before these very unusual circumstances. All the past papers and mark schemes are on the VLE here: http://vle.ivybridge.devon.sch.uk/course/view.php?id=130 ; where QP means Question Paper and MS means Mark Scheme.</p> <p><i>Enrichment</i> Research your degree and post College choices. What modules will you cover? What could you start with now to get ahead for when your courses / careers start? For Computer Science, this short set of videos is also a broad coverage of issues within Computer Science https://www.youtube.com/watch?v=CINVwWHlZY&list=PL96C35uN7xGLLeET0dOWaKHkAIPrkchaWe. You can also keep in touch with the news, from the BBC https://www.bbc.co.uk/news/technology/ / Wired https://www.wired.co.uk/topic/technology or CNET https://www.cnet.com/news/. Also have a look at the videos in the Computerphile playlist: https://www.youtube.com/user/Computerphile</p>

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	<p>Finally, keep your hand in some programming – any independent project you wish!</p>
<p>Criminology</p>	<p><i>Revision tasks</i> Please make use of the wide range of assessment materials and content resources in V:\CRIMINOLOGY to finalise and cement your Criminological understanding and knowledge.</p> <ul style="list-style-type: none"> • In the folder <u>5. TRS Examination Schemes of Learning</u> you will find resources covering the entire content of Unit 2 and Unit 4. Use the <u>0.TRS Admin</u> folders inside Unit 2 and Unit 4 to check your understanding of the topics of Unit 2 and Unit 4 and also to refresh your knowledge of the specialist vocabulary. • In the folder <u>3. Examination Workbooks</u> you will find copies of the Unit 2 and Unit 4 workbooks. Review, and complete if necessary, the activities in the workbooks. <p><i>Enrichment</i> There are a number of good Criminological documentaries and series to watch which will allow you to apply and consider your learning from Unit 1, Unit 2, Unit 3 and Unit 4. As you watch these documentaries, consider how your Criminological understanding and knowledge allow you to critically engage with the crimes and cases outlined.</p> <ul style="list-style-type: none"> • Crime and Punishment – Channel 4. <i>An inside peek into the agencies of social control we explored throughout Unit 4. Specific reference to the limitations of these agencies in achieving the aims of punishment and social control.</i> • The Capture – BBC. <i>A mystery thriller that examines the manipulation of modern surveillance technology examined in Unit 4 and how this can lead to miscarriages of justice explored in Unit 3.</i> • The Victim – BBC. <i>A series following the court trial of the mother, who is accused of inciting violence through social media in order to reveal the new identity of the man who, as a child, murdered her son with links to the debate between the Crime Control Model and Due Process Models explored in Unit 4. The series raises questions about the true aims of punishment, discussed in Unit 4, and provides an example of restorative justice, examined un Unit 2 and Unit 4.</i> • CourtTV.com – insight into the American courtrooms. Might help you further your understanding of what happens. • Prison documentaries such as Inside Prison on ITV or Prison Life on Channel 5 would give you an insight into the Prison world so you can begin to think about the process of rehabilitation and whether it is productive or not. • Now you have time, fully explore the controversial cases like Stephen Lawrence, OJ Simpson and Sean Hodgson <p>You could also complete a MOOC on criminology – there are several to choose from including Criminology: a study of doughnuts!</p>
<p>Dance</p>	<p><i>Revision</i> Design an A Level Guide for the new Year 12 Dance students with facts and useful tips that we can use when we meet our new Year 12! The do's and dont's of A level dance!! This will also be used on the College website!!!</p> <p><i>Enrichment</i> If students want to carry on with Dance at College/university: Area of Study – Rambert Dance Company</p> <ol style="list-style-type: none"> 1. Complete Rambert Revision Log 2. Create Flash Cards on Rambert using lesson content and revision pack 3. Complete Short Answered Questions on Rambert and send to GDN 4. Complete 2 X Rambert Essays set and send to GDN 5. Stretch : Complete Extra essays from Rambert Essay Questions <p><i>Further enrichment activities for Dance</i></p> <ul style="list-style-type: none"> • Classes have been offered to students following their timetable • Attend Senior Dance Company Class via Micro soft Teams on Monday 3.30pm • Go to - https://www.youtube.com/user/enballet English National Ballet Virtual Ballet Classes • Go to - https://www.youtube.com/user/sadlerswells Virtual Contemporary Dance Classes.

