



Independent Learning in A Level Psychology



After each lesson, in addition to completing any set work, a pro-active, independent learner would...

- Ensure that notes are completed and filed suitably in a folder or book.
- Catch up on any missed lessons *before* the next lesson.
- Read the relevant textbook pages and annotate lesson notes with additional information.
- Use their student checklist sheets to map learning against the requirements of the specification for each topic being studied: class notes → independent notes → revision.
- Make a list of things not fully understood to be reviewed, and discuss this with a peer in the first instance before approaching a teacher.
- E-mail or speak to their class teacher to arrange a meeting time for further clarification of any work they are unsure of; alternatively, attend the lunchtime Psychology Surgery Session.
- At the end of each 'mini topic', create a mind map to review all of the content and see the bigger picture, adding in relevant issues and debates (using GRENADE and GRAVEE) to strengthen evaluation.
- Continue to purple pen and redraft marked work and return to their class teacher.
- Maintain a list of learning points from reviewed/marked work and regularly review this list.
- Seek out additional sources of questions on areas of weakness and complete and self-mark questions with a mark scheme before asking for feedback from your teacher.
- Read the textbook chapter on the next topic before the next lesson.

3

2

1

Effort grade

Resources to help you study

Key resources, such as the exam specification, checklists, past papers and mark schemes, exam technique and advice, etc. can be found in Handouts\PSYCHOLOGY.

Resource	Description
Student Checklist Sheets	You should have one for each topic. These will give you a breakdown of the specification and what you should have in your notes.
Psychology AS/1L The complete companion	This is the course text book for all Year 1 content.
AQA A Level Psychology 2	This is the course text book for all Year 2 content.
https://www.tutor2u.net/psychology	Navigate your way around this useful website to find key study notes, revision webinars and top tips for exam success.
https://www.simplypsychology.org/	A good website with an overview of key areas linked to the specification. You can use this to help clarify lesson content or extend your learning.
https://www.bps.org.uk/public/a-z-of-psychology	A useful glossary of key psychological terms.

Stretch yourself

Sign up to the British Psychological Society and receive their e-mails on the latest psychological research out there. Also, you can borrow *Psychology Review* magazines to deepen your learning from your class teacher.