

## Remote Curriculum Year 7 PSHE MONDAY WEEK A BLOCK 1 ONLY

How it Works:

1. Find the correct week commencing row.
2. Find today's day - There are up to 3 different lessons in each day – you won't run out of work.
3. Choose a lesson – hold ctrl and click the chosen link.
  - a. If you don't recognise the work, it appears too difficult or the link doesn't load; i. Try another task – look at the previous/next lesson or look at other days.
4. Some lessons have links to PowerPoints and other resources beneath the video and/or Starter Quiz
5. Complete any starter quizzes. a. Write your answer down b. Mark your answers and write down any corrections
6. Watch the videos and take notes
7. Pause if/when instructed to do so to answer questions or respond.
8. Complete and go onto the next one.

Signposting support:

If you have any questions, worries or concerns, please speak to your:

Tutor / Pastoral Leader / College Director / SENDCo's / Safeguarding- yellow lanyard or email safeguarding at: [safeguarding@ivybridge.devon.sch.uk](mailto:safeguarding@ivybridge.devon.sch.uk)

Lesson	Lesson 1	Lesson 2	Lesson 3
15/09/25 Transition	<a href="#">Handling transition</a>	<a href="#">Making new friends</a>	<a href="#">Positive and healthy friendships</a>
29/09/25 Personal safety	<a href="#">Water safety</a>	<a href="#">Safety in the sun</a>	<a href="#">Rashes, bites, stings, allergies and anaphylaxis</a>
13/10/25 First Aid	<a href="#">First Aid: cuts, burns, breaks, sprains and stings</a>	<a href="#">First Aid: heat imbalances, choking and anaphylaxis</a>	<a href="#">First Aid: unconsciousness</a>
03/11/25 Healthy routines	<a href="#">Personal hygiene</a>	<a href="#">Feeling unwell</a>	<a href="#">Dental hygiene</a>
17/11/25 Puberty and periods	<a href="#">Exploring puberty</a>	<a href="#">Menstrual health: expectations and period products</a>	<a href="#">The brain during puberty</a>
01/12/25 FGM – With Tutor/Member of staff only	<a href="#">Managing conflict</a>		
15/12/25 ADDITIONAL	My Sentence		