



Update and Guidance

I hope the first week back from half term has been a good one for you. As we all try to re-adjust to our ways of working from home, remembering our routines and structures is as important as ever. You should all receive an update letter from the principal which will give you guidance on the partial re-opening of college for Year 10s, with details of expectations and systems. In addition to this, over the coming weeks you will be invited to attend a Tutor Teams session, allowing for a virtual face to face catch up with your Tutor and Tutor group. We hope this offers a great opportunity for you to feel supported and start to re-connect with your peers. You may not have used *Teams* for interacting with your teachers and classes, and if you haven't yet used the application, full details of how to set yourself up can be found [here](#).

While we see each day that the Government is slowly relaxing and easing the lockdown rules, it is so important that we all remember our collective responsibility to maintain social distance, to minimise the risk to those in our society. While many of you are fit and healthy, there are still members of our wider community who are vulnerable, and it is therefore our duty to protect them through our decisions.

Please act with respect and be mindful of this in your interactions in public. Thank you!

Home Learning Update

Today is the deadline for your current set of submissions from your subject teachers. Please ensure that you have submitted these tasks in the requested ways, and if there are issues with this that you let your teachers know via email. We want to ensure that you are keeping up, so if there are any issues at all with this, please do email your Tutor, teachers or myself or use the year10support email (Year10support@ivybridge.devon.sch.uk).

All distance learning will continue, and these submissions will remain in place, even while you begin attending college on your allocated day. This may require a slight re-shuffle of your home learning timetable!

Challenge

Last week's answer:

The word was **"Startling"**

Startling → Starting → Staring → String → Sting → Sing → Sin → In → I

Thank you for your submissions! All were correct!

This week – Can you solve these word puzzles?

CCCCCCC

Cover
Cop

"ro fork ad"

"Step, Step,
petS"

"Gra foot ve"

J^{an}B

Bus
Bus



Wellbeing

This week we have been alerted to a free resource that you can access. When we are all staying home a lot more than ever before, some of us are lucky enough to have outdoor spaces or we may get the chance to explore nature a bit more – regardless, this free copy of the book will give you some great information on what to look out for in nature and some great ways to connect with nature while you are out, using the outdoors and natural world to boost your mental health.



Publisher: Unbound
ISBN: 9781783528981
Number of pages: 272

"When Joe Harkness suffered a breakdown in 2013, he tried all the things his doctor recommended: medication helped, counselling was enlightening, and mindfulness grounded him. But nothing came close to nature, particularly birds. How had he never noticed such beauty before? Soon, every avian encounter took him one step closer to accepting who he is.

The positive change in Joe's wellbeing was so profound that he started a blog to record his experience. Three years later he has become a spokesperson for the benefits of birdwatching, spreading the word everywhere from Radio 4 to Downing Street.

In this ground-breaking book filled with practical advice, Joe explains the impact that birdwatching had on his life, and invites the reader to discover these extraordinary effects for themselves."

Finally, a little KITE Book challenge before you go!

Grab your KITE booklet and have a go at these quiz questions!

Answers will be revealed next week:

Year 10 answers for last week

- English: A sonnet is a poem of fourteen lines using any of a number of formal rhyme schemes, in English typically having ten syllables per line
- Maths: Work out 348 divided by 6. 58
- Biology: Animal cells have: Nucleus, cytoplasm, cell membrane, ribosomes and mitochondria.

Year 10 Questions for this week

1. English: Define Harmatia.
2. Maths: Work out 0.4×0.15 .
3. Physics: Draw arrangement of particles in a solid.