## Enrichment Week 2020 Brecon Beacons Experience



Name: Brecon Beacons Experience

## Kit List

The students should have the following items:

- Sleeping Bag Suitable for indoor use
- Pillow Case
- Towels
- Rucksack for day walks
- Walking boots
- Socks for walking in
- Underwear
- Walking trousers (not Denim)
- Base layers/ T-shirts
- Mid layer e.g. Fleece pullover
- Waterproof jacket
- Waterproof Trousers
- Nightwear
- Clothing/footwear for evenings/travelling
- Toilet bag toothbrush, toothpaste, shampoo, soap, hair brush, pack of tissues
- High factor sun cream/sun block
- Insect repellent
- Hats (warm and sun)
- Gloves
- Book/games for evening relaxation
- Torch
- Lunch Box
- Water bottle/Hydration Bladder (min 1Litre)
- Secure wallet/purse
- Mobile phone
- Money: students will need some money for stops while travelling, buying a few snacks and any aifts
- Medication if required e.g. inhaler

Students are responsible for all items taken.

