



Finish Line Planning Revision Timetable

Name _____

*"Hard work beats talent when talent
doesn't work hard"*

Revision Timetable



A Guide to Effective Revision

1. Write in all the exams you have during the exam season.
2. Identify the subject and topic you are going to revise in advance of the session. Select this based on your highest need from your **Exam Guide**
3. Use a Knowledge Organiser, Exam Guide or Specification to identify exactly what it is you are revising

TIP - You can't revise it all at once, so be focused on one thing at a time before moving on.

4. Complete a cycle of
 - a) **Flip Card** making and use.
 - b) Attempting **Exam Past Paper Questions**
 - c) Writing any key learning points into **Cumulative Quizzing** questions and self-testing
 - d) Producing overview **Blind Mind-Maps** when you get to the end of a section or topic

TIP – It is very easy to just revise things you already know as it is rewarding. Don't do this - Tackle the content that you find tough.

- If you are stuck on a topic, or don't understand either find a video from Greenshaw Learning Trust/Oak National/ Seneca etc, or make a note and ask your teacher to reteach in lesson time.

[They will thank you for this]

TIP – Review your Revision Timetable weekly on a Monday to ensure you are being reactive to the content you NEED to revise for your upcoming exams.

Checklist

- Exam Timetable
- Exam Guides
- Completed Revision Timetable
- Past Paper Materials
- Self-Testing Toolkit
- Knowledge Organisers
- Revision Guides
- Stationery
- Quiet Space to work
- Access to Subject Specific Websites



How to Revise

Self Directed Learning

When revising, use the **Self-Testing Tool Kit** to ensure that knowledge is well embedded in your long term memory. You should do this throughout the year and not just wait for exams or assessment times.

There are five techniques within the Toolkit that we recommend to help you learn and retain information. You will be shown how to use these in your lessons.

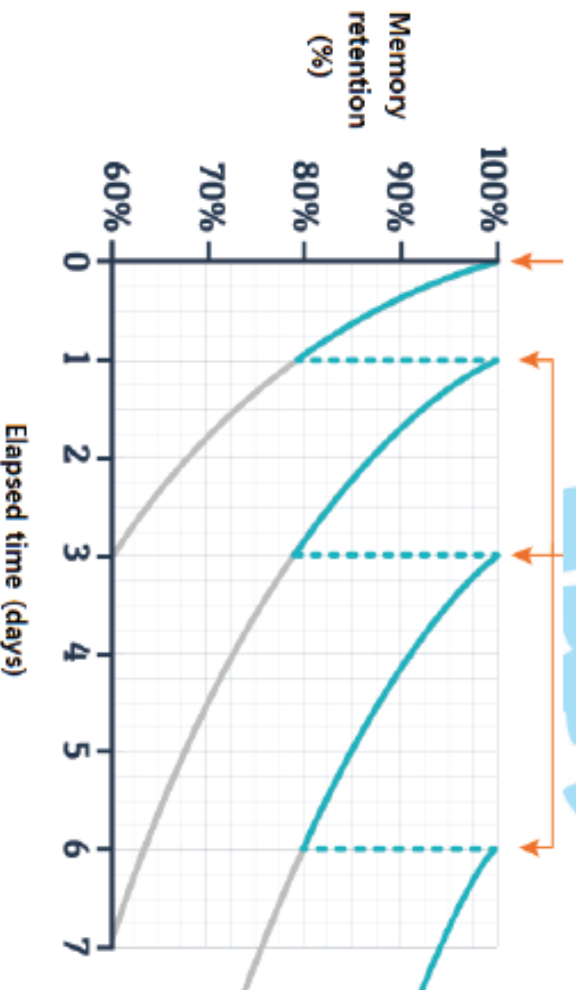
The Self Testing Tool Kit

1. Pre-Tests/Post Tests
2. Cumulative Quizzing
3. Flashcards
4. Structured Note Taking
5. Blind Mind Mapping

The Forgetting Curve

We know if information isn't used, we forget it. That's ok, but it means we **MUST** regularly revisit it in order to store it in our long term memory.