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<p>Drama and Theatre</p>	<p><i>Revision</i> Write a reflective document on your learning in A Level Drama. Design it with the idea in mind that it can be displayed on open evenings to prospective students, either as a physical handout or a visual display. It can include a comparison of your skills and knowledge at the start and end of the course. Include examples of teaching, exercises, experiences, or study practices that enabled you to achieve your outcome. This might also be advice for the prospective student reading the leaflet/display. Submit via email to Mr Ellis.</p> <p><i>Enrichment</i></p> <p>National Theatre Collections https://www.dramaonlinelibrary.com Username: 3Px2Rh, Password: 4Va/2Bd/</p> <p>Clickview https://online.clickview.co.uk/ Username and Password: normal College account details.</p> <p>BBC Sounds Explore the BBC Sounds app for outstanding content regarding the theatre arts; interviews, articles, reviews, etc. Keep in touch with the current developments in the industry.</p>
<p>English Literature</p>	<p><i>Revision tasks</i> Suitable activities are saved in: Handouts/English/English Home Learning/2 All years Summer 1 HL/A LEVEL LITERATURE/Year 13. You can choose either to focus on Unseen Poetry or Unseen Prose.</p> <p><i>Enrichment</i> Future Learn (www.futurelearn.com) has some excellent, free online courses delivered by top universities. Typically they last between 2 to 5 weeks and take up about 4 hours a week (with links to extra resources if you would like to take it further.) It's really easy to register. These courses are currently running and look interesting:</p> <ul style="list-style-type: none"> • A level Study Boost: Unseen poetry and the Creative Process. (University of Reading.) • Start writing fiction: Open university • Literature of the country house. • Introduction to Screen writing. <p>If any Year 13 Literature students would like specific advice regarding the A level work this year, please email kdaniel@ivybridge.devon.sch.uk about which section of the course you would like to work on.</p>
<p>Fashion and Textiles</p>	<p><i>Enrichment</i> All Fashion & Textiles students looking to pursue a university course within their specialism should expect to continue your practical work. Further development of machine skills, garment construction and design will all be beneficial to your studies. Keep a visual diary/sketchbook of anything you find interesting which can act as a source of inspiration later. Undoubtedly most Universities will contact you with pre-course reading tasks and in some cases a practical project which you should undertake, but some core reading, films etc. are noted below to get you started.</p> <p>Documentaries/ Fashion Films / TV Dior and I McQueen 7 Days Out British Vogue with Alexa Chung The Great British sewing Bee The True Cost</p> <p>Books/ Magazines Fashion Forecasting</p>

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	<p>The end of fashion Elle Marie Clare Vogue Harpers Bazar</p>
French	<p><i>Revision tasks and enrichment</i> Continue to learn new vocabulary and keep your exposure to language up as much as you can. A good way to do this would be to continue to use the A-Level padlet page – it gives you the opportunity to listen to pod casts, watch French series and further develop your vocabulary and grammar https://padlet.com/jennibindon/t6zjq7nlci5t You could also keep up to date with current affairs in the French speaking world by visiting sites such as: www.lemonde.fr and www.france24.com</p>
Geography	<p><i>Revision tasks and enrichment</i> Continue to work through the year 13 textbook to finish off the topics you were studying. This is also available in handouts if you don't have your hard copy. You can also look at the paper 3 example synoptic tasks in the back section. There is then a practice synoptic paper 3, which you can have a go at. Once you have done this, have a look at the mark scheme so you can self-assess and improve your answers.</p> <p><i>Enrichment</i> Use the A level Geography Definitive Guide saved in handouts. It is designed to prepare students for A level; however, it is extensive and offers a huge amount of information to support you in widening your knowledge of the subject so equally prepares you for further study. There are lots of suggestions for wider reading, as well as some online courses you could complete. Also check out Routes on Twitter - the UK's first open-access, peer-reviewed journal written for and by sixth form and undergraduate geographers. This is your opportunity to write something which could be published! In addition, you could have a go at the Queen's Commonwealth Essay Competition, saved in handouts. This year is it focused on young people's activism surrounding the issue of climate change.</p>
