Practice

We know that if we want to be a great musician or sports person, computer engineer or artist, we must do lots and lots of practice. Practice to be successful in GCSE examinations takes one of three main forms...

- 1. Retrieval Practice Self Testing
- 2. Exam Practice Past Papers
- 3. Mastery Practice Going until you can't get it wrong

We often call the practice "revision" - the more perfect and abundant the practice the more likely it is students will succeed in their GCSE examinations. We have two further examination series, (see timeline) to ensure our young people have mentally rehearsed the routines and preparations required for the final push over the finish line in May and June.

Effective Revision Websites



Science

revise?

Maths Tutor

Seneca Learning

Ineffective Revision Practices

- Highlighting and Underlining
- Passive Re-reading
- Cramming last-minute
- "Multitasking" See Top Tip 7.
- Passive Learning (Watching videos)

Next Steps – Careers Advice

It is our mission for every one of our young people to be able to continue their chosen educational journey with a plethora of excellent GCSE and Level 2 grades; fulfilling their aspiration to reach their potential and achieve the career of their dreams.

We have a comprehensive careers program led by Imogen Martin (Director of Sixth form) and Jenny Hughes. If you would like further advice in supporting your young person with the next steps in their decision-making process, navigating the options available to them, please email our dedicated careers team or visit our College webpages. careers@ivybridge.devon.sch.uk

Next Steps – Study at ICC Sixth Form

It is with great pleasure we welcome back the majority of our own Year 11 students into our successful and high achieving Sixth Form. Our entry requirements are course specific and will require a minimum of five grade 5s including mathematics and English for A-Levels, including grade 6s in the subjects they wish to study.

6th form applications open December 11, 2023.

Parent and carer 'Top Tips' to support your young person through Year 11 GCSE Exam Period.

1. Establish a Consistent Routine: Work with your child to stick to a regular daily schedule. Consistency helps with memory consolidation and reduces stress.

2. Prioritise Sleep: Ensure your child gets enough sleep, ideally 8-9 hours per night. Sleep is crucial for memory consolidation and cognitive function, especially during the GCSE season.

3. Create a Dedicated Study Space: Help your child set up a quiet and organized study area free from distractions. A clutter-free environment can improve focus and productivity.

4. Use Active Learning Techniques: Use the revision section of our website to use the best and most effective revision techniques such as Flash Cards, Self-Testing and Blind Mind Mapping. Help your young person by asking them to show you what they've been making.

5. Plan out and Break Down Revision Sessions: Planned, focused study sessions (30 minutes) with regular breaks are more effective than long cramming sessions. The brain retains information better this way. Use our revision timetable maker either in the booklet or online from our website, or use an app like ADAPT.









ICC - How to revise?

Stationery

Exam Guides

Revision Guides

Exam Timetable

Self-Testing Toolkit

Careers

Revision TT App Maths

6. Nutrition: Ensure your child eats balanced meals with plenty of fruits, vegetables, and whole grains. Omega-3 fatty acids found in fish can also support cognitive function. Breakfast is available every day in the Dining Hall from 0800 - 0840

Science

7. Monitor Mobile Phone Usage: Set boundaries on mobile phone use during study hours. Excessive screen time is distracting and detrimental to productivity, especially when revising/ practicing.

8. Exercise Regularly: Physical activity is proven to enhance cognitive function and reduce stress. Encourage your child to engage in regular exercise, even if it's just a short daily walk.

9. Stay Positive and Supportive: Be a source of emotional support and encouragement. Avoid adding undue pressure by helping them to be as prepared as possible, reducing anxiety and building a sense of confidence by encouraging lots of practice.

Revision Checklist

- Past Paper Materials
- Calculator
- Quiet Space to Work
 - Completed Revision Timetable
- Access to Subject Specific Websites