This is called spaced practice.



WHY SHOULD I USE FLASHCARDS?

Is it useful to test myself using flashcards?

Yes. By breaking up a topic into smaller amounts of information, testing yourself will be more manageable. Furthermore, by putting a question or key idea on one side of the card and trying to remember the answer or explanation on the back, you will strengthen your memory of the things you're trying to learn.

Why not just read the information? Isn't it pointless to make things harder for myself?

No. Scientists studying the brain have shown that when it comes to remembering, a healthy amount of struggle is good for us. Digging deep trying to remember answers or explanations, especially when this feels a little challenging, will increase your chance of remembering it. What's more, by changing the order in which you attempt the cards, you make your brain work in a tougher but more flexible way. This will help you to recognise more quickly how best to answer questions in a test. By taking revision cards out of the stack when you have proven to yourself they've been learnt, you will leave yourself with the cards you find most difficult. This will allow you to focus on what you still need to learn. But remember, it's important to add the learnt cards back into the stack from time to time to refresh your memory.



1 PRE-TESTS / POST-TESTS

2 CUMULATIVE QUIZZING

3 FLASHCARDS

4 STRUCTURED NOTE-TAKING

5 BLIND MIND MAPPING

The Self-Testing Toolkit



FLASHCARDS

HOW SHOULD I USE FLASHCARDS?

1 Create cards with a question or key idea written on one side and the answer or explanation on the other.



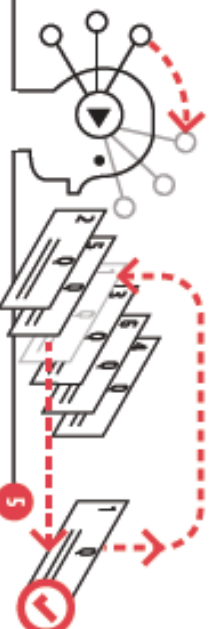
2 Number the cards in the order you make them in.



3 Run through the cards, testing yourself on the answers / explanations.



4 When you feel more confident, shuffle the deck to change the order you test yourself in. Having numbered them, you'll be able to put them back in order later.



5 When you feel confident you have fully learned a card, remove it from the deck to focus on other cards. Return it in a few days just as you're beginning to forget it.

WHY SHOULD I USE BLIND MIND MAPPING?

? Is it useful to recreate mind-maps from memory?

Yes. Making a mind-map will help you to organise the information you have learned. This will give it a better chance of 'sticking' in your long term memory. By joining up different parts of a topic in a structure, you will be better able to make links between them. Your brain also benefits from information being organised in a clear structure, freeing it up to learn other things without feeling overloaded.



? Why recreate a whole mind-map from memory? Isn't my time better spent re-reading/highlighting material or making summaries of information?

No. Scientists studying the brain have shown that re-reading material isn't very helpful when it comes to remembering it. And nor is highlighting. Furthermore, creating new resources might make you feel busy, but feeling busy doesn't mean you're learning. Instead, by challenging yourself to recreate all or part of a mind-map from memory, you will strengthen the links you have made between different parts of the topic. You may also find that you're able to recall or 'picture' the information from the page having practiced retrieving it with less and less chances to 'peek' each time you attempt it.



