



COVID 19 Update

It is so important that we follow the instruction from the government:

Everyone must stay at home to help stop the spread of coronavirus.

There are very few reasons anyone should leave the house at the moment. To get necessities like food and medicine, for one form of exercise per day, to help a vulnerable person, or to go to work if absolutely required.

Stay Home, Support the NHS, Save Lives.

Unfortunately, we are not in a position to say when schools will re-open, we will work on the advice and guidance from the government and keep you informed of any updates.

During this time, please keep going with your studies, and stay safe at home.

Home Learning

Hopefully you have already been able to start looking at your home learning set by your teachers for this time.

It is important that we keep routine, and therefore I would suggest that over the Easter period, you develop a timetable for work you can try to keep to after these two weeks. See your pupil guide for more details!

E-praise:

<https://www.epraise.co.uk/index.php?school=ivybridge>

Myfiles on the website:

<https://foldr.ivybridge.devon.sch.uk/home/>

Email on the Colleae website

Something different to try?

Amazon have decided to cancel the subscription of books and audio stories for children and students of all ages. This means that kids everywhere can instantly stream an incredible collection of stories.

All stories are free to stream on your desktop, laptop, phone or tablet using the following link

<https://stories.audible.com/start-listen>.

This is a fantastic opportunity for you to expand your current listening or reading habits! Best of all, it is completely free of charge!

Well-being

As we move into the Easter break, in these times of uncertainty, it is even more important than ever that we look after ourselves. I mean this both in terms of our physical health but also our mental health.



Take time out of your day for you. Yes, it is important that we keep a routine going - keep up with our studies, working through the work that your teachers are giving you. However, within this time you should always take a moment to focus on yourself. This could be anything, something you enjoy doing, something that makes you happy. Which brings in point 2 – find something that gives you that sense of pleasure, achievement, enjoyment or connectedness!

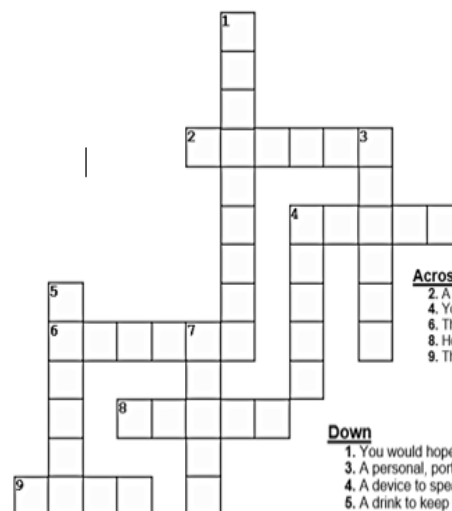
Whatever it is, use it as a break, a moment to reflect and calm yourself. In reality, it is a routine that will probably help you a lot in your life, even beyond this time!

Competition

To give you a little something to focus on, each week will be a new challenge for you to try.

The answers will be available in the next bulletin!

Complete the crossword puzzle below



Across

2. A drawing and writing instrument
4. You might write on this
6. The location of work at home
8. How we keep in contact with other people
9. The surface you use to do your work

Down

1. You would hope to keep to this, a layout of plans
3. A personal, portable computer
4. A device to speak with other people
5. A drink to keep people going
7. Where you sit