



# Enrichment Week

## 2019



Year 7



# Year 7 Enrichment Week 2019

Ivybridge Community College will once again be hosting its very own Enrichment Week for Years 7 - 10 for 2019.



## 1. What is Enrichment Week?

While a large proportion of Ivybridge Community College students' time is spent on ensuring their academic success, we also believe in helping students develop their characters; find out more about their interests and passions; and invest in their social, moral and cultural life-skills.

The activities Ivybridge offers in Enrichment Week – including sports, arts, music, community development and Work Experience – are perfectly placed to support this. They can help improve Ivybridge Community College students' future employability, boost self-confidence, develop leadership skills, instil self-motivation, overcome fears and help them succeed in society. They are also a fantastic way to increase students' enjoyment of College life, creating an inclusive spirit and helping build life-long memories and friendships.

## What happens?

During Enrichment Week the normal College timetable is collapsed and students are offered a range of alternative learning experiences and activities outside the usual curriculum. Activities across the year groups range from creative writing workshops, football sessions, cinema trips and caving to surfing, cheerleading, dance trips to London, and outdoor educational trips to the Ardeche.

## 2. When is it?

Monday, 1 July to Friday, 5 July 2019

## 3. Overview of the Week

Students will receive an Enrichment Week booklet, which includes the packages, activities and workshops available to them. Each year group will follow a different timetable. The packages, activities and workshops are either **on-site** or **off-site**.

**On-site** activities will take place at the College and within College hours. Some will involve a cost. Consent Forms are not required. Students can still access the College Dining Hall during break and lunch times. All Year 7 students are required to **register in the Sports Hall all week**.

**Off-site** activities and workshops take place outside of the College. There will be a cost for each activity to include entrance fee and transport. All parents must consent to off-site trips via ParentPay. All students will be required to bring a packed lunch and drinks (unless lunch is provided). Students must prepare themselves for all weather conditions (additional clothing, water proofs, sun cream, sun hats, and sun glasses).

The Enrichment Week **timetable** will inform students of the following:

- The cost
- Where to meet
- What to wear
- What to bring
- Times of the packages, activities and workshops
- On-site or off-site packages, activities and workshops
- Venue



## Year 7 Enrichment Week

Students have the exciting opportunity to experience a wide variety of outdoor activities and educational trips linked to Science and Geography. There are three different packages for Year 7 students to choose from. Please see below for information.

### Package 1 – Multi Activity Residential – Total Cost: £170

- One day at Paignton Zoo (as part of their Science learning)
- One day on Dartmoor (as part of their Geography learning)
- Three days Multi Activity Residential to include two overnight stays (Camping and Outdoor activities)

#### Package 1 - Multi Residential Year 7 Enrichment Programme 2019

Day	Group I	Group V	Day	Group Y	Group Z
Monday 1 July	Science Trip Paignton Zoo	Geography Trip Dartmoor	Monday 1 July	BF Adventure Multi Residential Trip	
Tuesday 2 July	Geography Trip Dartmoor	Science Trip Paignton Zoo	Tuesday 2 July		
Wednesday 3 July	BF Adventure Multi Residential Trip		Wednesday 3 July		
Thursday 4 July			Thursday 4 July	Science Trip Paignton Zoo	Geography Trip Dartmoor
Friday 5 July			Friday 5 July	Geography Trip Dartmoor	Science Trip Paignton Zoo

### Package 2 – Adventure – Total Cost: £80

- One day at Paignton Zoo (as part of their Science learning)
- One day on Dartmoor (as part of their Geography learning)
- One day Surfing
- One day Orienteering
- One day Coasteering and Beach Games

#### Package 2 – Adventure Year 7 Enrichment Programme 2019

Day	Group I	Group V	Day	Group Y	Group Z
Monday 1 July	Science Trip Paignton Zoo	Geography Trip Dartmoor	Monday 1 July	Coasteering & Beach Activities	
Tuesday 2 July	Geography Trip Dartmoor	Science Trip Paignton Zoo	Tuesday 2 July	Orienteering	
Wednesday 3 July	Orienteering		Wednesday 3 July	Surfing	
Thursday 4 July	Surfing		Thursday 4 July	Science Trip Paignton Zoo	Geography Trip Dartmoor
Friday 5 July	Coasteering & Beach Activities		Friday 5 July	Geography Trip Dartmoor	Science Trip Paignton Zoo

### Package 3 – Team Building – Total Cost: £30

- One day at Paignton Zoo (as part of their Science learning)
- One day on Dartmoor (as part of their Geography learning)
- One day of Physical Activity and Sports
- Two days of Camping and Team Building Activities

