

Ivybridge Community College
Year 8 Weekly Bulletin
Edition 6: 15 May 2020



Principal's Update

I am really impressed with the fantastic good news stories, wonderful emails and the feedback from staff about the efforts you are all making to complete your school work. I appreciate these times are not easy and you are rising to the challenge extremely well. In the meantime, your parent/carer has been sent an update from me, so please ask them to share this with you.

Home Learning

Well done everyone for trying your very best to complete your school work during these challenging times. I know many of you have been keeping in contact with your subject teachers if you have needed any extra help which is very impressive. Keep going all of you and try your very best to complete your work before half term to allow you to have some quality time with your family during the holiday period.

THE DEADLINE FOR YOUR NEXT SUBMISSION OF WORK IS WEDNESDAY, 3 JUNE

Here is the link for the weekly **MENU** to help you keep up to date with your home learning. Don't forget to contact your Tutor or your **subject teacher** if you need some extra support.

<https://www.ivybridge.devon.sch.uk/page/?title=Weekly+Student+Menu&pid=1470>

Year 8 options

The Year 8 Options team are working hard in the background to finalise your Options and then timetable them. If there are any problems making the timetable work for your choices, we'll be in touch over the next few weeks. Your final Option choices will be confirmed with you in July.

LRC Home Delivery Service

Don't forget the College library book drop-off service (e-mail requests to Mrs Hull at shull@ivybridge.devon.sch.uk)

We have also been contacted by Judy Snape from Ivybridge Library with the following message about their services:

Ivybridge Library have a range of free resources that all library members can access online:

- Download and stream free eBooks, eAudioBooks and eMagazines, with more than 3,500 titles on [Overdrive](#) (eBooks and eAudiobooks), and 1,000 unlimited use eAudiobooks through [RB Digital Devon](#).
- A selection of eMagazines are available on [RB Digital Devon](#).
- A range of eAudiobooks via [BorrowBox](#)
- Online reference resources at [Devon Libraries](#) including AncestryUK, Oxford dictionaries and Naxos music
- Fun online content and live streaming events via social media. Check out individual library Facebook pages for more information

Ensuring all students and their families can access our online services

All students and families that already have library membership at one of our public libraries will automatically be able to access these services. Students can be individually registered by teachers here on our [Devon Libraries website](#).

KITE quizzes (for Wednesday, 13 May)

Year 8 answers

English: A 'humanitarian' is a person who seeks to promote human welfare.

Maths: The general equation of a linear graph is $y=mx+c$

Science: 'Impermeable' means that fluid does not pass through.

French: 'Je sortirai' means 'I will go out'

Spanish: 'Saldré' means 'I will go out'

This week's Year 8 questions

English: Who was Andrew Carnegie and what did he believe in?

Maths: What is a square number?

Science: What is a gene?

Music: What is tempo?

RE: What is a pilgrimage?

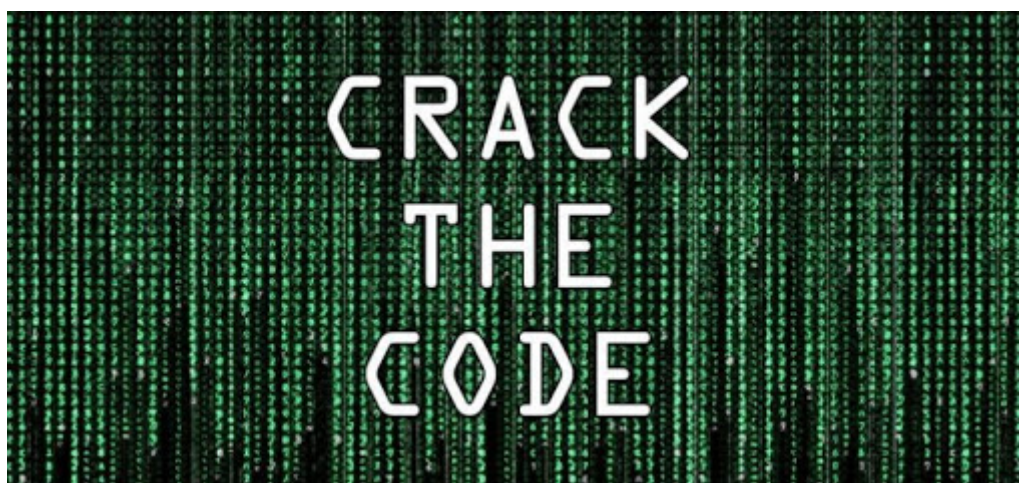
Ivybridge Community College
Year 8 Weekly Bulletin
Edition 6: 15 May 2020



