

Enrichment Week 2020

Outdoor Adventure



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| Name: | Outdoor Adventure |
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Kit List

The students will not be required to wear College uniform during the trip. This list is merely a suggestion and is by no means extensive.

The students should have the following items:

Monday - Canoe Safari

Practical clothing (shorts, tee shirt, trainers)
Light weight jacket/water proof jacket
Sun cream and hat
Spare clothing (hoodie, tracksuit bottoms/leggings, shorts)
Swimming costume
Towel
Packed lunch and refreshments
Flip flops
Trainers (that will get wet)
Plastic bag to put all wet clothing in

Tuesday - Tree Surfing and Zip Line

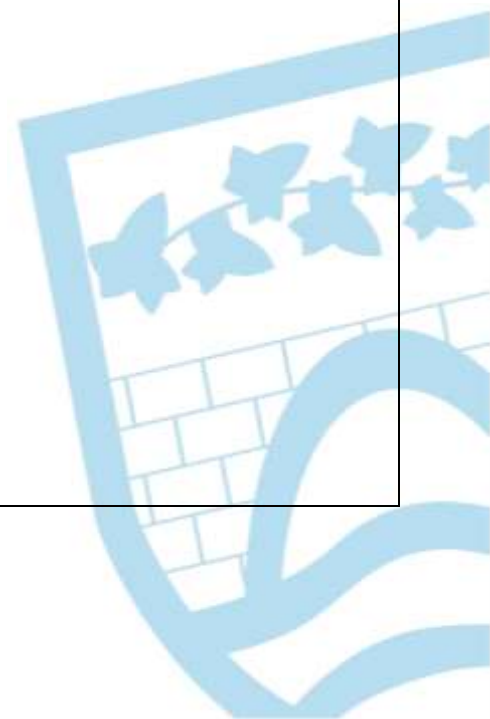
Practical clothing (shorts, tee shirt, trainers)
Light weight jacket/water proof jacket
Sun cream and hat
Spare clothing (hoodie, tracksuit bottoms/leggings, shorts)
Packed lunch and refreshments
Plastic bag to put any wet clothing in

Wednesday- Wet and Wild

Practical clothing (shorts, tee shirt, trainers)
Light weight jacket/water proof jacket
Sun cream and hat
Spare clothing (hoodie, tracksuit bottoms/leggings, shorts)
Swimming costume
Towel
Packed lunch and refreshments
Flip flops
Trainers (that will get wet)
Plastic bag to put all wet clothing in

Thursday - Team Building and High Wire

Practical clothing (shorts, tee shirt, trainers)
Light weight jacket/water proof jacket
Sun cream and hat
Spare clothing (hoodie, tracksuit bottoms/leggings, shorts)
Packed lunch and refreshments
Plastic bag to put any wet clothing in



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Friday Mountain - Biking

Practical clothing (shorts, tee shirt, trainers)

Light weight jacket/water proof jacket

Sun cream and hat

Spare clothing (hoodie, tracksuit bottoms/leggings, shorts, trainers)

Packed lunch and refreshments

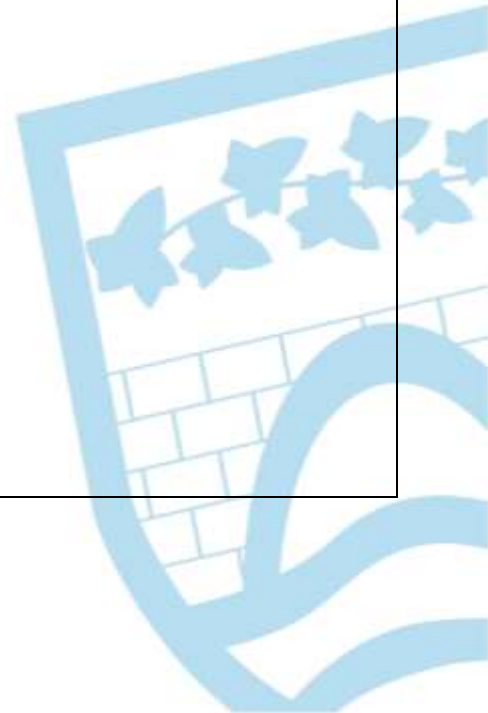
Plastic bag to put any wet clothing in

Flip flops or spare trainers to wear travelling home

Mountain bikes will be provided (students are not expected to bring bikes)

Helmets (students are more than welcome to bring their own helmet if they have one. A helmet will be provided by the centre)

Please note that all equipment will be provided by the centre.



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