#### Package 3 – Team Building Year 7 Enrichment Programme 2019

Day	Group I	Group V	Day	Group Y	Group Z
Monday 1 July	Science Trip Paignton Zoo	Geography Trip Dartmoor	Monday 1 July	Day of Physical Activity	
Tuesday 2 July	Geography Trip Dartmoor	Science Trip Paignton Zoo	Tuesday 2 July	Day of Camping & Team Building	
Wednesday 3 July	Day of Physical Activity		Wednesday 3 July	Day of Camping & Team Building	
Thursday 4 July	Day of Camping & Team Building		Thursday 4 July	Science Trip Paignton Zoo	Geography Trip Dartmoor
Friday 5 July	Day of Camping & Team Building		Friday 5 July	Geography Trip Dartmoor	Science Trip Paignton Zoo



## The Enrichment Week Packages in Detail

### Package 1 – Multi Activity Residential

All students will undertake trips to Paignton Zoo and Dartmoor. Package 1 includes the attendance at a three-day, two-night multi-activity residential at BF Adventure, Penryn. The trip will include a range of activities, qualified activity instructors, equipment, accommodation and food whilst on site.

**Name of Venue:** BF Adventure Centre

**Dates and Groups:** **YZ Groups** – Monday, 1 July – Wednesday, 3 July 2019

**IV Groups** – Wednesday, 3 July – Friday, 5 July 2019

**Address:** BF Adventure, Goodygrane Activity Centre, Halvasso, Longdowns, Penryn, TR10 9BX

**Transport:** Coach (Target Travel)

What does the Residential Include?	What to Wear	What to bring
All meals Tent/accommodation Transport Qualified instructors Appropriate equipment <b>Activities to include</b> <ul style="list-style-type: none"> <li>• Team Building</li> <li>• Evening Games and Sports</li> <li>• Orienteering</li> <li>• Raft Building</li> <li>• Climbing and&amp; Abseiling</li> <li>• Adventure Quarry (Obstacle Course)</li> <li>• Zip Wires and Rope Courses</li> <li>• Rafted Canoeing</li> <li>• Quarry Steering</li> <li>• Archery</li> <li>• Catapult Building</li> </ul>	Sensible outdoor clothing (at least two change of clothes) Sensible footwear for walking and sports Warm and waterproof – dress for all weather conditions Sun cream, hat, sun glasses (dependent on weather) Sensible footwear for the water activities	Day bag – ruck sack Overnight bag Sleeping attire Wash bag Packed lunch for the first day Snacks and& drinks Pencil case Camera/phone (students responsibility) Swimming costume & towel Practical clothing for three days Travelling clothes Trainers Shoes that can get wet Pillow Sleeping bag/duvet Sleeping mat Spoon, plate, bowl Spending money (Max £20)

#### Activities In Detail

Students will be participating in the following activities over the three days at BF Adventure:

- **Climbing** – a safe experience where students can challenge themselves physically and mentally on a variety of climbing routes
- **Rafted Canoeing** – students will learn the basics of paddling and the session includes games. All based in a purpose made on-site water filled quarry
- **Team Building** – students will tackle a variety of problem solving puzzles in their small groups
- **Adventure Quarry (Obstacle Course)** - Includes spiders web, shrinking islands, the wall, rope bridges, cargo net, plank crossing, raft crossing, gabions, duck island crossing and scramble net
- **Quarrysteering** – Coasteering in the quarry! Challenge yourself to do more than you would have thought possible. Swimming and jumping required.
- **Archery** – students will be taught by a qualified instructor to try to improve their target hitting skills.
- **Giant Catapult Building** – students will work with their team mates to plan and create a catapult using poles and rope before competing against other teams
- **Evening Games and Sports** – sports equipment will be available for each group at various points during their stay. Students will take part in a variety of games during their evening time
- **Teambuilding Games and Sports** – Includes sports such as rounders and football.



