## Remote Curriculum Year 10 PSHE MONDAY WEEK A BLOCK 1 ONLY

How it Works:

- 1. Find the correct week commencing row.
- 2. Find today's day There are up to 3 different lessons in each day you won't run out of work.
- 3. Choose a lesson hold ctrl and click the chosen link.
- a. If you don't recognise the work, it appears too difficult or the link doesn't load; i. Try another task look at the previous/next lesson or look at other days.
- 4. Some lessons have links to PowerPoints and other resources beneath the video and/or Starter Quiz
- 5. Complete any starter quizzes. a. Write your answer down b. Mark your answers and write down any corrections
- 6. Watch the videos and take notes
- 7. Pause if/when instructed to do so to answer questions or respond.
- 8. Complete and go onto the next one.

Signposting support:

If you have any questions, worries or concerns, please speak to your:

Tutor / Pastoral Leader / College Director / SENDCo's / Safeguarding- yellow lanyard or email safeguarding at: <a href="mailto:safeguarding@ivybridge.devon.sch.uk">safeguarding@ivybridge.devon.sch.uk</a>

| Lesson               | Lesson 1                    | Lesson 2                              | Lesson 3   |
|----------------------|-----------------------------|---------------------------------------|--|
| 12/01/26             | What is a healthy intimate  | Diversity within intimate             | Online relationships                                     |
| Relationship values  | <u>relationship?</u>        | <u>relationships</u>                  |  |
| 26/01/26             | Controlling behaviour and   | <u>Sexual coercion</u>                | Criminal behaviours within a relationship                |
| Coercive control     | coercive control            |                                       |  |
| 09/02/26             | Pornography and the law     | <u>Sexual harassment</u>              | <u>Sexual pressure</u>                                   |
| Revenge porn         |                             |                                       |  |
| 02/03/26             | Exploring British identity- | Shared values- do they unite us?      | How can we maintain respect and understanding in society |
| Respecting diversity | who are the British?        |                                       |  |
| 16/03/26             | Online groups and           | <u>Violent extremism and links to</u> | What is discrimination and prejudice?                    |
| Extremism and        | <u>radicalisation</u>       | mental health                         |  |
| radicalisation       |                             |                                       |  |
| 30/03/26             | Using my personal power     | Responding to online harassment       | <u>Financial security online</u>                         |
| Managing online      | <u>online</u>               |                                       |  |
| influence            |                             |                                       |  |