**Physical Education and Sport Extra-Curricular Timetable Autumn Term 2017**

Lunchtime Clubs start at 1.30pm and finish at 2.15pm, after College Clubs run from 3.30pm – 5.00pm unless otherwise agreed by the Teacher in charge. Students are encouraged to attend as many of the sessions as possible, however, some may be arranged on a Year Group basis.

**Monday**

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| --- | --- | --- |
| **Before College Clubs: 7.30am-8.30am** | **Lunchtime Clubs: 1.30pm – 2.15pm** | **After College Clubs: 3.30pm** |
| **Group** | **Location** | **Staff** | **Activity** | **Group** | **Location** | **Staff** | **Activity** | **Group** | **Location** | **Staff** |
| Netball | Sports Hall | DNT | Volleyball  | KS3 | Sports Hall | HTT | Badminton  | All | Sports Hall | J Green |
|  |  |  | Cross Country | All  | Off site | CTR/PPT/BRW/BRN | Fitness  | All | Fitness Suite | C Tregidgo |
|  |  |  | Fitness  | All | Fitness Suite | C Tregidgo | Rugby  | Senior | AW1 | RSL |
|  |  |  | Cricket | Girls | AW2 | KGY | Physical Develop-ment | Prim-ary  | Tarmac/AW2 | TYR |
|  |  |  | Rugby | Senior | Field | RSL | Football | 7 | AW1 | J Bradley Argyle |
|  |  |  | Football | 9/10/11 | AW1 1/2 | LND |  |  |  |  |
|  |  |  | Football Recreational | Year All | AW1 1/2 | T Weymouth |  |  |  |  |
|  |  |  | Athletic Development |  | Studio 3 | TYR |  |  |  |  |
|  |  |  | Dance |  | Studio 1  | TOD |  |  |  |  |
|  |  |  | Dance |  | Studio 2 | DGL |  |  |  |  |
|  |  |  | Gymnastics |  | Gym | RDY/ASH |  |  |  |  |

**Tuesday**

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| --- | --- | --- |
| **Before College Clubs: 7.30am–8.30am** | **Lunchtime Clubs: 1.30pm – 2.15pm** | **After College Clubs: 3.30pm** |
| **Group** | **Location** | **Staff** | **Activity** | **Group** | **Location** | **Staff** | **Activity** | **Group** | **Location** | **Staff** |
| All Rugby | AW1 | RSL | Football  | Academy  | AW1 | LND/CTR | Football | ALL | AW1 | KGY |
| Volleyball – Girls Senior | Sports Hall | HTT | Football Recreational | Year 9/10 | AW1 1/2 | T Weymouth | Netball | All | Sports Hall | DNT/MTL |
|  |  |  | Netball | Year 7  | Tarmac | DNT/MTL | Taekwondo | All | Studio 2 | CTR |
|  |  |  | Indoor Athletics | All Years | Sports Hall | Strength and Conditioning | S and C  | Open | Studio 3 | TYR |
|  |  |  | Fitness Suite  | All |  |  | Dance | All | Studio 1  | TOD |
|  |  |  | Gymnastics | All | Gymnasium | RDY/ASH | Fitness Suite |  | Fitness Suite |  |
|  |  |  | Athletic Development | All | Studio 3 | TYR | Football | Girls  | AW2 | LND |
|  |  |  | Dance |  | Studio 1  | TOD |  |  |  |  |
|  |  |  | Tennis | All | Courts | PPT |  |  |  |  |
|  |  |  | Hockey | Boys | Aw2 | Matt |  |  |  |  |
|  |  |  | Rugby | All | Field | RSL/BRN/BRW |  |  |  |  |