Multi Activity Residential - Itinerary	
Day 1	
8.30am – 8.45am	Arrive at Ivybridge Community College – go to the Sports Hall with bags
9.00am	Register in Sports Hall in Tutor Groups
9.30am	Depart Ivybridge Community College for BF Adventure by Coach
11.30am	Arrive at BF Adventure
12.00pm	Lunch and Orientation of the site and set up camping areas
1.00pm	Activities (as stated above)
5.00pm onwards	Dinner and evening activities
Day 2	
9.00am	Breakfast
9.45am	Activities (as stated above)
12.45pm	Lunch
1.30pm	Activities (as stated above)
5.00pm	Dinner and evening activities
Day 3	
9.00am	Breakfast and vacate rooms
9.45am	Activities (as stated above)
12.45pm	Lunch
1.30pm	Depart BF Adventure by Coach
3.30pm	Arrive at Ivybridge Community College Coach Park, collection from Coach Park or bus home

#### Additional Information

- All students are required to bring a packed lunch on the first day (Monday)
- Please ensure you have ticked YES/NO on the return slip with regards to swimming and kayaking

#### Require further information on Package 1?

If you require further information on Package 1 - the Multi Activity Residential, or have concerns or questions prior to the residential please attend a short meeting on **Monday, 10 June 2019** at 6.00pm in the Performance Hall.



## Package 2 – Adventure

All students will undertake trips to Paignton Zoo and Dartmoor. Package 2 includes the provision of additional three-day trips with students returning home each evening.

**Surfing** – A day of surfing with Surf Up School, Polzeath. It is for all abilities but students must be confident swimmers. Students will spend the day at the beach and will receive two surfing lessons; one in the morning and one in the afternoon (10am and 1pm). You will also have the opportunity to take part in fun beach activities. You will be given a wetsuit and a surfboard to use.

**Orienteering** – Students will spend the day in Filham Park and Long Timber Woods. Students will learn map and navigation skills. They will use a map to navigate from point to point in diverse and unfamiliar terrain. Students will be given a prepared orienteering map, which they use to find control points.

**Coasteering** – Students will spend the day coasteering and beach activities at Anstey's Cove, Torquay. Students can jump from exhilarating heights. Explore deep sea caves, and squeeze through gaps to discover Devon's hidden gems. Reach Outdoors' guides will set the pace that suits your child's needs.

### Surfing

Times and Meeting Point		What to Wear	What to bring
Meeting Place	Sports Hall	Sensible outdoor clothing Sensible footwear for walking Warm and waterproof – dress for weather conditions Swimming costume	A rucksack Packed lunch Drinks Towel Flip flops Items for the beach Sun cream, hat, sun glasses (dependent on weather) Camera/phone (students' responsibility) Money for food and drinks Change of clothes and hoodie/jumper
Meeting Time	7.30am		
Return to staff car park outside community sports	6.30pm		

### Orienteering

Times and Meeting Point		What to Wear	What to bring
Meeting Place	Sports Hall	Sensible outdoor clothing Sensible footwear for walking and running Warm and waterproof – dress for weather conditions	A rucksack Packed lunch and drinks Sun cream, hat, sun glasses (dependent on weather) Camera/phone (students' responsibility)
Meeting Time	9.00am		
Return to College	3.30pm		

### Coasteering

Times and Meeting Point		What to Wear	What to bring
Meeting Place	Sports Hall	Sensible outdoor clothing Sensible footwear for walking Warm and waterproof – dress for weather conditions Swimming costume	A rucksack Packed lunch and drinks Sun cream, hat, sun glasses (dependent on weather) Camera/phone (students' responsibility)
Meeting Time	8.00am		
Return to College	3.30pm		



### Package 3 – Team Building

All students will undertake trips to Paignton Zoo and Dartmoor. Package 3 includes the provision of a two-day camping and team building experience (non residential) and a one-day on-site activity participating in five different Physical Activities/Sports.

**Physical Activity and Sport Day** – All students will have the opportunity to try five different sports for the day. Students will join the PE Department and participate in a variety of sports trying something new.

**Camping and Team Building** – Students will spend one day on the College site learning the basics of camping and survival. Students will spend their second day on Dartmoor to experience camping. Please note this is a non-residential trip. Students will have the opportunity to camp, cook and survive the moors for a day.

### Physical Activity/Sport Day

Times and Meeting Point		What to Wear	What to bring
Meeting Place	Sports Hall for registration	PE Kit or sports attire Trainers Socks Water proof jacket depending on weather	Drinks Towel Packed lunch Sun cream, hat, sun glasses (dependent on weather)
Meeting Time	9.00am		
End of Day	3.30pm		

### Day Camping and Team Building

Times & Meeting Point		What to Wear	What to bring
Meeting Place	Sports Hal	Sensible outdoor clothing Sensible footwear for walking Warm and waterproof – dress for weather conditions	A rucksack Packed lunch Drinks Sun cream, hat, sun glasses (dependent on weather) Camera/phone (students responsibility)
Meeting Time	9.00am		
Return to College	3.30pm	Day 1 - Onsite Day 2 - Offsite	

### Paignton Zoo

#### (Science Trip for all Packages and all Year 7 Students)

All students will undertake the trip to Paignton Zoo. The purpose of the trip is to enhance the Key Stage 3 Curriculum. Science, during the two-year programme, includes much on variation in living organisms and how organisms are adapted to their habitats. Visiting the zoo is an excellent opportunity for the students to apply knowledge and skills gained in lessons to an interesting and stimulating environment.