1 PRE-TESTS / POST-TESTS

2 CUMULATIVE QUIZZING

3 FLASHCARDS

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5 BLIND MIND MAPPING

The Self-Testing Toolkit



BLIND MIND MAPPING


KINGSBRIDGE COMMUNITY
COLLEGE

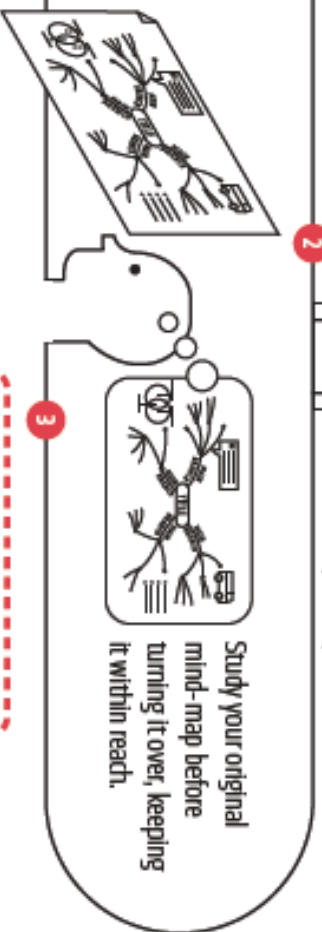
HOW SHOULD I USE BLIND MIND MAPPING?



1 Create a mind-map for a topic you have learned. Use multiple branches, bullet points, numbered lists, images, symbols etc.



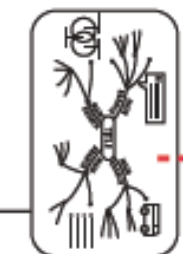
2 Use a thin piece of plain paper to trace the structure of your mind-map. Only include the structure (branches, bullet points etc) and none of the words. Photocopy the structure of your mind-map to create multiple templates. Set them to one side.



3 Study your original mind-map before turning it over, keeping it within reach.



4 Pick up a 'structure template' and draw five hearts down one side. These are your 'lives'.



5 Recreate your mind-map from memory, crossing out a life each time you need to peak at the original.

RULES

You can't write whilst peaking and you should reduce the lives you give yourself as your ability to recall information improves.



A Guide to Effective Revision Spaces

When you revise effectively, you pull information from your long-term memory and strengthen it in your working memory. You may also be finding gaps in your long-term memory and closing them by thinking hard about new information in your working memory.

Your working memory can only hold a small amount of information at once. In order to revise and learn effectively, you should use techniques which stop your working memory from becoming overwhelmed.

Anything that you are currently experiencing or paying attention to takes up space in your working memory. One way that you can free up space in your working memory is by working in an environment which is free from distractions.

When creating a space to revise...

- ...work in a tidy environment where you have the tools you need to revise effectively.
- ...work in a quiet environment.
- ...put your phone in another room or use an app on your phone which blocks social media.
- ...work in a space which you only use for revision.

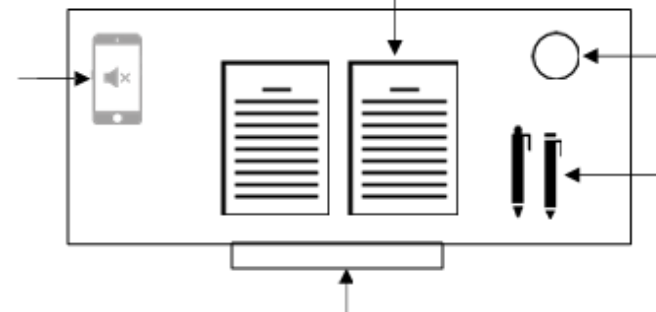
An example of an effective revision space



