



# Community Sport Holiday Activity Programme

During school half terms, the Community Sport Department runs an exciting Holiday Activity Programme. The Programme is run on behalf of Ivybridge Community College and adheres to the recommended guidelines of Devon County Council, the Children's Act and Ofsted.

## Monday, 21 October 2019

**Bikeability Learn to Ride:** 10.00am-12.00pm or 1.00pm-3.00pm, 7-16 years, £15.

This two hour course is designed for those who are struggling to master the skill of cycling, or who have never learnt to cycle. The course is run by Plymouth SSP.

To book visit: <http://www.cyclepssp.co.uk>



## Tuesday, 22 October 2019

**Bikeability Learn to Ride:** 10.00am-12.00pm, 7-16 years, £15.

This two hour course is designed for those who are struggling to master the skill of cycling, or who have never learnt to cycle. The course is run by Plymouth SSP.

To book visit: <http://www.cyclepssp.co.uk>



## Tuesday, 22 October 2019

**Bikeability Level 1:** 1.00pm-3.00pm 7-8 years (School Year 3 and 4), free of charge. This two hour course is designed to allow new riders to learn to control and master their bikes in a space away from traffic. The course is run by Plymouth School Sports Partnership.

To book visit <http://www.cyclepssp.co.uk>



## Wednesday, 23 October 2019

**Athletics Academy:** 10.00am-3.00pm, 8-14 years, £15. Improve your athletics across a wide range of track and field events. The Academy is run by our local Athletics Club, the Erme Valley Harriers.

To book email: [comsport@ivybridge.devon.sch.uk](mailto:comsport@ivybridge.devon.sch.uk) or call 01752 698315.



## Wednesday, 23 and Thursday, 24 October 2019

**Bikeability Level 2:** 10.00am-3.00pm, 9-11 years (School Years 5 and 6), free of charge.

This two-day course will help you gain the skills and confidence to be able to ride your bike on the road. You must have good control/balance before enrolling on the course. Course is run by Plymouth School Sports Partnership.

To book visit <http://www.cyclepssp.co.uk>.



## Thursday, 24 October 2019

**Art Workshop – Halloween Mask and Slime Making:** 10.00am-4.00pm, 8-14 years, £15.

Complete your outfit by making a scary mask. You could be a bat, a monster or skeleton. Working with card and modelling materials construct and decorate your mask. Then we will make some neon slime with added bugs and spiders.

Led by professional artist Felicity Shillingford.

To book email: [comsport@ivybridge.devon.sch.uk](mailto:comsport@ivybridge.devon.sch.uk) or call 01752 698315.



## Friday, 25 October 2019

**Plymouth Argyle Halloween Special:** 10.00am-3.00pm, 5-14 years, £16. Featuring fun-filled football sessions, small-sided games, and skill development. Indoor facilities are available in the event of bad weather so please bring moulded boots (not blades or studs and trainers). Please note Ivybridge Community College is the venue, to book call Plymouth Argyle Football Club, on 01752 562561 (extension number 4).



## Friday, 25 October 2019

**Bikeability Level 3:** 9.00am-3.00pm, 11 years and over (School Year 7 and above), free of charge. This one-day course is designed to equip trainees with skills for more challenging roads – busier streets, queuing traffic, complex junctions and roundabouts.

The course is run by Plymouth SSP. To book visit: <http://www.cyclepssp.co.uk>



## Simple steps to book places

1. Contact course provider to reserve a space and confirm details to be sent Consent/Booking Form.
2. Complete Consent/Booking Form.
3. For College events, return Form and cheque made payable to 'Ivybridge Community College'.
4. Sessions held at Ivybridge Community College please register at Sport Centre Reception.
5. For full day activities, drinks and packed lunch are required, drinks and snacks for half day.