

Independent Learning in BTEC Health and Social Care



After each lesson, in addition to completing any set work, a pro-active, independent learner would...

- Ensure that notes are completed and filed suitably in a folder or book.
- Catch up on any missed lessons before the next lesson.
- Read the relevant textbook pages/reading related to the classwork, and copy out tables and mind-maps for future revision.
- Make a list of things not fully understood to be reviewed, and discuss this with a peer in the first instance before approaching a teacher.
- Use their checklist to track where they are within the course and what has been covered.
- E-mail or speak to their class teacher to arrange a meeting time for further clarification of any work they are unsure of.
- Use revision quizzes and consolidation revision exercises.
- Be pro-active in using the internet for personal study and further research to acquire additional material to support answers in assessment questions.
- Self-mark sample assessment material, referring to the mark scheme and checklist, and request feedback from their teacher when need.

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Resources to help you study

Key resources can be found in Handouts\Social Science BTEC Health and Social Care.

Resource	Description
Student Checklist Sheets	You should have one for each topic. These will give you a breakdown of the specification and detail what you should have in your notes.
BTEC Pearson National Health and Social Care Student Book 1	Units 1, 2, 3, 5, 7, 10, 11 & 14. Students Study Units 1, 2, 5 & 11. This is the course text books for all Year 1 & 2 content. See list of useful websites at the end of each unit.
Revision guides: www.pearsonfe.co.uk/BTECNationals20 16	REVISION GUIDE 9781292150321 & WORKBOOK 9781292150314 For Unit 1 Human Lifespan development & Unit 2 Working in Health and Social Care
https://www.nhs.uk/pages/home.aspx	UNIT 1 On this site you'll find links to a variety of Health and Social care issues, online resources, articles and downloadable materials. You can use these links to support course content and read around a topic.
http://www.communitycare.co.uk	UNIT 1 A specialist website involved in all aspects of social care online resources, articles and downloadable materials. You can use these links to support course content and read around a topic.
https://www.gmc-uk.org/ https://www.nmc.org.uk/ http://www.hcpc-uk.co.uk/	UNIT 2 The General Medical Council regulates doctors in the UK. The Nursing and Midwifery Council regulates nurses and midwives. The Health and Care Professions Council regulates health care workers.
https://www.nice.org.uk/ http://www.cqc.org.uk/	UNIT 2 The National Institute for Health and Social Care Excellence (NICE) guidance and advice to improve H&SC. The Care Quality Commission regulates health and social care in England

Stretch yourself

Read through any additional literature or suggested websites given to you. Keep up to date with relevant articles from the NHS or other relevant website sources listed above.