Times and Meeting Point		What to Wear	What to bring
Meeting Place	Sports Hall	Sensible outdoor clothing Sensible footwear for walking Waterproof jacket	A rucksack Packed lunch and drinks Sun cream, hat, sun glasses (dependent on weather) Camera/phone (own responsibility) Money for the gift shop
Meeting Time	9.00am		
Return to Coach Park	3.30pm		





## Dartmoor (Geography Trip for All Packages and all Year 7 Students)

The field trip to Dartmoor is a part of the Year 7 Geography course. The trip will enable the students to learn and develop geographical fieldwork techniques as well as supporting their learning in College. Students will explore the different uses of Dartmoor and the conflicts between these uses, as well as investigating how the area is being managed.

Times and Meeting Point		What to Wear	What to bring
Meeting Place	Sports Hall	Sensible outdoor clothing Sensible footwear for walking Warm and waterproof – dress for weather conditions Sun cream, hat, sun glasses (dependent on weather)	A rucksack Packed lunch and drinks Pencil case College planner Camera/phone (students responsibility) 20p for the toilet facilities Money for refreshments
Meeting Time	9.00am		
Return to Coach Park	3.30pm		

### What do you do next?

1. Select either Package 1, Package 2 or Package 3 for your child.
2. Ensure you know your son/daughter's group/population and the 'carousel' that the group will follow for the week.
3. Note the days your son/daughter will participate in the different activities (these will be split across the year group on a carousel).
4. ParentPay will create the registers of names for Enrichment Week, so it is **essential** that all parents sign up to the required package for their son/daughter.
5. See the Payment Details and the How to Sign Up section.





## Payment Details and How to Sign Up

1. Payment must be made using ParentPay. If you have not used it before, please go to [www.parentpay.com](http://www.parentpay.com) and log in to activate your account and use the user name and password sent to you by the College.
2. All packages will go live on ParentPay from **Tuesday, 16 April 2019** from 11am. Please note that due to restriction with the ParentPay set up and system it is **not** possible to release the activities and packages in the evening or overnight.
3. Select the preferred package (subject to availability) and make payment.
4. Payment guidelines:

<b>Package 1 – Multi Activity Residential</b> Cost <b>£170</b> per student £50 deposit to secure your son/daughters place On receipt of the deposit, a further trip payment will be added to ParentPay for the balance Pay a minimum 50% of the amount by <b>Monday, 10 June 2019</b> Pay the full amount of all trips by <b>Monday, 1 July 2019</b>	
<b>Package 2 – Adventure</b> Cost <b>£80</b> per student Pay the full amount to secure a place on this package by <b>Monday, 1 July 2019</b>	<b>Package 3 – Team Building</b> Cost <b>£30</b> per student Pay the full amount to secure a place on this package by <b>Monday, 1 July 2019</b>

5. Once your payment has been processed you will be given a receipt number. Please put this on the reply slip (attached) so we know your payment has been processed.
6. Return the reply slip to your son/daughters Tutor by **Monday, 3 June 2019**.
7. All packages have a maximum number of spaces and are offered on a 'first come first served' basis. All packages are different with regards to the number of available spaces. If a package is full, students must choose an alternative activity.
8. Once ParentPay is completed and packages are signed up for, a register will be generated for staff. Students' details will be extracted from SIMS for offsite trips to include parent contact details, medical information, and allergies. The act of registering your son/daughter for a package on ParentPay, represents consent for your son/daughter to participate in that chosen package.
9. If you would like further information regarding ParentPay or you encounter any complications please do not hesitate to contact [orders@ivybridge.devon.sch.uk](mailto:orders@ivybridge.devon.sch.uk) or telephone the College and ask to speak to the Finance Team.

## Financial Assistance

Please email Helen Reddy at [enrichmentweek@ivybridge.devon.sch.uk](mailto:enrichmentweek@ivybridge.devon.sch.uk) if your son/daughter is a pupil premium student and you would like financial assistance for the above packages. Please email in advance of Tuesday, 16 April 2019.

## Free School Meals

Please ensure you complete the return slip and tick the free school meal box if your son/daughter is in receipt of free school meals and you still require it over the Enrichment Week.

**Please note** that all of the payments are non-refundable. Should you withdraw from any of the packages at any point, no refunds will be made.

