



### ***Full Academy Status - Club based - 18 years plus***

*Contracts / Insurance assistance / Medic / Physio access / Kit / Regular attendance at a Senior Club and training / Game time / 4 Full reports per year / FAST Testing / Career advice*

### ***Post 16 Academy - Ivybridge Community College based***

**Gold:** Physio / Insurance assistance / Kit / Mentoring/ Specified training at Sandy Park with coaches/ Academy Coaching / One on one advice / Video analysis / Fitness programmes plus instruction / Nutritional advice / Psychological training / Game time / Opportunity of promotion / 4 full reports per year / FAST Testing / Possible assistance with Accommodation /

### ***Ivybridge Progression Development Group - Ivybridge Community College based***

**Silver:** EPDG contract / / limited kit / Academy Coaching / One on one advice / Video analysis / Fitness programmes plus instruction / Game time / FAST Testing / 3 full reports per year / Games with Exeter Chiefs Academy side / Opportunity of promotion to full Academy i.e. promotion to Senior Club level (contract).

**Bronze:** EPDG contract / Academy Coaching / One on one advice / Video analysis / Fitness programmes plus instruction / Game time / FAST Testing / 2 reports per year / Opportunity of promotion. Possibility of entering Advanced Apprenticeship in Sporting Excellence (AASE)

### ***EPDG U16 Base Level***

Academy mentoring/ Academy Coaching / Fitness programmes and monthly (at least) contact with trainer / Nutrition advice / 2 reports per year / Fitness Testing / Career & Educational advice.