Are you 13-18? Would you like to learn how to crack codes, fix security flaws and dissect criminals' digital trails whilst playing a game as a cyber-agent.? The government are offering young people the chance to join a [virtual cyber security school](https://cyber-school.joincyberdiscovery.com/) as part of plans to make sure the country develops the next generation of professional cyber defenders. The online initiative aims to inspire future talent to work in the cyber security sector and give you a variety of extracurricular activities to do from the safety of your home. There are free weekly webinars run by industry experts teaching fundamental security disciplines such as digital forensics, cryptography and operating systems. If you are interested please sign up here: <https://cyber-school.joincyberdiscovery.com/>

More information about the government initiative can be found here: <https://www.gov.uk/government/news/new-virtual-cyber-school-gives-teens-chance-to-try-out-as-cyber-security-agents-from-home>

If you do join let us know how you get on!



It is **National Thank a Teacher Day on Wednesday, 20 May**. If you would like to thank a teacher please visit the College's website using this link
<https://www.ivybridge.devon.sch.uk/form/?pid=1460&form=555>

A young boy with short brown hair, wearing a red and white horizontally striped t-shirt and blue jeans, stands on a light-colored wooden step ladder. He is facing a dark grey chalkboard and has his right arm raised, holding a piece of chalk. The chalkboard contains white text for a writing competition. The background is dark, and the floor appears to be wooden.

Devon Bilingual Writing Competition

write a poem in your own language and in english

The theme: Staying at home

you can write about:
your home in another country
the home you are in now
what it's like to stay at home during the lockdown
what home means to you
you can add illustrations

Fabulous Prizes
KS1: 1st & 2nd place
KS2: 1st & 2nd place
KS3+: 1st & 2nd place

Email your entry to:
Emtas@babcockinternational.com
Before the 30th June 2020

Here we have yet another exciting opportunity for you to show off your poetic skills by entering the above competition. It is a bilingual competition which means you write in in your own language i.e. French and in English. Think of some new talents you might have discovered since being in lockdown, the cakes you have baked, the musical instrument you have started to learn, the book you enjoyed reading. Share some family moments that you will treasure for ever and remember those who have faced some difficult times and great loss over the last few weeks.



Wellbeing

The focus for this week is to manage your anxiety.

Anxiety is normal and we can experience it at different levels and intensities, and at times it can feel really uncomfortable and scary. A helpful strategy is becoming aware of what level our anxiety is at. If we can develop an understanding of our anxiety or worries, then this is the first step in learning strategies to manage or cope better.

Anxiety may be triggered by different situations, and so using this tool can also help us recognise what situations make us feel more anxious.

How to reduce anxiety through relaxation: Relax like a cat...

Try to imagine that you are a cat and you are going about your day in a calm and relaxed way.

- Take a break – just stepping away from something stressful for a few minutes can give you the space to feel calm – have a bath, watch a film, read a book
- Try active relaxation – go for a walk at your pace, or try stretching and breathing exercises
- Focus on your breathing – Breathe in through your nose and out through your mouth, try to keep your shoulders relaxed and place your hand on your stomach – it should rise and fall as you breathe out
- Get creative – try baking, dancing, drawing any new hobby
- Spend time in nature – go outside for a walk and take notice of the nature around you
- Listen to music- listen to your favorite song, close your eyes, turn up the volume and sing along!
- Do a tech check – can you leave the technology to one side for an hour or so?



Competition

Recently we have had two new additions to the Shore household. 2 gorgeous puppies. Freddie a 5 month old whippet and Willow a 2 month old greyhound/deerhound.

Your task this week is to design an outdoor kennel for the puppy of your choice. You will need to think of the following:

- ✓ The breed of the dog and what size it will eventually be as an adult dog
 - ✓ Where will the dog sleep and what type of bed will it need?
- ✓ How will the dog be kept entertained in the kennel when he/she is left alone?
 - ✓ Where will the dog eat and drink?
 - ✓ How will the dog cope in the hot/cold/wet weather?
 - ✓ Will the kennel have a theme?
- ✓ What materials will you use to build the kennel and why?

Send your designs with a clear description why you have chosen this particular style kennel to Mrs Shore by Tuesday, 19 May



Willow



Freddie

eshore@ivybridge.devon.sch.uk