German	<p><i>Revision tasks and enrichment</i> Continue to learn new vocabulary and keep your exposure to language up as much as you can. A good way to do this would be to continue to use the A-Level padlet page – it gives you the opportunity to listen to pod casts, watch German series and further develop your vocabulary and grammar https://padlet.com/jennibindon/t6zjq7nlci5t You could also keep up to date with current affairs by visiting sites such as: https://www.t-online.de/nachrichten/deutschland/ https://www.zeit.de/index</p>
Health and Social Care	<p><i>Enrichment</i> From the beginning of the outbreak of this global pandemic, the National Health Service in the UK has been at the forefront of everybody's minds and the UK's most important weapon in the fight against the virus. The general public were continuously urged to 'protect the NHS' by following the social distancing guidelines to ensure the NHS wouldn't be overwhelmed. There has also been an outpouring of appreciation for NHS and other frontline workers for their efforts and professional response to the crisis.</p> <p>Conduct some independent research into the following:</p> <ul style="list-style-type: none"> o Building new hospitals o Enlisting volunteers o Redrafting retired doctors and nurses o Final year medical students qualifying early <p>Financial and resources barriers faced by the NHS</p> <ul style="list-style-type: none"> o Dealing with challenges faced by lack of PPE (personal protective equipment) o Ventilators o Testing o Staffing o Accommodation



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	<p>Recommended reading and documentaries https://www.bbc.co.uk/iplayer/episode/p088zhy1/on-the-ground-coronavirus-inside-an-icu-fighting-covid19 https://www.youtube.com/watch?v=idDI2g7F4tU https://www.youtube.com/watch?v=YFH2zIPdhhY https://www.youtube.com/watch?v=-2in3XqPEuU&feature=emb_logo https://www.youtube.com/watch?v=0GjDFh5smDc https://www.bbc.co.uk/news/uk-politics-52343912 https://www.theguardian.com/world/2020/apr/14/coronavirus-i-worry-about-my-colleagues-an-nhs-j</p> <p>Care Homes</p> <ul style="list-style-type: none"> o Why were care home residents so vulnerable to the virus? o How did care workers respond to this unprecedented situation to help protect the residents? What professional values does this demonstrate? o What was the impact on residents of care home of not being able to have visitors? <p>https://www.youtube.com/watch?v=8lSkk3maAyk https://www.theguardian.com/world/2020/apr/21/coronavirus-deaths-in-care-homes-in-england-and-wales-more-than-quadruple-in-a-week https://www.bbc.co.uk/news/av/technology-52323066/covid-19-robots-help-care-home-residents-stay-in-touch?intlink_from_url=&link_location=live-reporting-map https://www.theguardian.com/world/2020/apr/14/care-homes-coronavirus-why-we-dont-know-true-uk-death-toll https://www.youtube.com/watch?v=vlun4qc9VW8</p>
History	<p><i>Revision tasks</i> As you are aware, we finished the History A Level course and intended to spend the remainder of our lessons, until Study Leave, revising for the Tudor and Russia examinations. Please spend some time consolidating and strengthening your knowledge and understanding of the Tudor and Russia components by doing the following:</p> <ul style="list-style-type: none"> -Access the Tudor revision guide in the History section of Moodle. We recommend reading each theme eg. Economy or Religion and highlighting areas of continuity and change across the entire Tudor period, 1485-1603. -Access the revision check lists in the History section of the Moodle. Identify a few areas that you would like to strengthen your knowledge in and use your textbooks to read about these areas. <p><i>Enrichment</i> Why not enrich your understanding by reading and/or watching the following;</p> <ul style="list-style-type: none"> -Access the Cambridge Tudor and Russia textbooks with a free online 90 day trial, it is really easy to sign up via your College email https://www.cambridge.org/gb/education/90-day-trial -BBC iPlayer 'Russia with Simon Reeve' this will give you an insight into just how magnificent and interesting the Russian landscape is. -BBC iPlayer 'The Countess and the Russian Billionaire' an interesting documentary to watch!
