



## **Volunteers Wanted**

## Do you remember:

- Sleepless nights
- Tantrums
- Challenging behaviour
- Finding parenting a challenge

## Then you could be a great volunteer!

All you need is parenting experience, listening skills, and the desire to support other parents who are going through a tough time

## We need you

Volunteers receive free initial training and once matched to a family visit them once a week for a couple of hours

Meet new people, gain experience, build your CV
Our next training course starts soon. Expenses are paid
If you are interested contact - 01752 249740 or email
homestart.shpt@gmail.com

