# Ivybridge Community College Year 8 Weekly Bulletin



Edition 3: 24 April 2020

## **COVID 19 Update**

It is so important that we all follow the instructions from the government: We should ALL stay at home to help stop the spread of coronavirus. There are very few reasons why anyone should leave the house now. Stay Home, Support the NHS, Save Lives.



## Wellbeing

Try to be as physically active as possible this week and enjoy the beautiful sunshine we are having at the moment.

- Go for a long walk and try a different route than you normally do. What new things can you see?
- Get up early and do 20 minutes of exercise each day (don't forget that Joe Wicks is available every week day).
- Look after your personal hygiene in this hot weather - shower daily.
- Go to bed and leave your phone downstairs. Sleep is very important.

Try to share any worries or concerns with your friends and family, it's always good to talk things through. Don't forget that Mrs Shore, Miss Brown and your Tutors are here to support you too.

#### Home Learning

It is very important that you ALL check your emails and epraise daily, and keep in regular contact with your teachers and Tutors to ensure that you are fully informed of your work expectations and deadlines.

Don't forget that you have set tasks for English, Maths and Science that we would like you to submit by Wednesday, 29 April. This is so that your teachers can see how you are getting on and support you with the next steps. If you are having trouble with completing the tasks or meeting the deadline, please don't worry and just get in touch with your teacher or your Tutor. Please keep an eye on your emails and the College website for further advice on how to organise your Home Learning and what tasks you could be completing each week.

#### YEAR 8 OPTIONS

A letter will be sent out updating you and your parents on the next process with regards to your Options. Any emails sent to the Year 8 Options email address have been safely received and we will get back to you as soon as possible.

### KITE BOOKLET

Please complete the following 5 questions and answers will be shared with you next week:

- 1. English: What does 'Avant Garde' mean?
- Maths: What is the rule for Adding or Subtracting Fractions?
- 3. Science: What is Respiration?
- 4. Art: What is a 'design brief'?
- 5. Geography: What is a 'mantle'?

## Competition

Congratulations to Isabelle Farmer 8SDS on winning the "Healthy Snack" competition last week.

Your competition this week is to create a poster with the heading "How to survive lockdown"

You will need to include top tips on what strategies have worked for you and examples of the kind of activities you have been up to so far. Make sure your poster is easy to read, colourful and \_\_ well presented.



Send your work to eshore@ivybridge.devon.sch.uk by 28 April.