**Wednesday**

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| --- | --- | --- |
| **Before College Clubs:** **7.30am – 8.30am** | **Lunchtime Clubs: 1.30pm – 2.15pm** | **After College Clubs: 3.30pm** |
| **Group** | **Location** | **Staff** | **Activity** | **Group** | **Location** | **Staff** | **Activity** | **Group** | **Location** | **Staff** |
| Netball | Sports Hall | DNT | Netball | 10 - 13 | Sports Hall  | DNT/MTL | Basketball | KS4 | Sports Hall | CFT |
|  |  |  | Football | 10 | AW1 1/2 | CTR | Physical Development | Primary | Tarmac  | TYR |
|  |  |  | Football Recreational | Year 9/11 | AW1 1/2 | T Weymouth/LND | Fitness  | All | Fitness Suite |  |
|  |  |  | Fitness  | All | Fitness Suite  | C Tregidgo | Football | Squad training 9/10 | AW1 |  |
|  |  |  | Hockey | Girls | AW2 | AMN | Dance |  | Studio 1  | TOD |
|  |  |  | Gymnastics  | All | Gym | RDY | Dance |  | Studio 2 | DGL |
|  |  |  | Athletic Development | All | Studio 3 | TYR | Hockey | All years | AW1 + 2 |  |
|  |  |  | Rugby | All  | Field | RSL/ BRN |  |  |  |  |
|  |  |  | Netball | Year 7/8 | Tarmac | PPT |  |  |  |  |

**Thursday**

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| --- | --- | --- |
| **Before College Clubs:** **7.30am – 8.30am** | **Lunchtime Clubs: 1.30pm – 2.15pm** | **After College Clubs: 3.30pm** |
| **Group** | **Location** | **Staff** | **Activity** | **Group** | **Location** | **Staff** | **Activity** | **Group** | **Location** | **Staff** |
| Indoor Hockey | Sports Hall | FWK | Basketball  | All | Sports Hall | CFT | Strength and Conditioning | Open | Studio 3 | TYR |
|  |  |  | Circuit Training | All  | FitnessSuite | CTR | Basketball | KS3 | Sports Hall |  |
|  |  |  | Rugby | All | AW1 | BRW/BRN | Rugby | 7 - 9 | AW1 | RSL/BRW/BRN |
|  |  |  | Football | All | AW1 | LND |  |  |  |  |
|  |  |  | Fitness | All  | Fitness Suite | C Tregidgo | Dance |  | Studio 1  | TOD |
|  |  |  | Gymnastics | All | Gym | RDY/ASH | Dance |  | Studio 2 | DGL |
|  |  |  | Netball | Yr 9/10 | Tarmac | DNT/MTL | Fitness  | All | Fitness Suite |  |
|  |  |  | Athletic Development | All | Studio 3 | TYR | Football  | 7/9 | AW2 | LND |
|  |  |  | Rugby  | U12 | Field | RSL |  |  |  |  |
|  |  |  |  Tennis | All | Courts |  |  |  |  |  |
|  |  |  | Dance |  | Studio 1  | TOD |  |  |  |  |
|  |  |  | Dance |  | Studio 2 | DGL |  |  |  |  |

**Friday**

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| --- | --- | --- |
| **Before College Clubs:** **7.30am – 8.30am** | **Lunchtime Clubs: 1.30pm – 2.15pm** | **After College Clubs: 3.30pm** |
| **Group** | **Location** | **Staff** | **Activity** | **Group** | **Location** | **Staff** | **Activity** | **Group** | **Location** | **Staff** |
| Netball  | Sports Hall | DNT | Frisbee  | All | Sports Hall | RBW | Volleyball | KS4 + | Sports Hall | HTT |
|  |  |  | Fitness Suite | Target Group | Fitness Suite | FWK | Fitness Suite | All  |  |  |
|  |  |  | Football  | Academy | AW1 | LND | Taekwondo | All | Gymnasium | CTR |
|  |  |  | Athletic Development | All | Studio 3 | TYR | Football FA skills | Primary  | AW1 1/2 | Argyle |
|  |  |  | Rugby | Girls | Field | KSW/DNT | Football | Plym Squad | Aw1 | LND |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |