

## Remote Curriculum Year 10 PSHE MONDAY WEEK A BLOCK 1 ONLY

How it Works:

1. Find the correct week commencing row.
2. Find today's day - There are up to 3 different lessons in each day – you won't run out of work.
3. Choose a lesson – hold ctrl and click the chosen link.
  - a. If you don't recognise the work, it appears too difficult or the link doesn't load; i. Try another task – look at the previous/next lesson or look at other days.
4. Some lessons have links to PowerPoints and other resources beneath the video and/or Starter Quiz
5. Complete any starter quizzes. a. Write your answer down b. Mark your answers and write down any corrections
6. Watch the videos and take notes
7. Pause if/when instructed to do so to answer questions or respond.
8. Complete and go onto the next one.

Signposting support:

If you have any questions, worries or concerns, please speak to your:

Tutor / Pastoral Leader / College Director / SENDCo's / Safeguarding- yellow lanyard or email safeguarding at: [safeguarding@ivybridge.devon.sch.uk](mailto:safeguarding@ivybridge.devon.sch.uk)

Lesson	Lesson 1	Lesson 2	Lesson 3
12/01/26 Relationship values	<a href="#">What is a healthy intimate relationship?</a>	<a href="#">Diversity within intimate relationships</a>	<a href="#">Online relationships</a>
26/01/26 Harassment	<a href="#">Harassment</a>	<a href="#">Harassment, abuse and rape</a>	<a href="#">Controlling behaviour and coercive control</a>
26/01/26 Coercive control	<a href="#">Controlling behaviour and coercive control</a>	<a href="#">Sexual coercion</a>	<a href="#">Criminal behaviours within a relationship</a>
09/02/26 Revenge porn	<a href="#">Pornography and the law</a>	<a href="#">Sexual harassment</a>	<a href="#">Sexual pressure</a>
02/03/26 Respecting diversity	<a href="#">Exploring British identity- who are the British?</a>	<a href="#">Shared values- do they unite us?</a>	<a href="#">How can we maintain respect and understanding in society</a>
16/03/26 Extremism and radicalisation	<a href="#">Online groups and radicalisation</a>	<a href="#">Violent extremism and links to mental health</a>	<a href="#">What is discrimination and prejudice?</a>
30/03/26 Managing online influence	<a href="#">Using my personal power online</a>	<a href="#">Responding to online harassment</a>	<a href="#">Financial security online</a>