A quiet environment, such as a classroom or library

The resources you will need to revise using the Self-Testing Toolkit

Put your phone on silent if you will need to use it, or put it in another room



A drink, such as a glass of water

The pens and pencils you will need to revise

A chair which is similar to the chair you use at school – not a sofa or a bed

Websites for Effective Revision

SUBJECT	WEB ADDRESS	What it does and how to use it...
Mathematics	SPARX	Personalised online homework and revision tool.
Mathematics	Mathsgenie	<p>Past papers and Exam questions based on topics This website has a wealth of revision resources as well as videos with full worked solutions. Students are able to focus on topics aiming at a particular grade.</p>
English Language	http://www.educationquizzes.com/gcse/english	<p>Quizzes that support understanding of the exam expectations. There are also links to other websites within the quizzes.</p>
English Literature	http://www.oxnotes.com/gcse-english-literature	<p>Subject content for all of the set texts. Remember that we study <i>A Christmas Carol</i>, <i>Macbeth</i> and <i>An Inspector Calls</i>.</p>
Science	Educake	<p>Exam specific knowledge quizzes. Use the revise function to retrieve specific knowledge from the specification. There are videos to watch explaining each concept.</p>
Science	http://www.cognitoedu.org	<p>Video lessons linked directly to your specification with past paper questions and mark schemes broken down by topic. Watch the video for each topic, answer the questions and mark it using the mark schemes.</p>
History Geography Spanish French Science Design Technology Food and Nutrition Physical Education Computer Science	http://www.bbc.co.uk/bitesize	<p>Subject content and quizzes. Ensure that you select the appropriate subject, exam board and modules. Watch videos, revise content and recall knowledge through quizzing. The app is also useful.</p>

Websites for Effective Revision

SUBJECT	WEB ADDRESS	What it does and how to use it...
Religious Studies	reonline.org.uk	Key revision for Christianity and Hinduism Includes video and quizzes to test knowledge.
Religious Studies	quizlet.com/en-gb/content/gcse-religious-studies	Flashcards to print. Quizzes with answers on Christianity and Hinduism both papers plus correct answers to check your learning. There is also our themes based in Christianity and Hinduism
Sociology	Seneca	Subject content and quizzes. Ensure that you select the appropriate subject, exam board (AQA GCSE Sociology) and modules. Watch videos, revise content and recall knowledge through quizzing.
Computer Science	Seneca	Subject content and quizzes. Ensure that you select the appropriate subject, exam board (OCR) and modules. Watch videos, revise content and recall knowledge through quizzing. The app is also useful.
Computer Science	Craig 'n' Dave YouTube playlist in specification order	Watch these videos – they also group them by topic – each one has a title and content within it; and the playlist on the right hand side is in specification order.
French Spanish	languagenut.com	All students have a login to access Languagenut which provides revision activities to learn Edexcel vocabulary and to practise exam skills through the skills of reading, listening, speaking and writing.
Design Technology	studyrocket.co.uk/revision/gcs-e-design-and-technology-aqa	Watch videos and read condensed notes for each element of the course.
Business Studies	Seneca	Subject content and quizzes. Ensure that you select the appropriate subject, exam board (Edexcel) and modules. Watch videos, revise content and recall knowledge through quizzing. The app is also useful.
Geography	Seneca	Subject content, quizzes and exam practice to help you revise subject knowledge and how to apply it to exam questions. Select the GCSE AQA Geography course.

Revision Timetable - Week _____



	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday	Sunday
	___ Days Remaining	___ Days Remaining	___ Days Remaining	___ Days Remaining	___ Days Remaining		___ Days Remaining	___ Days Remaining
7.00-8.00						7.00 - 8.00		
8.00-8.45						8.00 - 9.00		
Tutor Group						9.00 - 10.00		
Block 1						10.00 - 11.00		
Block 2						11.00 - 12.00		
Break						12.00 - 13.00		
Block 3						13.00 - 14.00		
Block 4						14.00 - 15.00		
Lunch						15.00 - 16.00		
Block 5						16.00 - 17.00		
College Revision Session						17.00 - 18.00		
						18.00 - 19.00		
Evening Session 1						19.00 - 20.00		
Evening Session 2						20.00 - 21.00		
Evening Session 3						21.00 - 22.00		

Holiday Revision Timetable – Week ____



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	___ Days Remaining	___ Days Remaining	___ Days Remaining	___ Days Remaining	___ Days Remaining	___ Days Remaining	___ Days Remaining
7.00 - 8.00							
8.00 - 9.00							
9.00 - 10.00							
10.00 - 11.00							
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20.00 - 21.00							
21.00 - 22.00							



Do something
today your
future self will
thank you for.

