

## **Devon School Nursing Service Update\_ March 2020**

Find us online at: https://www.devon.gov.uk/educationandfamilies/health

We hope you and your families are remaining well (physically and mentally) at what is a uniquely difficult and stressful time for us all.

If you have any questions in relation to Coronavirus please refer to the NHS guidance at: https://www.nhs.uk/conditions/coronavirus-covid-19/

Please remember to wash your hands for the recommended 20 seconds and follow social distancing guidance. Advise on hand washing can be found at: https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/

Please also remember your 10 a day for mental health and health wellbeing - Talk about your feelings; Do something you enjoy and are good at; Keep yourself hydrated; Eat well; Keep active in mind and body; Take a break; Stay connected to those you care about; Ask for help; Be proud of your very being; and Actively care for others

## Centralised contact points for Public Health Nursing Services (PHN hubs)

We have 4 PHN hubs to improve access and responsiveness. All calls, referrals and correspondence are directed to the hubs where business support are co-located with duty clinicians.

Southern Hub: 0333 234 1901

**Dartington, TQ9 6JE** 

Exeter Hub: 0333 234 1902

Exeter, EX2 9HS

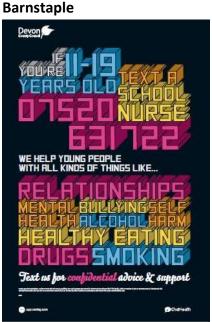
Eastern Hub: 0333 2341903

Lescaze Offices, Shinners Bridge, rde-tr.southernphnhub@nhs.net Frankyln House, Franklyn Drive, rde-tr.exeterphnhub@nhs.net Jerrard Wing, Honiton Hospital,

Marlpits Lane, Honiton, EX14 2DD rde-tr.easternphnhub@nhs.net

Northern Hub: 03332 341904 Taw View, Civic Centre, North Walk,

Barnstaple rde-tr.northernphnhub@nhs.net



Please only use Chat
Health for health
queries. Any
appointment queries
should be via PHN hub
(phone or email). Please
ensure you provide your
contact details and full
name and date of birth
of child/young person in
all calls and emails.

## SINGLE POINT OF ACCESS (SPA)

ACCESS TO SPECIALIST SERVICES IN DEVON

https://childrenandfamilyhealthde von.nhs.uk/

Tel: **0330 024 5321** 

Email: TSDFT.DevonSPA@nhs.net

This includes services such as:
Learning Disability Team, Speech
and Language Therapy, Child and
Adolescent Mental Health Service
(CAMHS), Occupational Therapy,
Community Children's Nursing
Service, Autism Spectrum
Assessment Service, Specialist
Children's Assessment Centres,
Specialist School Nurses, Children
in Care Service, Palliative Care
Service, and Devon's Family
Information Service for Children
with Additional Needs.

You can self refer and information to support this is available online or by speaking to one of the team.