



BTEC Level 3 Extended Diploma in Sport

Key contacts: Mrs Philpot (Head of Department)
and Mr D Cater (Course Leader)

Exam Board: EDEXCEL

Overview of the course:

A two year full-time programme of study, which provides an excellent stepping stone for those wishing to pursue a career in Sport and Recreation, or want to progress onto Higher Education.

What will you study?

The course is tailored to focus on aspects of Sport, Coaching and Fitness as well as working within the sports industry. The course is a modular based programme with a variety of modules to improve knowledge and understanding of different aspects of the sports industry.

Progression to Year 2 is determined by Year 1's performance. Students will need to pass all units in Year 12 in order to progress to Year 13.

Students will follow the following modules:

Year 1

- Anatomy and Physiology
- Fitness Training & Programming for Health, Sport & Well-being
- Professional Development in the Sports Industry
- Sports Leadership
- Application of Fitness Testing
- Practical Sports Performance
- Sports Event Organisation

Year 2

- Coaching for Performance
- Research Methods in Sport
- Development and Provision of Sport & Physical Activity
- Investigating Business in Sport and the Active Leisure Industry
- Skill Acquisition in Sport
- Sports Performance Analysis
- Rules, Regulations & Officiating in Sport

Assessment

There are four units which will be externally assessed. One unit will be a written exam lasting 1.5 hours. The other three will be supervised controlled assessments which will be set by the exam board prior to the assessment period. The assessment period will supervised and last for 2.5 hours and all will take the form of written submissions, which will be externally marked. The remaining units will be assessed using internal assessment. This will be verified at intervals by an internal and external verifier. These will include assignments, practical and knowledge based assessments.

All internal assessed evidence will be categorised into an electronic 'student portfolio' that shows the BTEC exam board, prospective employers, university admission officers and other external agencies the work produced and grades achieved by the student on the course.

Possible career path?

- Sports clubs
- Health and Fitness Training
- Armed Forces
- Coaching
- Administration
- Higher Education
- Sports Club Coaching
- Personal Training
- Teaching

Entry requirements

Ideally five GCSEs Grade 9-5, including English and Mathematics.

Preferably County representative in one or more sports, but not essential.