Maths	<p><i>Revision tasks</i> Continue to use Integral to support your independent study; your logins will continue to work until September.</p> <p><i>Enrichment</i> Further topic resources are available on MathGenie.co.uk; however, please be aware that these are aimed at the Edexcel exam board and may therefore be a little different to those you are used to. Those of who are likely to need to study/use statistics in the future may wish to look at investigating hypotheses involving the large data set. For further help and support please contact Mr Keogh.</p>
Media Studies	<p><i>Revision</i> Access Google Classroom to go over the resources that are already there for revision. In terms of further</p>

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	<p>work, on Youtube look at Media Insider and Mrs Fisher.</p> <p><i>Enrichment</i> If you are doing a Media related degree, then I would recommend buying Mythologies by Roland Barthes or looking online at the work from Daniel Chandler (http://visual-memory.co.uk/daniel/). Alternatively (or in addition!), you could create a media project if your chosen course is more practical - a powerful portfolio is always an advantage. Think about creating adverts, film posters, niche websites or even something audio-visual - a lockdown trailer?!</p>
<p>Music</p>	<p><i>Revision tasks</i> I hope you're both ok and your auditions/recalls are going well. In order to prepare for your future studies, it is important to keep the knowledge you acquired while studying A Level Music fresh and also to keep enhancing this knowledge. I highly recommend you keep using the revision resources saved in Handouts. Continue to answer some of the RenRec listening questions, keep analysing the set works and finally, make sure you consolidate your knowledge by creating Mind Maps etc. The Resources folder can be found here: V:\Performing Arts\3. Music\00. Back Up and Student Work\A Level Music 2019-2020\RESOURCES</p> <p><i>Enrichment</i> To enhance your knowledge, why don't you study for your grade 6, 7 or 8 ABRSM theory exam? Also, look at the following links:</p> <ul style="list-style-type: none"> • The Royal Opera House is offering a free programme of curated online broadcasts as part of our #OurHousetoYourHouse series. Full-length productions, musical masterclasses and glimpses behind the scenes can be seen for free anytime, anywhere across the globe. This will include the following broadcasts, available on demand, for free, via our Facebook and YouTube channels: <ul style="list-style-type: none"> o > The Metamorphosis, The Royal Ballet, 2013 – 17 April 2020, 7pm BST o > Gloriana, The Royal Opera, 2013 – 24 April 2020, 7pm BST o > Tale, The Royal Ballet, 2014 – 1 May 2020, 7pm BST • Andrew Lloyd Webber's "The Show's Must Go On"... <ul style="list-style-type: none"> o https://youtu.be/nlNQjT7r9w • BBC Radio 4 broadcast a documentary each week about music. There are over 50 of them available here; most of them are 30 minutes: <ul style="list-style-type: none"> o https://www.bbc.co.uk/programmes/p01f50fb • The BBC Radio World Music archive is available here: <ul style="list-style-type: none"> o https://www.bbc.co.uk/programmes/b09ymx3v • BBC Radio 3's Discovering Music programmes are available here. They go through composers and their musical works in detail. There are currently 97 episodes: https://www.bbc.co.uk/programmes/b006tn54 <p>Feel free to e-mail Mrs Webber if you want any help (mwebber@ivybridge.devon.sch.uk).</p>
<p>Photography</p>	<p><i>Enrichment</i> All photographs looking to pursue a university course within the photography, film, media or art should expect to continue your practical work, particularly drawing and undertake wider reading to prepare you for contextual elements of your courses. Undoubtedly most Universities will contact you with pre-course reading tasks and in some cases a practical project which you should undertake, but some core reading, films etc. are noted below to get you started.</p>

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<p>Physics</p>	<p><i>Revision tasks</i> There's a wealth of resources on the school Handouts folder (Physics, Yr 13) including the latest exam papers & mark-schemes. You will need to be pretty independent about honing your Physics skills, but make sure you do! Don't hesitate to be in touch with either of your teachers by e-mail, for any kind of support, from help with a question you are stuck on to anything else.</p> <p><i>Enrichment</i> Hopefully you checked out the Mentoring opportunity sent separately; we would be interested to hear how it goes.</p>
<p>Product Design</p>	<p><i>Revision tasks and enrichment</i> In order to continue your studies in Product Design, look at the interesting articles, podcasts, TV shows and a TedTalk below – all will help you to expand your design thinking!</p>