**Questions or Emergency Contact**

Please ensure your child speaks to his/her Tutor to discuss any questions or concerns regarding Enrichment Week.

If there is an **emergency** or you have any **questions** regarding Enrichment Week please contact:

**Helen Reddy**

**Head of Performing Arts and Enrichment Week**

**Email:** [enrichmentweek@ivybridge.devon.sch.uk](mailto:enrichmentweek@ivybridge.devon.sch.uk)

**College Phone:** 07825 160343

(Text is preferred - for emergencies during Enrichment Week. The phone will be live from Sunday, 30 June to Friday, 5 July 2019).

**Tom Brown**

**Head of Year 7**

**Email:** [tbrown@ivybridge.devon.sch.uk](mailto:tbrown@ivybridge.devon.sch.uk)

**Thom Guy**

**BF Camping Leader**

**Email:** [tguy@ivybridge.devon.sch.uk](mailto:tguy@ivybridge.devon.sch.uk)

If after reading the Enrichment booklet, you require further clarification, there will be the opportunity to speak to members of the Senior Leadership Team and Helen Reddy on the evening of **Monday, 3 June** at 5.30pm – 6.00pm in the Performance Hall.

I hope your son/daughter enjoys Enrichment Week.

Yours sincerely

Helen Reddy

**Head of Performing Arts**

**Year 7 Enrichment Week Return Slip****Monday, 1 July – Friday, 5 July 2019**

(Please return this slip to your Tutor by Monday, 3 June 2019)

Name of Student:					
Tutor Group:					
Chosen Package: (Please tick the appropriate box)	<b>Package 1:</b> <input type="checkbox"/> <b>Package 2:</b> <input type="checkbox"/> <b>Package 3:</b> <input type="checkbox"/>				
Receipt Number from ParentPay for Payment:					
If participating in <b>Package 1 and 2</b> , some activities will involve water and swimming	<b>Swimming Ability</b> (for water based activities). Please circle your answer. 1. Is your child able to swim 50 metres? YES / NO 2. Is your child water confident for canoeing? YES / NO 3. Do you give consent for your child to swim and go in water YES / NO				
Free School Meals:	Please tick the box if you wish your son/daughter to receive their free school meal during Enrichment Week <input type="checkbox"/>				
Please note any dietary requirements:					
<b>Please ensure you understand the following points:</b> <ol style="list-style-type: none"><li>1. Places are limited on many of the activities and will be allocated on a first come, first served basis.</li><li>2. In signing the reply slip you are agreeing that you have read the information about the proposed packages and agree to your son/daughter taking part in the visits outlined.</li><li>3. You are prepared to make full payment towards the cost of the proposed packages and you agree to pay in full by <b>Monday, 1 July 2019</b>.</li><li>4. Payment Guidelines are as follows:</li></ol>					
<table border="1"><tr><td colspan="2"><b>Package 1 – Multi Activity Residential</b> Cost <b>£170</b> per student £50 deposit to secure your son/daughters place on this trip On receipt of the deposit, a further trip payment will be added to ParentPay for the balance Pay a minimum 50% of the amount by <b>Monday, 10 June 2019</b> Pay the full amount of all trips by <b>Monday, 1 July 2019</b></td></tr><tr><td><b>Package 2 – Adventure</b> Cost <b>£80</b> per student Pay the full amount to secure a place on this package by <b>Monday, 1 July 2019</b></td><td><b>Package 3 – Team Building</b> Cost <b>£30</b> per student Pay the full amount to secure a place on this package by <b>Monday, 1 July 2019</b></td></tr></table>		<b>Package 1 – Multi Activity Residential</b> Cost <b>£170</b> per student £50 deposit to secure your son/daughters place on this trip On receipt of the deposit, a further trip payment will be added to ParentPay for the balance Pay a minimum 50% of the amount by <b>Monday, 10 June 2019</b> Pay the full amount of all trips by <b>Monday, 1 July 2019</b>		<b>Package 2 – Adventure</b> Cost <b>£80</b> per student Pay the full amount to secure a place on this package by <b>Monday, 1 July 2019</b>	<b>Package 3 – Team Building</b> Cost <b>£30</b> per student Pay the full amount to secure a place on this package by <b>Monday, 1 July 2019</b>
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<b>Please let the College know if you have:</b> <ol style="list-style-type: none"><li>1. Additional comments</li><li>2. Change in contact details</li><li>3. Change in medical information</li><li>4. Adaptation requested to package</li></ol>					
Signed by Parent:					
Print Name:					
Dated:					