

Year 12-13 PSHE Curriculum 2025-2026

	Term 1 Health & wellbeing 	Term 2 Health & wellbeing/Relationships 	Term 3 Relationships/ Living in the wider world 	Term 4 Relationships/ Living in the wider world 	Term 5 Living in the wider world 	Term 6 Living in the wider world 
Year 12	Transition to KS5 Effective study strategies & skills to support the transition to Sixth Form as well as ways to support mental wellbeing.	Independence & Safety Staying safe in new independent contexts (including drug & alcohol education). Support with Unifrog* & next steps.	Healthy Relationships Positive relationships features and unhealthy relationships, including coercive control. Support with work experience*.	Relationship Safety & Health Online safety, including in relation to meeting new people/online relationships. Fertility & sexual health. Preparation for Future's Week*.	Financial Choices Student finance, debt and mortgages	Future Pathways Politics, Post-16 & UCAS
Year 13	Lifestyle Routines & Wellbeing Study Skills Revisited, exploring the challenges of leaving home as well as the relationship between finances and wellbeing.	Healthy Relationships & Sexual Health Sexual health, sexual pleasure and sexual harm.	Financial Wellbeing Financial independence, budgeting and debts/savings in relation to student life and the future.	Next Steps Inclusion & Intersectionality (the Equality Act 2010, rights within education & as an employee), preparation for next steps and exam preparation.	Mentoring	Exams/Revision