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	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center; width: 15%;"></td> <td style="padding: 5px;"> <p>11 Inspirational articles to elevate your thinking (brandfolder.com)</p> <p>What do all successful designers have in common? The ability to approach challenges with simple, yet innovative solutions. Take time to read these 11 inspirational design articles written by global creative thought leaders. https://brandfolder.com/blog/inspirational-design-articles-elevate-your-thinking</p> </td> </tr> <tr> <td style="text-align: center;"></td> <td style="padding: 5px;"> <p>The secret of great design</p> <p>A thought-provoking Ted Talk by Tony Fadell – an American engineer, inventor, designer and entrepreneur and the ‘father of the iPod’ https://www.youtube.com/watch?v=9uOMectkCCs</p> </td> <td style="text-align: center; width: 15%;"></td> </tr> <tr> <td style="text-align: center;"></td> <td style="padding: 5px;"> <p>Cleverpodcast.com</p> <p>Clever is a podcast not just about design, but also about designers who are visionaries, problem-solvers, critical thinkers, rebels and aesthetes. Choose from many, many episodes and listen to candid conversations with the humans responsible for shaping the objects and environments around us.</p> </td> <td style="text-align: center;"></td> </tr> <tr> <td style="text-align: center;"></td> <td style="padding: 5px;"> <p>The world's most extraordinary homes</p> <p>BBC produced TV show by award-winning architect Piers Taylor & actress and property enthusiast Caroline Quentin, exploring the design details of extraordinary homes from various locations around the world.</p> </td> <td style="text-align: center;"></td> </tr> </table> <p style="margin-top: 10px;">Please feel free to email us if you have any questions. astrawford@ivybridge.devon.sch.uk cnorthey@ivybridge.devon.sch.uk</p>		<p>11 Inspirational articles to elevate your thinking (brandfolder.com)</p> <p>What do all successful designers have in common? The ability to approach challenges with simple, yet innovative solutions. Take time to read these 11 inspirational design articles written by global creative thought leaders. https://brandfolder.com/blog/inspirational-design-articles-elevate-your-thinking</p>		<p>The secret of great design</p> <p>A thought-provoking Ted Talk by Tony Fadell – an American engineer, inventor, designer and entrepreneur and the ‘father of the iPod’ https://www.youtube.com/watch?v=9uOMectkCCs</p>			<p>Cleverpodcast.com</p> <p>Clever is a podcast not just about design, but also about designers who are visionaries, problem-solvers, critical thinkers, rebels and aesthetes. Choose from many, many episodes and listen to candid conversations with the humans responsible for shaping the objects and environments around us.</p>			<p>The world's most extraordinary homes</p> <p>BBC produced TV show by award-winning architect Piers Taylor & actress and property enthusiast Caroline Quentin, exploring the design details of extraordinary homes from various locations around the world.</p>	
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Psychology	<p><i>Revision tasks</i> On the school Handouts system, all lessons from Year 1 and 2 have been uploaded for all topics. You are able to access all of this to consolidate your knowledge (found here: Handouts:\PSYCHOLOGY\7. Lessons and Content). In addition, both years' textbooks are available for you to use and review to finalise your knowledge from A-Level Psychology (Found here: Handouts:\PSYCHOLOGY\1. Textbooks).</p> <p><i>Enrichment</i> We have uploaded to Handouts a document that has links to a large variety of online Psychology courses. These are provided by a range of organisations, and many of them sound really interesting, they range from attachment and child psychology, all the way to social psychology and the influence on politics - There is even one on neuroscience and the foundations of neuroimaging! They could be a great way to bridge the gap between A-Level Psychology and University. See the document here: Handouts\PSYCHOLOGY\8. Year 13 Closure Resource.</p>											
Sociology	<p><i>Revision tasks</i> Please made use of the documents and resources on handouts: <u>V:\SOCIOLOGY\A LEVEL SOCIOLOGY HANDOUTS</u> to finalise and cement all of your sociological knowledge. We suggest the following activities:</p> <ul style="list-style-type: none"> • Use the student checklists in folder 2 to review your sociological knowledge and ensure your folders are organised and up to date • Read (and complete as necessary) the additional subject factsheets in folder 4. these have 											

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	<p>been organised in to the different units for you. There are a few so I would suggest pick out 2 for each unit that relates to content you felt least certain about.</p> <p>Watch the 'some good revision videos' saved in folder 6 'Revision Resources'.</p> <p>Enrichment</p> <p>Research 'ArtActivistBarbie' and write a review to show how the typical feminine Barbie doll is now being used in museums and galleries as a feminist political protest. A lot of information on this movement can be found on Twitter.</p> <p><i>Enrichment</i></p> <p>There are a number of good sociological documentaries you can watch which will help cement your understanding of social issues and help you apply your own sociological knowledge e.g.</p> <ul style="list-style-type: none"> • The Help – looking at racial imbalances in the 1960s in America • Made in Dagenham – an account of the Ford sewing machinists strike of 1968 that aimed for equal pay for women • Hidden Figures – The story of a team of female African-American mathematicians who served a vital role in NASA during the early years of the U.S. space program <p>Pride - U.K. gay activists work to help miners during their lengthy strike of the National Union of Mineworkers in the summer of 1984.</p>
Spanish	<p><i>Revision and enrichment</i></p> <p>Continue to learn new vocabulary and keep your exposure to language up as much as you can. A good way to do this would be to continue to use the A-Level padlet page – it gives you the opportunity to listen to pod casts, watch Spanish series and further develop your vocabulary and grammar</p> <p>https://padlet.com/jennibindon/t6zja7nlci5t</p> <p>You could also keep up to date with current affairs in the Spanish speaking world by visiting sites such as: www.elpais.es and www.elmundo.es.</p>