IVYBRIDGE COMMUNITY COLLEGE

Year 11

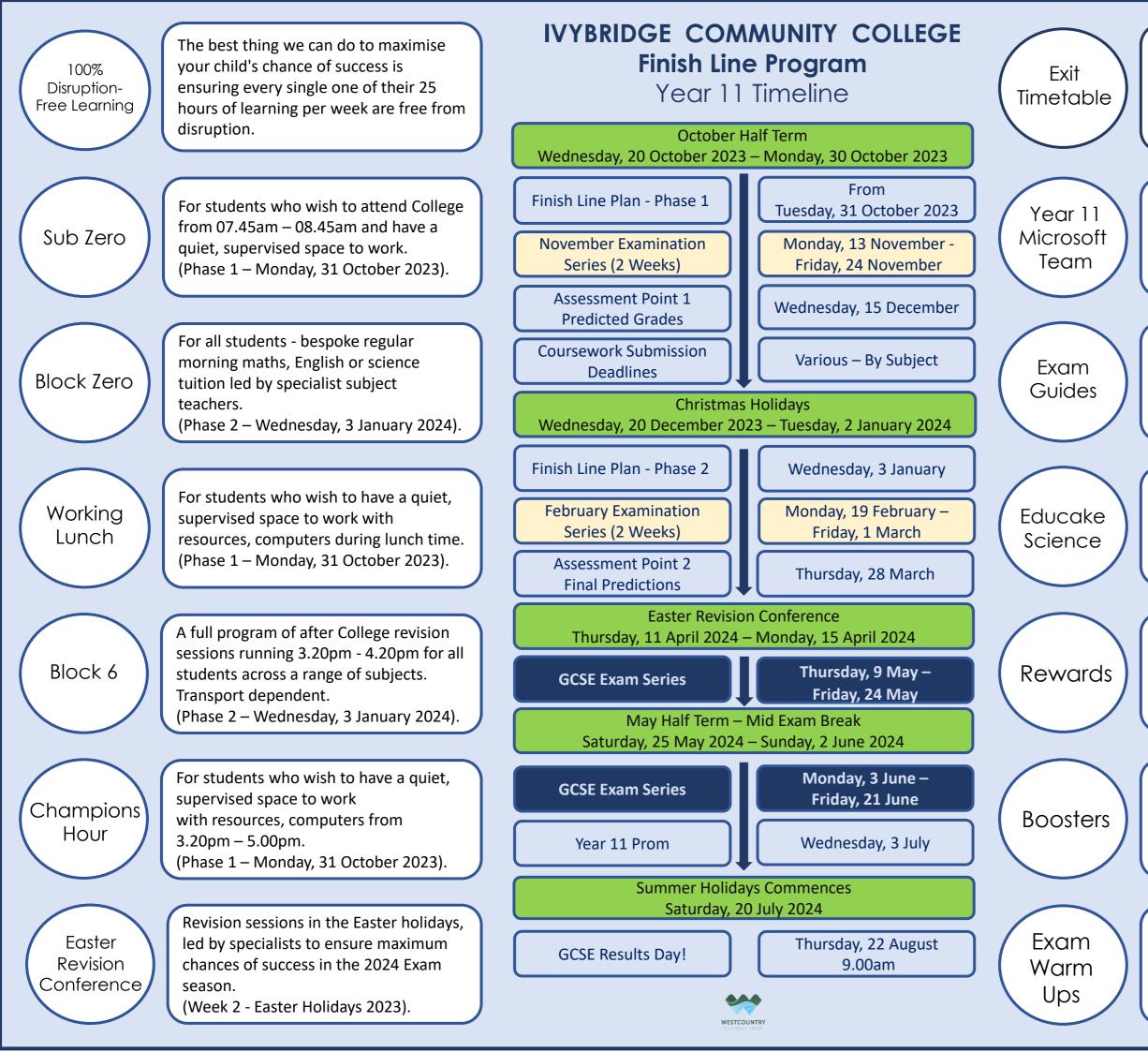
Finish Line

Strategy



"Maximising your child's chances of success."

RESPECT | ASPIRATION | INTEGRITY | COMPASSION



Year 11 will have a subject expert in every lesson until their last exam. Once students have completed a subject's exams, students will have a subject teacher join them for the remainder of their lessons.

All revision resources, past paper materials, essential communications, revision tips, exams timetables and more in one Year 11 specific Microsoft Team space.

An expert guide including all the content required for each exam your child will be sitting in each exam series. (Available now via Teams)

We have purchased a subscription to Educake revision platform for all our students. This has hundreds of revision questions, and resources aimed at improving your young person's grade.

We have a range of bespoke rewards for attending revision sessions and completing revision at home. From family meal vouchers, money off prom tickets and more.

The evening before the exam, a confidence boosting revision session with subject experts addressing any final mis-conceptions and making final preparations.

On the morning of the exam, from 08.25am staff are on hand to ensure students are feeling confident, have any final preparations and to boost their confidence.